

Annual Report

2022-2023

alzheimer's wa
the dementia care experts

Anniversary
Celebration
40
YEARS



**By your side throughout
your dementia journey**



ACKNOWLEDGEMENT OF COUNTRY

We acknowledge and pay our respects to the Aboriginal people of the many traditional lands and language groups of **Western Australia**. We acknowledge the wisdom of Aboriginal Elders both past and present and pay respect to Aboriginal communities of today.

DIVERSITY AND INCLUSION

Alzheimer's WA is committed to understanding, embracing and respecting all cultures and aims to ensure that everyone who engages with Alzheimer's WA feels welcome, included and treated with dignity and respect. We welcome diversity - all people irrespective of their ethnicity, lifestyle, faith, sexual orientation, ability and gender identity.

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ABOUT ALZHEIMER'S WA

OUR VISION

A world where people living with dementia and their families are supported and valued on their dementia journey.

OUR PHILOSOPHY

Dementia is a lived human experience rather than just a biological condition. We therefore embrace and support a holistic, person-centred approach that respects the individuality and the experience of people living with dementia.

OUR PURPOSE

To improve the lived experience of people on the dementia journey through our advocacy, leadership, innovation, education, partnerships and holistic, person-centred care and support, and to support the pursuit of risk reduction, treatment and cure for dementia.

Above L to R: Don Clement and Dorothy O'Brien (Clients, Mary Chester House)



Thank you to all our values - based staff and volunteers who work incredibly hard to make a lasting impact on the lives of people who are living with dementia. We look forward to continuing to partner with people living with dementia throughout their journey.

Ella Dachs

CEO, Alzheimer's WA

OUR VALUES



PURPOSE

We are driven by purpose to improve the lives of people living with dementia through advocacy, education, partnerships and support a holistic person-centred approach.



ACCOUNTABILITY

We take ownership for what we do in the timelines required. We learn from the past and hold ourselves and others to account.



INTEGRITY

We act with integrity at all times.



EMPATHY

We value our relationships, treat people with kindness, look after each other and create an environment that fosters dignity and privacy.



RESPECT

We treat people with respect, dignity and recognise and respect individuality.



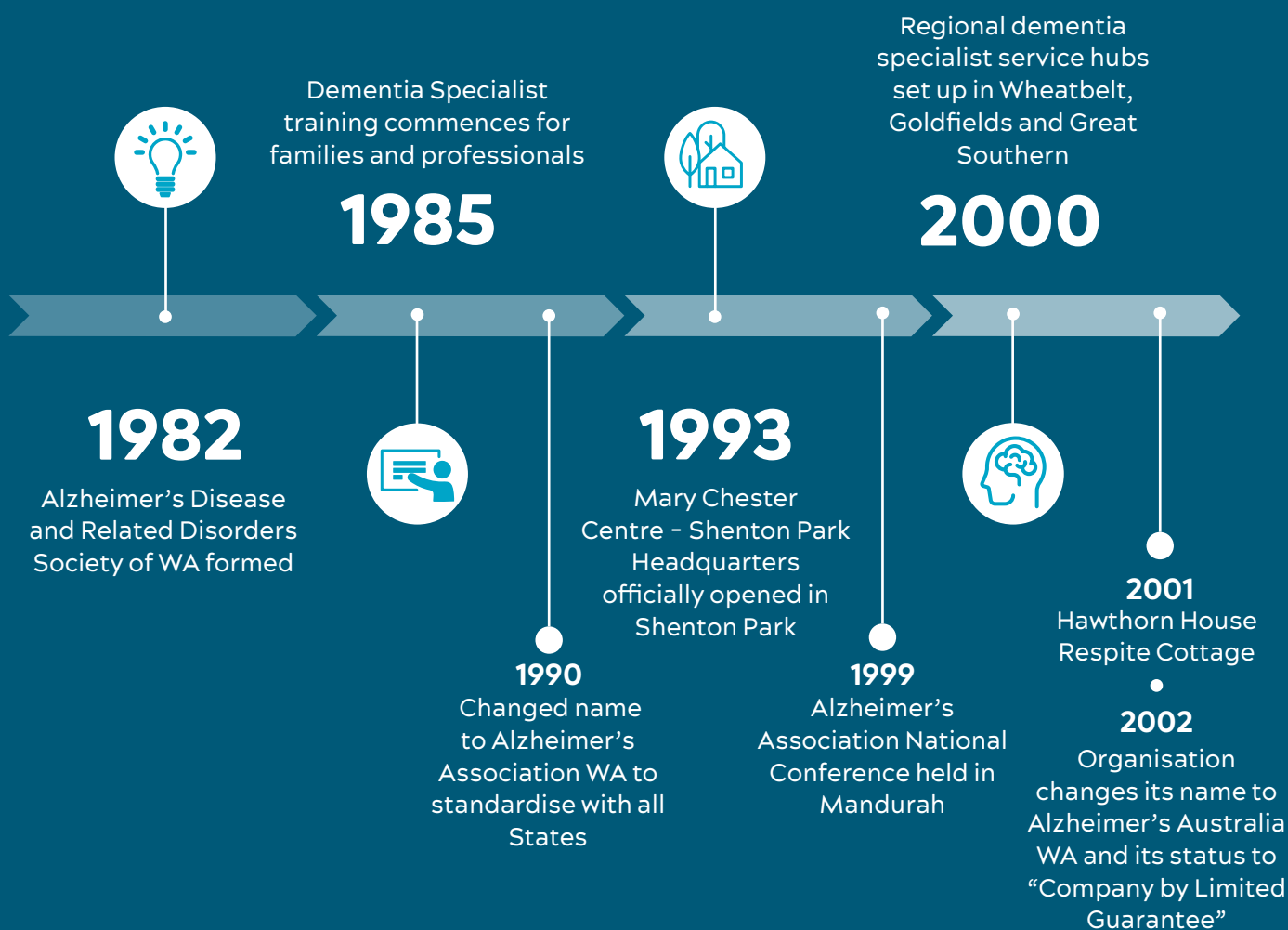
QUALITY AND SAFETY

We deliver quality, safe services and strive for continued improvement and service excellence.

ALZHEIMER'S WA HISTORY

Alzheimer's WA (AWA) was established in 1982 by the carers of people living with dementia who saw the increasing need for a dementia-specific support organisation. In particular, a growing need of families was for dementia specialist information and home support services. AWA's formation was supported by notable members of the Western Australian health profession.

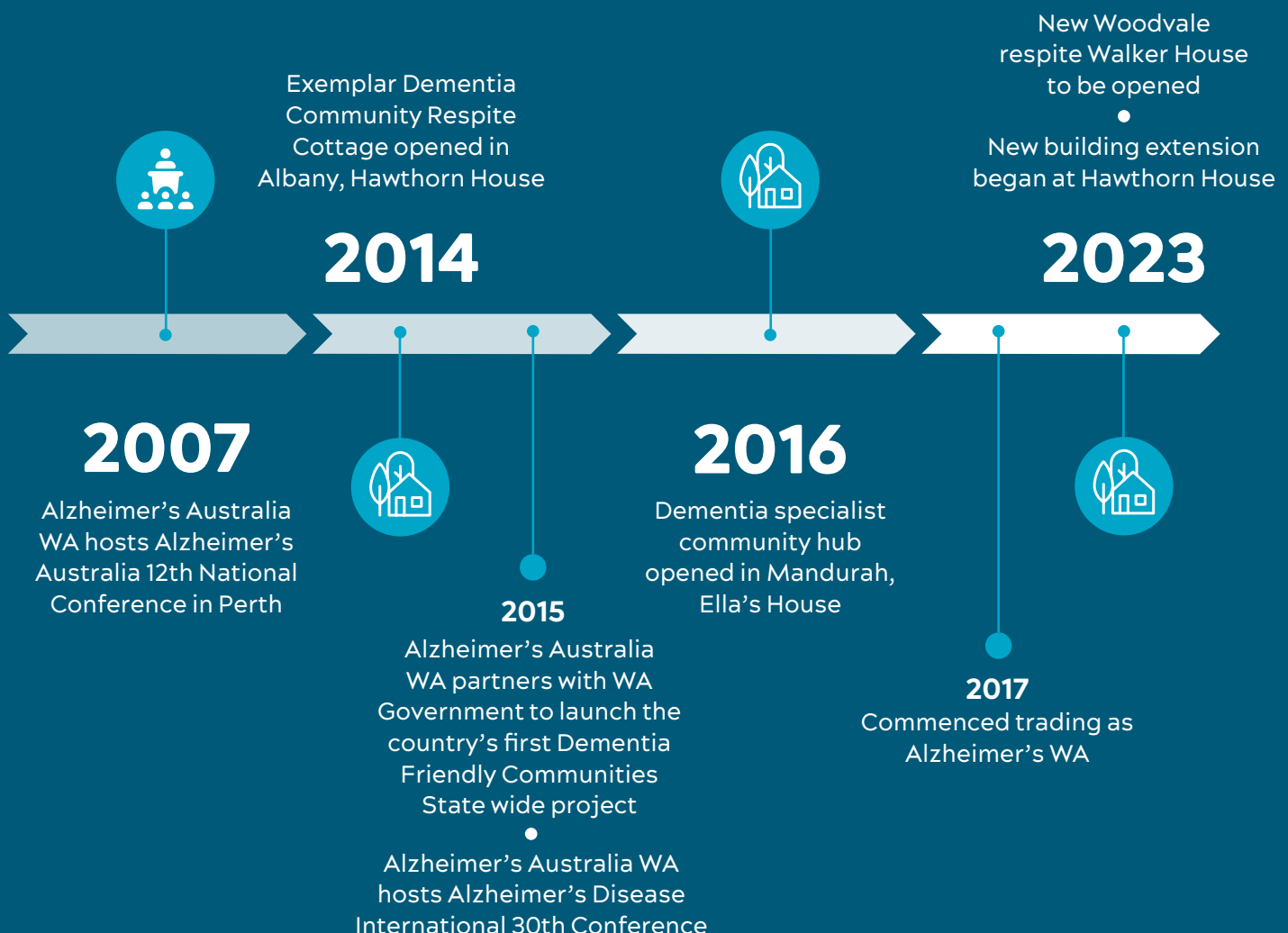
Initially, our organisation rented rooms in the (then) Homes of Peace facility in Subiaco before moving into purpose-built premises at Shenton Park in 1993. Mary Chester Centre became Western Australia's central hub for dementia specialist information, counselling, carer support, training and respite services. Recognising the needs of Western Australians in regional areas, the organisation commenced delivering services through hubs in York, Kalgoorlie, Albany and Mandurah.



Over 40 years, our organisation has grown significantly to respond to the needs of people living with dementia, their families and the wider community. Alzheimer's WA commenced trading under its current iteration in 2017 and continues to directly support people living with dementia, their families and carers. More dementia specialist houses were opened in Albany and Mandurah, and in 2022 we purchased another in Woodvale which will commence operations in late 2023.

In addition, we offer training for individuals, organisations and community groups to improve the lived experience of people living with dementia.

Alzheimer's WA's position as a service provider has strengthened and our financial position is sustainable to execute our 2023 strategic plan. As a Not-for-profit entity, this year we have navigated the increased prevalence of dementia as we provide care to the most vulnerable members of our community.



CHAIRMAN'S REPORT

In our 40th year of operation, 2022/23 proved to be one of the most challenging and I am proud of the manner in which the organisation and staff responded.

PROF. WARREN HARDING AM | *Chairman*



The headwinds of post COVID-19, skills shortages, increased costs and new Aged Care Safety Standards reform demonstrated the resilience of our amazing organisation and this year's successes are a reward for the hard work of all our frontline staff, the CEO, our Board and the ongoing loyalty of our clients and members.

Alzheimer's WA's passing of the new Quality Aged Care standards is an outstanding achievement and I wish to call out the leadership of our CEO Ella Dachs and Head of Care Services, Michelle Tan as well as our clients and their carers who were interviewed, who spoke so highly of our person-centred care, and to our Practice and House Leaders. I also acknowledge our People and Culture, Finance and Governance Committees, Clinical Reference Group, Consumer Advisory Committee as well as our Board of Directors who are recognised as Key Personnel to demonstrate our commitment to service quality and safety.

The 2022/23 financial surplus of \$636,454 was slightly lower than 2021/22 (which was impacted by the successful relief of the WA Government's \$2m FAA loan) was a tremendous achievement to contribute \$834,802 to Members Equity taking into account positive changes to our financial assets. These performances allow us to expand our services at a time many other service providers are financially struggling.

During 2022, CEDA found 13 providers left the aged care sector and 18 are due to close with 53% of all aged care facilities operating at a loss. As the only State based independent provider of dementia specialist services which is extending its

geographic reach and range of services at this time to people living with dementia and in particular their carers, this is extraordinary.

Last year I advised our members that the Board will focus on growing our frontline dementia care services; expanding our day respite with plans to acquire a fourth house in Woodvale; extending our overnight respite in Albany; and investing in our systems, staff, skills training and meeting new aged care delivery standards.

We have delivered on those commitments by passing all 75 requirements of the seven new Standards audited by the Aged Care Quality and Safety Commission. This sets us up for growth and to build our brand as a provider of quality services. Without doubt, failing this audit would have had significant brand and financial impacts as it has had on other providers in the industry.

The appointment of Alzheimer's WA to WA Health's Preferred Provider panel for Transition Care Planning is an important role for us to play in post-acute care; earlier discharge planning and changing the trajectory of dementia decline post hospital stay.

Our investment in new infrastructure includes the \$1.8m build of four double bedroom cottages in Albany which is progressing on schedule and will make a significant difference to how we serve the Great Southern; as well as the new small household model of care at Walker House in Woodvale which will pilot innovative assistive technology and wearables to support new models of care.

This is an impressive list of achievements in a difficult skills and industrial relations



We are delighted to have passed on, in full, the Government's 15% aged care pay rise and can report total assets increased to \$34.98m and Member's net equity increased to \$21.75m.



environment which is seeing upward pressure on salaries, costs and expenses.

Finally, we diligently addressed COVID-19 recording no outbreaks or deaths and on behalf of the Board, I thank our CEO, our People and Culture lead Chamilla Jayalath, all staff, support workers, volunteers and our members, their families and carers.

ROYAL COMMISSIONS IMPACT PROVIDERS

Implementation of the 148 recommendations of the 2020 Royal Commission into Aged Care Quality and Safety gathered momentum this year on a wide range of areas which addressed the current aged care system, problems of access, the nature and extent of substandard care and other systemic problems and outlined a new system for aged care, addressing access, governance, financing, workforce, Aboriginal and Torres Strait Islanders, regional, rural and remote Australia, disability, younger people in aged care. It also addressed the use of restraints, end-of-life care and workforce matters. Alzheimer's WA has responded positively to these new standards of care.

The Royal Commission into Violence, Abuse, Neglect and Exploitation of People with Disability was established on 4 April 2019 and after 4.5 years we are looking forward to the report later this year. Alzheimer's WA passed its NDIS audit in late 2021 and already encourages people living with a disability and their carers to speak up and discusses how we manage, investigate and report on incidents, feedback, compliments and complaints.

EARLY DETECTION

Early symptoms of dementia can include memory recall, difficulty in word finding and changes in personality, or a change in

day-to-day function at home or at work. Alzheimer's WA has over the past 2 years re-positioned itself to extend its focus on early detection, and earlier engagement with families and carers to understand and adjust to the diagnosis and prepare for the future.



Above: Early detection through eye testing may be a breakthrough

Alzheimer's WA has invested in its relationships with Dementia Training Australia, Macquarie University, Notre Dame University, ECU, UWA, Curtin and the University of Sydney through its Step Up for Research initiative. The role that blood bio markers, urine and genetic tests, as well as brain scans, can be used in the diagnosis of dementia.



Our early work on pupillometry and the potential of an accessible and affordable eye flash test to assess cognitive decline could change the way we engage early and address lifestyle risk factors.



DEMENTIA FRIENDLY COMMUNITIES

In a State as distant and remote as WA, the role of dementia friendly communities where people living with dementia can age with dignity and live where their children

work and grandchildren go to school, is critically important. We made excellent progress this year but have much work to do alongside Local, State and Federal Governments. Excellent media coverage by the ABC and Kate Emery helped elevate public awareness. I am also pleased to have been involved in and presented the final report of the BBDRIC (Building a Better Dementia Response in Indigenous Communities) to DOHAC. The report identifies the importance of an on-country response and to leverage community collaboration, and taking a proactive approach to health equity to address the higher prevalence of dementia through place-based initiatives.

I also wish to record the positive relationship with the Federal Government through the Hon. Minister Mark Butler MHR Minister for Health and Aged Care and Hon. Anika Wells, MHR Minister for Aged Care for CHSP and HCP funding, the Hon. Bill Shorten MHR Minister for NDIS funding; as well the WA Government through WA Health, Department of Communities, Minister for Health Hon. Amber Jade Sanderson, MLA, and Minister for Seniors and Ageing, Hon. Don Punch, MLA.

TEN YEAR NATIONAL DEMENTIA ACTION PLAN 2022-23

I am pleased to have had my membership extended on the National Dementia Expert Reference Group (NDERG), supported by the Commonwealth Department of Health. The National Dementia Action Plan has a vision where people living with dementia and their carers have the best quality of life possible and no one walks the dementia journey alone. Our participation has provided an opportunity to increase the voice of Alzheimer's WA, to highlight the unique challenges of a remote and isolated State, and address the significant gap in health, well-being and the 3-5 x higher dementia prevalence in indigenous communities. Given the attraction of the workforce into the mining, renewables and energy sectors, human and social assistance sectors are challenged to attract staff and much of the informal care falls on family and friends.

Seven pillars cover Stigma and Discrimination; Monitoring risk, delaying onset and progression; Improving dementia diagnosis and post diagnosis support; Improving treatment and support during the journey; Supporting people caring for people along the journey; Building dementia capability in the workforce; and Improving dementia data, monitoring and maximising the impact of research and innovation. These pillars are aligned with Alzheimer's WA new Strategic Plan and our focus on early detection and intervention.

PARLIAMENTARY FRIENDS OF PEOPLE LIVING WITH DEMENTIA

In May 2022, we were excited to host the inaugural event at WA Parliament House. The House lit in purple (the international colour for dementia) as 80 members of Parliament, clients, carers, staff and partners of Alzheimer's WA, paused to hear the then Premier, the Hon Mark McGowan MLA speak of his family's journey, the indiscriminate nature of the disease and his call to action. We appreciated Louise Young who spoke of the journey she and her mother Leonie were experiencing as carers for John and the positive impact that the Memory Café in South Perth has made to his social engagement.

The new Premier, Hon Roger Cook, MLA is a strong supporter of Alzheimer's WA, and we greatly appreciate the role Chris Tallentire, MLA and Peter Rundle, MLA made as co-sponsors of the event.



Above L to R: Former Premier Mark McGowan MLA and Prof. Warren Harding AM (Chairman, AWA)

It was a “night to remember for those who can’t” and to carers and family members providing valuable support to extend independent living in the community. I also thank David Scaife, MLA and Dr Katrina Stratton, MLA for their powerful messages to Parliament which have helped raise the volume of our voice and highlight to policy makers the importance of the work we do and to Parliamentary Secretary Simon Millman MLA who spoke at our AGM.

BOARD GOVERNANCE

Reforms to aged care provider governance have been given significant impetus by the passing of the Aged Care and Other Legislation Amendment Act 2022 which introduced from December 2022 a range of requirements regarding the membership, operation and responsibilities of a provider’s Governing Body. I am delighted that the governance processes, systems and procedures for managing Alzheimer’s WA, setting the direction and strategic priorities; overseeing the financial performance, ensuring efficient and effective operations has met the corporate and clinical governance capability and standards expected.

I greatly value the close working relationship with Non Executive Directors, Deputy Chairman and Honorary Medical Officer, Dr Sean Maher, Finance Director Matt Budge, Majo Merriam, Susan Downes, Gemma McGrath; and CEO. This skills-based Board has ensured strong governance and appropriate oversight to operations. This year we re-established the Clinical Reference Group and the Participant/Consumer Advisory Committee to ensure the voice of our clients is heard, that we are monitoring reportable events, and are investing in staff knowledge.

We were also delighted to receive an unqualified audit from our financial auditors Macri partners and appreciate their diligence and support throughout the year which this year included a major review of our CHSP cost to serve and expenses, as well as the work of our Finance, Audit and Risk Management Committee, Matt Budge, Finance Director and supported by our Finance team led by Nigel Holmes.

As Chair, I wish to acknowledge the courage and commitment of our CEO who has shown great determination to deliver an outstanding result in difficult circumstances. Her resilience to navigate market headwinds and her drive to pass the ACQSC audit was exemplary and I value our excellent working relationship. I am very aware of the contribution our CEO and her Executive Leadership team, Sana Tariq Executive Officer to the Board and all staff make to our clients, our services, our brand on social media, and most importantly the difference we make in ensuring no one walks the dementia journey alone.

OUR NEW CO-PATRONS

I wish to acknowledge our new co-Patrons His Excellency the Honourable Chris Dawson, APM the WA Governor and Mrs Darrilyn Dawson as our new co-Patrons and look forward to building a strong relationship.

I was very humbled by my appointment to Member of Australia in the 2023 Kings Birthday awards in June and receiving the investiture from our own Patron made the event even more special. I thank everyone who helped me on my life journey and more recently at Alzheimer’s WA and look forward to working with you all to continue to make a difference.

I am very honoured to serve Alzheimer’s WA as its Chair and Head of Research and Partnerships and in our 40th year, I am very proud to present the 2022/23 Annual Report to our Members.

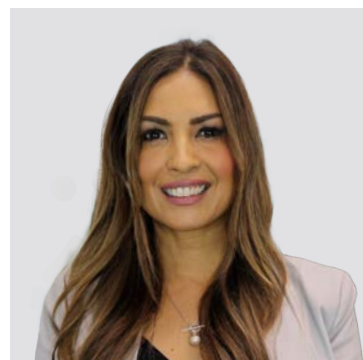


Prof. Warren Harding AM | **Chairman**

CEO'S REPORT

This annual report encapsulates remarkable achievements, formidable challenges and our steadfast commitment to enhance the lives of people living with dementia.

ELLA DACHS | *Chief Executive Officer*



I am delighted to present to you Alzheimer's WA (AWA) 2022-23 Annual Report. Over the past year, AWA has made significant strides in providing exceptional care and support to individuals living with dementia. Our commitment to our strategic plan has continuously driven us to improve, ultimately enhancing the quality of life for people living with dementia, as well as their families and caregivers.

This annual report highlights our accomplishments, provides insights to the challenges we faced, and emphasises the determination that fuels our work.

STRATEGIC PLAN

AWA's strategic plan has guided us through a transformative year, enabling us to navigate uncertainties and capitalise on opportunities. We remain committed to its principles and objectives.

This year, we have witnessed the strategic plan's impact on our operations - aligning our efforts and resources towards our overarching objectives which include:-

- » Placing our clients at the heart of all we do as we fulfill our objective to improve the lived experience of people living with dementia,
- » Delivering person-centred and quality services,
- » Nurturing an environment of continuous improvement and a culture that supports growth and development,
- » Ensuring financial sustainability,
- » Diversifying revenue streams and reducing our reliance on block funding by examining and executing more efficient, effective and value-added services,

- » Expanding partnerships and collaboration and;
- » Encouraging innovation through the use of new technology, research and new workplace protocols.

HIGHLIGHTS

AWA is committed to a culture where all staff feel valued, recognised and rewarded. Highlights this year include;

- » Annual Dementia Symposium - we delivered a successful symposium at the Perth Convention and Exhibition Centre, providing the 250 attendees with a lineup of speakers focusing on compassionate communities and palliative care.
- » Walk to Remember - approximately 640 people attended the new route in Victoria Gardens, East Perth raising significant awareness for AWA. We appreciated Parliamentary Secretary, Simon Millman MLA and MP Dr Katrina Stratton, MLA who opened the event.
- » The End of Year Tax appeal raised a record \$195,647.
- » Donations increased significantly which is testament to the incredible work AWA is doing in the community. This financial year we raised over \$506,000 and I wish to thank Erin Larkin who supported us so generously.
- » The progress of Walker House in Woodvale will help by providing support and services to address the rising prevalence of dementia in Perth's northern corridor.

- » International Women's Day - AWA was privileged to welcome Olympic Gold Medalist Priya Cooper, OAM to speak to staff and guests at the Subiaco Office.

One of the highlights of our strategic plan has been its emphasis on encouraging innovation and fostering a culture of growth by empowering our teams to explore new horizons and introducing innovative solutions that best meet the evolving needs of our clients.

We firmly believe that success can be achieved organically by integrating sustainable practices into our operations. We positively contributed to the communities we serve with the expansion of our Memory Cafés and building inclusive dementia friendly communities. This commitment has resonated with stakeholders.

Additionally, we have fostered partnerships and alliances with like-minded organisations, leveraging collective expertise and resources to drive mutual growth. These collaborations have expanded our reach and opened doors to new geographies.

OUR PEOPLE

We continue to invest in our staff members and strengthened our exceptional workplace culture. Our differentiator as a provider, lies in the remarkable individuals, our AWA family, extending from our dedicated frontline support staff members to the visionary leadership teams to our esteemed Board Members. Our staff Pulse Survey reflected positive progress where;

- » 96% of staff align their values with AWA's values,
- » 84 % of staff share our vision and purpose,
- » 77% of staff feel proud to work for AWA and are supported at work.

We practice our values of purpose, accountability, integrity, empathy, respect, quality and safety at AWA, whether it be in the office or out in the community, our people have consistently remained the foundation of our success.



Above L to R: Nigel Holmes (Head of Finance and Operational Performance), Ella Dachs (CEO, AWA), Rory Petersen (People and Culture Manager), Chamila Jayalath (Senior Manager People and Culture), Michelle Tan (Head of Care Services and Innovative Practices)

Together, we stand as a unified organisation, driven by a shared vision and purpose.

OUR CLIENTS

At Alzheimer's WA, our clients are the heart and soul of our organisation. We firmly believe that ageing with dignity and respect is a functional human right. We actively seek input from the recipients of our services to gauge the effectiveness of our practices and uncover avenues for continuous improvement. Our client's concerns are important to use and we prioritise truly matters to them.

This year, we sought client input by hosting consumer/ participant advisory committee meetings, allowing our participants to shape the future of our services by providing valuable insights. During these meetings, we encouraged the group to share their perspectives on quality, systems, communication, group activities, and the quality of meals.



Above L to R: Jennifer Quartermaine (House Coordinator), Claudia, Rolande and Andre Desveaux at Walker House, Woodvale

The advisory groups play a vital role to help us refine our services. We are immensely grateful for the dedication and time invested by our advisory groups to ensure that we deliver the highest quality services possible as we pursue service excellence. We warmly embrace individuals diverse backgrounds and experiences.

COVID-19

We remain vigilant of the persistent danger posed by COVID-19, especially the emergence of virus variants through its ongoing mutation process. The pandemic presented numerous obstacles for AWA, but our top priority has always been the health and safety of our clients and colleagues.

To minimise risk, we continued weekly meetings of our specialised COVID-19 emergency response team (CERT) and implemented proactive measures throughout the year. These efforts demonstrate our commitment to upholding the highest standards of quality.

In addition we implemented best practices and invested in extensive training programs for our workforce. All staff are equipped with the necessary skills and knowledge to excel in their roles, particularly in infection prevention control and outbreak management.

Throughout the year, we maintained transparent communication with staff, clients, and their families, striving to provide uninterrupted services for people who are most vulnerable.

WORK CHALLENGES

One of the most significant challenges we faced this year was a shortage of skilled professionals in the industry. The demand for highly skilled staff has intensified, creating a significant gap between supply and demand. In response, we have increased our efforts to provide upskilling opportunities to individuals, enabling AWA to meet the demands of the current workforce needs. Additionally, we have focused on attracting and retaining skilled professionals by offering rewarding compensation packages and creating a supportive work environment that we are all proud of.

While the road ahead may still be challenging, we have invested in the development of our people and provided the necessary support and resources to overcome obstacles and build a resilient workforce.

FINANCES

In 2022, newly elected Prime Minister Albanese made a promise to address the pressing issues in aged care. Since then, the Government has taken steps to implement reforms based on the recommendations of the Royal Commission on age care, quality, and safety. AWA has embraced this reform with a focus on improving aged care - we have diligently adapted to the new requirements because we firmly believe that older Australians deserve the best quality care and should be treated with dignity and respect and allowed to age in the communities in which they choose to live.

One of the significant changes introduced by the Albanese government was the passing of the Royal Commission response bill - reforms are currently underway in the home care system. The Serious Incident Response Scheme became effective on December 1st, and there have been adjustments to home care package fees at the beginning of the year. The upcoming challenge will be the Support at Home Program, which aims to combine the Commonwealth Home Support Program (CHSP) and Home Care Packages (HCP).

The launch of this program has been delayed until 2025, and we eagerly await the government's release of the program details.

The escalating costs of care and the scarcity of funding resources have undoubtedly presented financial hurdles for AWA. As a Not-for-profit organisation, we have sought inventive solutions to optimise our operations and ensure the efficient provision of vital services to individuals and their families.

GOVERNANCE

We understand the immense importance of good governance, and we positively embrace this responsibility. We have consolidated our efforts regarding regulatory reforms by establishing advisory



Above L to R: The Hon. Don Punch MLA, (Minister for Regional Development; Disability Services; Fisheries; Seniors and Ageing and Volunteering), Prof. Warren Harding AM (Chairman, AWA), Ella Dachs (CEO, AWA) and Jaysen Miguel (Mayor of Bunbury) at the opening of the "Caffez" Memory Café, Bunbury

committees and working closely with regulatory bodies, to ensure compliance and continuous improvement of our services.

By prioritising good governance and actively involving advisory groups, we strive to continuously enhance the care and services we provide to all individuals at Alzheimer's WA. To achieve this, we have reviewed our constitution, our advisory committees, to ensure their suitability.

The updated AWA protocols clearly outline the obligations of the Board and its sub-committees in relation to the provision of safe and quality services. These changes address the recommendations and amendments of the age care act, which emphasised the need for the Board to encompass individuals with the right mix of skills and experience and to establish advisory bodies to enhance accountability and transparency.

QUALITY AND SAFETY

Our commitment to quality and safety extends beyond efficient management of our organisation; it encompasses the secure and high-quality care we provide to our clients. During the financial year, we have taken significant measures to strengthen our quality functions ensuring that it aligns with the legal and regulatory landscape while adhering to the best practices.

We are proud to share the news of our successful completion of two significant audits this year. AWA has once again demonstrated exceptional skills, dedication and purpose, passing both the aged care

and NDIS audits. This serves as a testament to our vision. A special thanks to Michelle Tan (Head of Care Services and Innovative Practices), Luke Jennings (NDIS Manager) and Ellen Westall (Operations Manager).

In conclusion, this Annual Report details our achievements and reflects our shared vision, passion, and commitment to making a positive impact. As a team we are proud of our accomplishments, learnt from our challenges, and strengthened our resolve to overcome any future obstacles.

I trust that you will enjoy reading this year's Annual Report, showcasing our greatest asset, our people, who possess a passion for the community we serve – from our dedicated frontline support staff to our visionary leadership team to our esteemed Board Members, as we stand united in our shared vision and purpose as an organisation.

Finally and most importantly, I would like to express my heartfelt gratitude to our esteemed Board of Directors, who have generously dedicated their valuable time to our cause. On behalf of Alzheimer's WA, I extend my sincere thanks to the Board of Directors, with special recognition to Chairman Prof. Warren Harding AM, as well as Dr. Sean Maher, Matthew Budge, Majo Merriam, Susan Downes, and Gemma McGrath. My gratitude to the exceptional Executive Leadership Team; Nigel Holmes (Head of Finance and Operational Performance), Chamila Jayalath (Senior Manager People and Culture) and Michelle Tan (Head of Care Services and Innovative Practices). Together, we are embarking on a transformative journey to solidify our position as **the dementia care experts**.

Our trajectory is promising, and together, we will ensure that no one faces dementia alone.

Ella Dachs | Chief Executive Officer

MEDICAL DIRECTOR'S REPORT

The world of dementia research continues to produce an enormous amount of information!

DR SEAN MAHER | *Deputy Chairman and Honorary Medical Director*



I have curated some highlights from this year: A National Dementia Action Plan; progress with therapeutics with trials in many areas; significant progress in terms of understanding of the biological mechanisms that underpin Alzheimer's Disease; and further evidence that keeping active helps reduce dementia risk.

Policy

Dementia is the leading cause of death in women, the second most common cause of death overall, and a major cause of disability and loss of quality of life. It demands a robust policy response to reduce its impacts. The Australian Government Department of Health and Ageing is continuing to develop a National Dementia Action Plan similar to plans undertaken internationally but also in response to findings from the Royal Commission into Aged Care. The plan will be a 10 year "roadmap" to guide action by Commonwealth and State governments to better integrate services for people with dementia and carers. The plan has been informed by people with lived experience, researchers, service providers, peak bodies and governments. It aims to be person-centred and focused on quality of life. Objectives of the plan include reducing stigma, minimising risk, improving dementia diagnosis, post diagnostic support, coordination and support, supporting carers, building capability of our workforce and maximising the impact of dementia research and innovation. Once fully developed, it will require funding and implementation. Monitoring of progress of the plan will be undertaken by the Australian Institute of Health and Welfare.

Therapies

Monoclonal antibodies remove amyloid from the brain and have been demonstrated to be "disease modifying" as they slow the decline of Alzheimer's Disease (AD), but are not a cure. Aducanumab ("Aduhelm") has conditional approval from the US Food and Drug Administration (FDA). The application for use in Australia to the Department of Health and Aged Care's Therapeutic Goods Administration (TGA) was withdrawn by the pharmaceutical company after an initial review found it to have a poor risk to benefit ratio.

Lecanemab ("Leqembi") received full approval by the FDA in July this year and an application for use in Australia is being considered by the TGA. Lecanemab slowed cognitive decline in people with mild cognitive impairment or early AD by 27% in its Phase 3 trial after 18 months of intravenous infusions every 2 weeks. Unfortunately serious side effects of brain swelling and bleeding were detected on MRI scans in 12% of people. In a smaller study, lecanemab was given to nearly 400 people via weekly subcutaneous injections rather than intravenously. This showed slightly greater removal of amyloid and slowed the accumulation of tau protein, such that compared to placebo, 76% vs 55% of patients showed no cognitive decline and 60% vs 28% improved over 18 months. Although encouraging, the rates of brain bleeding and swelling were the same and the FDA has not yet approved it for subcutaneous use. The results of a Phase 3 trial using another antibody, Donanemab, were released in July and



Monoclonal antibodies remove amyloid from the brain and have been demonstrated to be “disease modifying” as they slow the decline of Alzheimer’s Disease (AD), but are not a cure.



show a 35% slowing of decline but higher rates of side effects. People with milder disease had less decline.

Despite great enthusiasm at the prospect of new therapies, using monoclonal antibodies at this point remains a challenge given the need for MRI monitoring for side effects, frequent intravenous administration and a benefit mostly of only slowing of decline. People needing anticoagulation medications for other very common medical problems would be at high risk of bleeding. There are several issues to solve and still being researched: being able to identify people who are likely to get AD early enough to prevent accumulation of amyloid; identify those most at risk of side effects; develop other methods of detecting side effects other than brain scans; whether subcutaneous administration will be effective; and what treatment should follow clearance of amyloid to prevent further accumulation?

Given the cost and inconvenience of intravenous monoclonal antibodies, attempts to use vaccines to generate antibodies to amyloid are being made. Vaccine UB311 in a phase 2 trial in 43 patients showed antibody formation in 93% and slightly lower amyloid burden on brain PET; however small haemorrhages still occurred in 14% of subjects.

Fortunately, there are many other therapies in trials underway to prevent AD, slow progression, or improve cognition or behaviour. A review by Prof. Jeffrey Cummings in the journal *Alzheimers Dementia* revealed 187 trials investigating 141 different drugs as of Jan 1, 2023; this

included 55 phase 3 trials using 36 different drugs, and 99 phase 2 trials using 87 different drugs. The trials are looking at treatments involving different mechanisms important in AD pathogenesis, including amyloid, inflammation, synapse plasticity, oxidative stress, bioenergetics, tau, neurotransmitters and neurogenesis. Nearly a third of drugs are already in use for other indications but being repurposed for AD.

A number of trials have reported promising results this year. ALZ 801 (Valiltramiprosate) is an oral medication that stops amyloid fibrils accumulating. A phase 2 trial followed 84 people with AD for two years and showed a reduction in biomarkers and stable or improved cognition. A phase 3 trial is underway.

Anavex 2-73 (Blarcamesine) is another oral medication that stimulates sigma-1 receptors which have a range of effects, including reducing neuroinflammation and oxidative stress. A phase 2 study of 509 people with MCI or mild AD showed less cognitive decline and improved biomarkers, including less brain volume loss on MRI after one year’s treatment; a phase 3 study is underway.

Most studies are aimed at early AD, but an encouraging phase 2 study showed stability (ie no decline) in cognition and function in 122 people with moderately severe AD, using Bryostatin which increases the activity of protein kinase C and is thought to improve synapse functioning and prevent neuronal death.

Pathology

Blood tests to predict AD are now available commercially in the USA. One test assesses both the ratio of amyloid A β 42 to A β 40, as well as the type of APOE (a lipid transporting molecule) that a person has.



The results give an amyloid probability score which is about 80% accurate at predicting whether a person aged over 60 with some cognitive impairment would have a positive brain PET scan for amyloid.

The results give an amyloid probability score which is about 80% accurate at predicting whether a person aged over 60 with some cognitive impairment would have a positive brain PET scan for amyloid. Another test looks only at the A β 42 to A β 40 ratio. Both are intended to be a risk predictor for a physician to interpret in the context of other risk factors and do not equate to a diagnosis.

A blood test to detect glial fibrillary acidic protein (GFAP) is another promising test to predict AD. It is a measure of the activity of brain support cells known as astrocytes and correlates with increasing tau deposits in a person who already has amyloid. Not everyone with amyloid will get AD, so a test that can help predict who will get tau and therefore progress to AD will be useful for selecting people for trials and treatment.

Using cerebral spinal fluid (CSF) to diagnose AD has relied mostly on amyloid, tau and a small number of other markers reflecting neurodegeneration. A study of over 700 people from the AD Neuroimaging Initiative with no cognitive impairment, MCI and AD used an array of 48 different proteins present in CSF which are involved in various aspects of AD pathology, including metabolism and

synaptic function. The combination was slightly better than traditional markers at identifying those with AD, but was also able to predict those who were likely to decline, from normal to MCI or MCI to AD. This may be very useful in determining how likely or fast someone may decline, but needs to be replicated in other studies.

Understanding AD at a fundamental level in terms of how genes are expressed or altered over time has been advanced by researchers at the Massachusetts Institute of Technology's Picower Institute for Learning and Memory. Comparing the brains of over 400 people with no cognitive impairment, MCI and AD has revealed changes in 54 different types of brain cells where AD pathology is especially associated with genes related to mitochondrial function, synapse function, metabolism of fat and maintaining the integrity of the genome. Other changes correlate with protective effects and resilience. A similar approach looking at the brain's support cells, microglia, is revealing a correlation between genetic changes and increasing levels of neuroinflammation rather than a balanced, effective, healthy state. DNA damage, repair and its consequences are also being assessed. Changes in gene expression have also been found in blood vessels in the brain, especially in the lining of capillaries. This gives researchers an enormously complicated but powerful data set describing changes occurring from a healthy state to established dementia. All of the data have been made public with the hope that new therapeutic targets may be discovered that can assist with modifying gene expression and reducing pathology. Machine learning or Artificial Intelligence tools will be needed to deal with the complexity!

Prevention

A study from the UK Biobank followed nearly 50 000 people over 60 years old for 7 years who were cognitively normal. Among other measurements, the participants wore an activity tracker for

up to a week and researchers were able to determine their activity levels. 414 people developed dementia (AD plus other types). On average, people were sedentary for 9 hours a day. Being sedentary for 12 hours increased the risk of getting dementia by 63% and 15 hours increased risk by 320%!



The evidence for physical activity to lower dementia risk is ever increasing, including a study from Denmark showing walking 9800 steps per day reduced dementia risk by half, and more vigorous walking for 30 minutes at 112 steps per minute reduces risk by 60%.👣

Apart from merely improving blood flow to the brain, exercise (especially resistance training) causes the release of chemical messengers called myokines with an impact on many aspects of metabolism, as well as the brain. Brain Derived Neurotrophic Factor is the most well known and involved in supporting and growing neurons especially in memory-related brain areas as well as keeping synapses adaptable. A more recently described myokine is Irisin, which not only improves glucose and lipid metabolism among many other effects, but has been shown to cause astrocytes to release neprilysin, an enzyme which can break down amyloid.

The Ancient Greek physician Hippocrates said that “walking is man’s best medicine”!

We are fortunate to have access to participation in both Australian and International trials in Perth. Most are conducted via the Australian Alzheimer’s Research Foundation and include trials with several therapies but also lifestyle interventions: alzheimers.com.au/our-work/current-clinical-trials

Alzheimer’s WA is partnering with researchers at the University of Western Australia and Notre Dame University (UND) to trial the use of an easily administered eye test that measures the speed of pupil changes to light which may act as a screening test to detect early AD. This was recently demonstrated at our AWA Dementia Symposium in October.

Those interested in volunteering for research can register their interest with the Step Up for Dementia program: www.stepupfordementiaresearch.org.au which matches potential subjects with trials occurring throughout Australia.

Sean Maher | Deputy Chairman, Honorary Medical Director

BOARD OF GOVERNANCE

Board of Directors



PROF. WARREN HARDING AM | Chairman

B.Sc Hons; Grad Dip. Media; Brit Council Scholar LSE; Professor

Warren Harding was appointed to the Board in 2018/19. Warren has over 30 years of strategic management consulting and other NFP board experience. He was the former Ministerial adviser to a state Deputy Premier and the Minister for Health's nominee on the Sustainable Health Review. He is a member of the Board of WA Disability Services Commission and a member of the National Dementia Expert Reference Group.

Warren holds a Bachelor of Science (First Class Hons) from the University of Western Australia, a Graduate Diploma in Media (AFTRS); was a British Council Scholar at London School of Economics, Professor at the School of Medicine and Health Sciences at Macquarie University; Adjunct Professor, Faculty of Health, Curtin.



DR. SEAN MAHER | Deputy Chairman and Honorary Medical Director

MBBS, FRACP

Dr Sean Maher is a Geriatrician and recent Head of the Department of Rehabilitation and Aged Care at Sir Charles Gairdner Hospital. He graduated from the University of Western Australia and is a Fellow of the Royal Australasian College of Physicians. He was the Federal Secretary for the Australian and New Zealand Society for Geriatric Medicine (ANZSGM) from 2008 – 2012 and is a current Federal Councillor.



MATTHEW BUDGE | Finance Director

Matt Budge joined PwC in 2001 and has over 17 years' experience in providing tax advice to Australian and multinational companies. Matt was appointed partner in 2012 when he returned to Perth six years ago after eight years on secondment in Melbourne and Sydney.

Matt holds a Bachelor of Commerce from the University of Western Australia, Masters of Taxation from the University of Melbourne, Member of the Institute of Chartered Accountants in Australia, Member of the Tax & Regulatory Committee for the Association of Mining & Exploration Companies of Australia and Chair of the Council at University Hall, University of Western Australia.



GEMMA MCGRATH | Director

As a lawyer working with NFP organisations and across the aged care and disability sectors, Gemma is conscious of the need to improve the lived experience of our aging population and in particular people living with dementia.

Her experience of running law firm Panetta McGrath gives her a range of corporate governance and risk management skills and a thorough understanding of the need for high standards of client care and safety.



MAJO MERRIAM | Director

Majo Merriam is a retired experienced social worker with extensive knowledge of the aged care field, dementia and related community services. Having worked over twenty years in aged care, she is familiar with the experiences of people living with dementia and that of their carers.

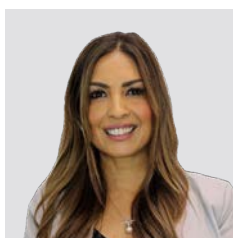
Majo holds a B.A (Psych) and Master of Social Work from the University of Western Australia.



SUSAN DOWNES | Director

Sue graduated with a Bachelor of Science (Environmental Management) in 2003. Her husband, Tim, was diagnosed with Fronto temporal Dementia (FTD) at the age of 54 years.

Sue is a Dementia Advocate with Alzheimer's WA and has presented her dementia journey to aged care students, local government and various dementia seminars. Sue is passionate about the challenges faced by people diagnosed with Younger Onset Dementia (YOD) and their partners/carers.



ELLA DACHS | Chief Executive Officer

Ella Dachs has 20 years of international experience in organisational/ human capital strategy; specialising in aligning people with strategy; leadership and talent development; executive coaching; and culture/ change management.

Ella holds a B. Bus. Organisational Psychology and Human Resource Management (University of Cape Town) and a Post Graduate Diploma Marketing (IMM).

A portrait of an elderly woman with short brown hair, smiling. She is wearing a teal and purple patterned button-down shirt. The background is a blurred indoor setting.

OUR 2022/2023 SNAPSHOT

“

My association began with the wonderful support given by AWA to my mother as a carer and my father as a client. It was such a positive support for them both on their journey. ”

Bambi Cumberland Brown
Support Worker, Hawthorn House

Above: Elinor Kaufman (Client, Ella's House)

98%
Students
Agreed



Trainers were knowledgeable
and engaging

95%
Client
Satisfaction



Treated with respect

93%
Client
Satisfaction



Staff Friendliness

40,508 hours



individual support
provided by
Home Care Packages

284,225 people



using our website
for dementia and
support services

691 people



in accredited/ non-
accredited training

9,639 calls



to our customer
support line
1300 66 77 88

66,000 hours



Day Respite
at our houses
across WA



15% increase
in Day Respite hours
projected for **FY24**



Dementia is the
leading cause
of death for women



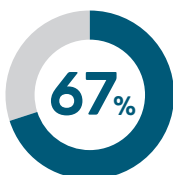
Dementia is the
second leading cause
of death for men



approx **every 6 mins**
a person is diagnosed with
dementia in Australia



an estimated
48,000
Western Australians
are living with dementia



People living with dementia
are **in the community**



an estimated
487,500
Australians are
living with dementia



Predicted to be over
1,076,000
people living with dementia by 2058

it's estimated there are more than
1.5million carers
of someone living with dementia



Above L to R: Ian Hands and Preston Crothers (Clients, Mary Chester House)

OUR SERVICES

At Alzheimer's WA, we recognise and respect the uniqueness of every individual. We understand that each person's journey with dementia is distinctive. That's why our services are person-centred, specifically designed to assist clients throughout their personal experience with dementia.

Our deep understanding of dementia enables us to provide tailored quality services, by prioritising the individual's preferences and choices, ensuring our clients are treated with dignity and respect, living their lives according to their own wishes, both at home and within the community. We focus on the person, not the diagnosis, valuing their individuality and striving to minimise the impact of dementia on their lives.



Placing our clients at the forefront of every decision we make is our steadfast commitment, as their trust and satisfaction drive our dedication to excellence. ”

Ella Dachs
CEO, Alzheimer's WA

Our dedicated staff genuinely care about our clients, and we actively partner with people living with dementia and global leaders in dementia care to continually enhance our understanding and support for people and their carers throughout the journey. Additionally, we collaborate with other organisations to improve their dementia services by providing education and support through our registered training college.

We are the experts in dementia care.

Our Houses

Based around our person-centred model of care, our dementia specialist houses in Shenton Park, Mandurah, Albany and Woodvale embrace a holistic and person-centred approach, aiming to enhance the quality of life through support, engagement and connection.

By tailoring activities and services to each person's individual strengths, identity, and interests, we foster enhanced engagement, increased connection, and friendship within carefully designed, enabling environments and surroundings.

Our unique and therapeutic approach is supported by evidence and the respite provides much needed support to people caring for individuals with dementia as well as the individual living with dementia themselves.

For further information about our respite houses, please contact our friendly staff members on **1300 66 77 88** or the individual respite houses listed below.

HOUSE MANAGERS



MARY CHESTER HOUSE

📍 9 Bedbrook Place,
Shenton Park WA 6008
(08) 6298 5982

Elvin Goh
House Manager



HAWTHORN HOUSE

📍 40 Henry Street,
Albany WA 6330
(08) (08) 9841 3755

Lorraine Benson
House Manager



ELLA'S HOUSE

📍 11 Candelo Loop,
Greenfields WA 6210
(08) 9535 8772

Melissa Randall
House Manager

WALKER HOUSE

📍 17 Wellard Grove,
Woodvale WA 6026
(08) 6298 5901

Below L to R: Brooke Bonnell (Care Coordinator), William Moffett (Client, Mary Chester House)



Below: Dorothy O'Brien (Client, Mary Chester House)



Mary Chester House

SHENTON PARK

Mary Chester House (MCH) has been providing a place of respite for our community members north of the river for the last 30 years. With the easing of COVID-19 restrictions, the attendance at MCH has increased. We continue to focus on each individual client's needs; we listen to them, get to know them as a person and provide as much support as we can, not just for the clients, but also for their carers and families.

MCH has a team of trained purposeful staff, led by House Manager Elvin Goh. Elvin began his career as an aged care support worker in 2015 and immediately began creating meaningful memories with members and clients alike.

Highlights of the activities at Mary Chester House this year included sing-along afternoons, members dancing with staff, excursions to national parks, lunches with other members and carers, completing puzzles and looking after the resident chickens!

Mya the Therapy Pony visited weekly for a 6 week program; it was great to see all the members interact with Mya and grow confidence around her. Mya's owner was able to inform us that one of our clients Gobalan (Goh), was initially apprehensive to be near the pony, would only sit and watch it from afar. However during the last week Goh interacted with Mya by brushing its mane which was a huge achievement for him.

Thanks to the dedicated staff at MCH, families can take a short break from their caring role, confident in the knowledge their loved ones will enjoy a great day with friends.



The day to day fun we have with our members... we have a sing-along every afternoon and it brings tears to my eyes. 🎵

Jennifer Quartermaine
Care Coordinator, Mary Chester House

Below L to R: Danuta Witkowics (Support Worker) and Mabel Baker (Client, Mary Chester House)



CLIENT STORY

Bob Tonkinson

Client, Mary Chester House

After an initial tour at Mary Chester House and a booking into our overnight respite for Bob, his wife (Myrna) became overwhelmed with emotion and cancelled the booking. She explained they have been married for 50 years and over that time have never been apart. There were initial concerns about the potential resistance and separation anxiety her husband could feel.

Mary Chester House's Care Coordinator, Jennifer Quartermaine, addressed the unease Bob and Myrna were feeling so we could increase his time spent with us for both Centre-Based Respite and Overnight Cottage Respite.

This has been a success, offering stimulation and enjoyment for Bob and much needed respite for his wife. We received an email from Myrna with some feedback from Bob which really highlighted why we do the work we do, reinforcing the positive impact that Mary Chester House makes in our clients' lives.



Above L to R: Alix Riano (Support Worker) and Bob Tonkinson (Client, Mary Chester House)



I am dying to tell you this: a couple of hours ago, out of the blue, Bob asked me

‘When am I going to that place where there are people and we do puzzles?’

I couldn't believe what I was hearing; I had been anxious about leaving him at Mary Chester, or anywhere but home, and was pleasantly surprised at how easily he settled. Over the weekend he told our friends he'd been to a nice place where the people were friendly. I was surprised he even remembered; Mary Chester has obviously had a positive effect on him. I can't thank you all enough and hope the relationship can continue and grow. Thank you for your support... I am immensely grateful for the care Bob has been receiving from you and the staff at Mary Chester House; he comes away cheerful and relaxed each time. I'm only sorry I didn't try your service earlier but now that we have, I hope Bob can continue to be a regular there.

Myrna Tonkinson
Bob's wife

Ella's House

MANDURAH

Ella's House in Mandurah provides day respite services to people living with dementia in the Peel region. Each of Alzheimer's WA houses aim to give the family a short break while providing an enriching experience for the person living with dementia.

Highlights from the year at Ella's House

December: The Ella's House Christmas party was the highlight of the year for many of our clients, carers and staff! Our club members put a lot of effort into adding meaningful touches to the gathering, from choosing the music played, to putting together goody bags for guests to take home; their care and thoughtfulness was evident from the moment the festivities started.

The day would not have been complete without the live music from club favourite singer, Cass Sweeney, who had everyone up on the dance floor - kicking off their shoes and getting into the groove for the afternoon!

April: After a wonderful afternoon reminiscing with our Friday club members, we discovered a few of the gentleman had previously been firefighters. The idea of getting in touch with the local Mandurah Firefighter Department and have them visit for a morning tea (and a chance to check out their truck!) was met with great enthusiasm.

Mandurah Firefighters were generous enough to send along four of their local firefighters, and clients asked questions, watched an up-close demonstration of how quickly the team can ready themselves for a fire, walked through the firetruck and saw the equipment used in emergencies and experienced the lights and sirens. It was a memorable day and the groups still talk about it often.

May: Our amazing volunteers were invited to a special Volunteers Appreciation Day morning tea at Ella's House to thank them for all of the hard work they do for us. Specially invited were;

- » Ladies with Heart, who work tirelessly to raise funds for Ella's House;
- » Ann Pierre, who visits every Thursday to cook a delicious lunch and dessert for our clients;
- » Peel Bowls Club Volunteers, who run indoor carpet bowls twice a month for our bus group outings;
- » Teresa Potter, a carer who delivers beautiful baked goods once a week for our clients;
- » Voices in Harmony, a choir that brings the party with them every time they entertain our clients; and
- » Wendy Platten, a carer and wildlife rescuer who visits with baby joeys for clients to feed and hold.

We were able to share a beautiful morning tea while clients, Rob and Pam, were chosen to present appreciation certificates and thank you mugs, created by our Wednesday ladies club. A wonderful day to thank some wonderful people!

June: One of the most exciting experiences for our clients this year was incubating and hatching silkie chicks. With an incubator delivered and 10 eggs ready to hatch all we had to do was wait... Elinor and Corrie were the first clients to see a little chick hatch, and we had all 10 hatched and ready to be welcomed for our Thursday group the next morning.

Our clients loved cuddling the chicks, watching them interact with each other and helping to participate in their care, such as feeding them and clearing out their enclosure. It was such a hit for all the groups that we are getting some chicks in next year, so that we can experience it all again!



Above: William Adams (Client, Ella's House)



Above: Milly Clooney (Scheduler) and Belinda Forrest (Care Coordinator, HCP) with clients at the Annual Ella's House Christmas Party



Above: The Mandurah Fire and Rescue Service at Ella's House



As you can appreciate, choosing a provider is extremely hard... both Rebecca and Milly deserve special thanks as they have been our contact with Alzheimer's WA and have been such a pleasure to know.



Client

Ella's House, Mandurah

Hawthorn House

ALBANY

It was another fantastic year for the team at Hawthorn House. We wanted to pay special tribute to the Support Workers, Volunteers and Coordinators, who provide support to people living with dementia and their carers in the Great Southern region, enriching their lives with purpose, joy, meaning and always displaying respect and dignity. Thank you so much for your enthusiasm and care, we have a very special team at Hawthorn House and are excited for the future.

Each year in September the art group works toward creating pieces for an Annual Exhibition, held at Hawthorn House. We love being able to share the artwork our clients create during the year and showcase the joy which their artistic expression brings.

Hawthorn House Respite Cottage

We are pleased to announce that construction has commenced for the expansion of Hawthorn House in Albany. The four bedroom Hawthorn House Respite Cottage is well under way with the foundations laid, plumbing, drainage and electrical services installed underneath the concrete slab. We look forward to its completion in Autumn 2024.

A big welcome to our new members of our Hawthorn House Team:

- » Eloise Carbonbell - HCP Coordinator
- » Ella Denham - Support Worker
- » Steve Harding - Support Worker
- » Kelly Morgan - Acting Administrative Officer

Below: Rosemary Waldeck (Client, Hawthorn House) and Carolin Gullus at the Annual Art Exhibition, Ella's House





Above: Peggy Vickers (Client, Hawthorn House) with her painting at the Hawthorn House Annual Art Exhibition



Above: Lorraine Benson and the Community Care and Support Services Team at Hawthorn House, Albany



Above L to R: Eden Shepherd (Deputy CEO, GSDC), Rebecca Stephens MLA, Dennis Wellington (Mayor, Albany), Bruce Manning (Former Chair, GSDC), Lorraine Benson, Aunty Annie, Ella Dachs (CEO, AWA), Prof. Warren Harding AM (Chairman, AWA)



Just a plain big thank you to all for a wonderful, restful week. Really don't want to go home to my real home. This place is just a caring and loving haven. The staff give 150% all the time. Lorraine is an angel (in all ways) without wings. A wonderful caring, loving lady to all...

Client

Hawthorn House, Albany



Above: Walker House, Woodvale

Walker House

WOODVALE

Alzheimer's WA's newest property, Walker House in Woodvale, will be opened in late 2023 thanks to the incredible vision and persistence of our CEO and Chairman in selecting the property and securing Council approval. The Care and Services team have been working closely together to create and implement the operational plan and ensure the house is fit for purpose as we implement our person-centred model of care.

Walker House will be established with an innovative state-of-the-art model of care, showcasing the latest in care technology which we are excited to showcase and share upon opening.

The house will provide day respite, giving the family or carer of a person living with dementia a short break while providing an enriching experience for the client to socialise, enjoy arts and crafts, and continue to engage socially with their community.

Alzheimer's WA Chairman, Prof. Warren Harding AM said, "This is a much needed addition to the aged care sector in Perth's northern suburbs and I am pleased that my early discussions with the City of Joondalup have been successful. I am very indebted to the Board for acknowledging my mother, Ronnie Esla Harding (nee Walker) in naming the house.



Above L to R : Rolande Desveaux and her grand daughter Claudia Desveaux

The house will create an environment that is familiar, with the kitchen at the heart of the home, the smell of home cooked food, chatter and joy filling the hallway and engaging in meaningful person-centred activities."

Specifically chosen to serve the local community, the location of the new respite house follows the release of Alzheimer's WA report 2031 WA Dementia Prevalence Predictions by Local Government Area, which indicates an increasing prevalence of dementia in the City of Joondalup.

Local resident, Claudia Desveaux said the community consultation process for the new day respite house had effectively addressed many questions that local residents had.



I am very excited there will be a respite house close by, which my Nanna will attend as we have visited Memory Cafés and thoroughly enjoy the interaction with others. 🧡

Claudia Desveaux

Grandaughter and carer of 98 year old Rolande Desveaux

Walker House in Woodvale is expected to open in December 2023.

Home Care Packages



67% of people living with dementia are in the community

Home care packages are a government subsidy designed to support clients over 65 years of age to live independently in their own home. There are four levels of home care packages available, levels three and four are often referred to as high level packages and are the most common for people living with dementia. After successfully becoming a home care package service provider in early 2019, Alzheimer's WA has continued to sustainably grow this service.



Individual Support and Personal Care

from **\$75*** p/h

*the above fees are based on a per hourly rate of service delivery.



“

... thank you to all of the Hawthorn House team. You all truly do a fabulous job and you gave us so much support this last 12 months. We could not have coped without you all. Ultimately Mum did get her wish put forward when she received her dementia diagnosis. She wanted to stay in her own home until the end. She was able to do that with the massive effort that our gorgeous Dad, who put in 24 hours a day to facilitate that. He did it with grace, dignity, endless patience and good humour. Mum was also able to stay at home because of the support they both received from Hawthorn House this last 12 months. We will all be forever grateful to our Dad and to you guys.”

Client

Hawthorn House, Albany

National Disability Insurance Scheme (NDIS)

Alzheimer's WA now supports over 70 clients with younger onset dementia. NDIS clients access services such as Occupational Therapy, Support Coordination and Core Support services at home and in the community.

Core Support programs are tailored to the client's preferences and goals and can include:

- » 1:1 support for personal care or social and community support;
- » Groups and centre based activities; and
- » Day and overnight respite care.

Alzheimer's WA is looking to expand its NDIS service offering in 2023/24 with dedicated NDIS accredited staff, the opening of a new respite facility in Woodvale and the extension of Hawthorn House in Albany.



By 2058
an estimated

42,400

people will be living with younger onset dementia

CLIENT STORY

Debbie Ferguson

Client NDIS

Joann Carroll, an Alzheimer's WA Support Worker, took NDIS member Debbie Ferguson on an outing to celebrate her birthday at Caversham Wildlife Park. Debbie is 64 years old and has been living with younger onset dementia.

Below L to R: Debbie Ferguson, Caversham Wildlife Park worker and Joann Carroll (AWA Support Worker)



Above L to R: Debbie Ferguson and a koala at Caversham Wildlife Park



Deb had a wonderful day out for her birthday. We decided to go to Caversham Wildlife Park because she had mentioned she loves interacting with animals. We stayed for hours, getting up close with koalas, snakes, wombats and more. From there we went for a pub lunch of fish and chips.

I took a number of photos of Deb and the animals, so I took them to be printed and put them in an album for Deb and gave it to her for her birthday gift. She was so happy. Back at her home we shared a lovely birthday cake.



Joann Carroll
Support Worker, Alzheimer's WA

Occupational Therapy

Alzheimer's WA occupational therapy services are delivered by qualified health professionals who specialise in enabling people living with dementia to continue participating in everyday life, and to retain their existing abilities for as long as possible.

Everyday tasks involve a surprisingly large number of steps. For a person living with dementia, it may only be one step that is causing an issue and preventing them from completing a task.

Alzheimer's WA occupational therapists observe the person completing each step of the task, identify which areas are causing difficulty and provide simple and

practical strategies to overcome each issue. Our occupational therapists complete home assessments of a client's cognition, function and home environment to determine their strengths and impairments in completing everyday tasks. They also assist with implementing assistive technology, which aids in maintaining independence and safety.

Often, a small and inexpensive change will help clients to remain in their own home, independently and safely, for as long as possible.

We understand dementia and our courses are designed to help others understand dementia too.

CLIENT STORY

Michael Armstrong

Client, Occupational Therapy

Michael Armstrong has always loved nature, growing up in the country town of Colac, Victoria. Today, inspired by his love of all animals, Michael lovingly cares for his two birds; a Pink and Grey Galah called Pinky and an Indian Ring Neck Parrot called Bluey.

Michael began his dementia journey at the age of 62, but the signs were evident well before that time, according to his wife Sabrina. At the start of 2022 Sabrina attended an Alzheimer's WA workshop to help her care for Michael. After gaining some insight into Younger Onset Dementia, she rang our customer support line and spoke with our NDIS team about a plan. Sabrina was encouraged to keep Michael at home for as long as possible and Alzheimer's WA Occupational Therapist Debra Truscott has been enabling them to do so, providing assistance with equipment and accessibility. Michael has had four back operations and consequently took on the role of housekeeper while Sabrina worked full time.

Below: Michael Armstrong with his birds Pinky and Bluey



Above L to R: Sabrina Armstrong and Michael Armstrong

However, as he continued his dementia journey and the impact of his back problems worsened, more of the duties around the house fell upon Sabrina.



I was starting to feel snowed in...I had to be mentally and physically on top of things. ”

Sabrina Armstrong
Wife of Michael Armstrong

OT Debra has helped Michael obtain suitable equipment that has enabled him to continue to be as independent as possible with daily living tasks. This along with Sabrina supporting Michael to consistently complete his exercises has resulted in great improvements in Michael's independence. He is once again able to help around the house. The benefits of Michael being at home with Sabrina and the renewed ability to participate in the household is crucial for those living with younger onset dementia and their families. It also ensures that Michael can spend plenty of time with Pinky and Bluey.



Sometimes I think what's the point, but (then) I get into the bird cage to say hello and they bring me joy. ”

Michael Armstrong
Client, Occupational Therapy

Education and Consultancy

Alzheimer's WA is a Registered Training Organisation (RTO 4755) with decades of experience in educating and training health care professionals and front line teams who work with people living with dementia.

The Education and Consultancy team had a busy year, taking Alzheimer's WA's knowledge and expertise to the community in the metro area and beyond.

Highlights included a presentation to the Neurological Council of WA; hosting the Dementia Symposium; Acute Dementia Change Champion Program delivered at Bunbury Regional Hospital in April and May; and a Dementia Awareness Workshop for the City of Vincent.

The Dementia Symposium, attended by 250 delegates, was held at the Perth Exhibition and Convention Centre in November. Rebecca Evenis from Narrogin Cottage Homes was awarded Education and Consultancy's Dementia Change Champion of the Year. The program supports organisations to develop and maintain a skilled workforce to better support the needs of people living with dementia.

The prize for this award was a beautiful hand turned wooden clock made by Mary Chester client Keith Bleach.

At the end of the financial year E&C team provided their annual declaration on compliance to the Australian Skills Quality Authority (ASQA) as a Registered Training Organisation (RTO). Application was also made to renew the course accreditation for 10719NAT – Certificate IV in Leadership and Innovation in Dementia Services.

The Education and Consultancy team continue to embrace e-learning opportunities and streamline training requirements using online platforms such as Moodle.



120

Active Dementia
Change Champions
Community Program



245

Participants in
families and
friends workshops



- 15 participants
Adapting Your Home
- 14 participants
Overview of Dementia
- 18 participants
Positive Dementia Care



(This course) emphasised what I can do in my role to support people living with dementia. Kate had great knowledge of resources & institutions... ”

Student Feedback
Families and Friends Course



Very comprehensive information of carer/ patient experience. We don't get a lot of info/ experience so it was very valuable... ”

Student Feedback
UWA Personal Perspectives



Really helped humanise the pathology. Emphasised the importance of seeing the patient and not the pathology... ”

Student Feedback
Families and Friends Course



Above: Rebecca Evenis (Dementia Change Champion Winner) at our 2022 Dementia Symposium

DEMENTIA CHANGE CHAMPIONS

The Dementia Change Champion™ Program is a capacity-building program that supports organisations to develop and maintain a skilled workforce to better support the needs of people living with dementia in the community.

We currently offer two streams, community and acute.

DEMENTIA CHANGE CHAMPION COMMUNITY PROGRAM

Dementia Change Champions enrolled into the community program enhanced their knowledge and understanding of dementia by completing either the Certificate IV in Leadership and Innovation in Dementia Services or the Dementia Support – Service Delivery Skill Set (Release 1).

The program has continued to grow with 30 students enrolled this financial year. We now have more than 120 active champions in a variety of community-based organisations who are leading the way in best practice dementia care and support.

COVID Emergency Response Team

With an ever changing and evolving environment, our COVID-19 Emergency Response Team (CERT) continuously reviewed policies and procedures and provided comprehensive updates to all Alzheimer's WA staff throughout the year.

Extensive research guided the pandemic response and the information disseminated, ensuring it is aligned with and complied with mandatory regulatory requirements.

Our priority as a team is, and always has been, to keep all staff, clients and volunteers safe throughout the pandemic and we are committed to keeping staff and clients abreast of changes as and when they occur.

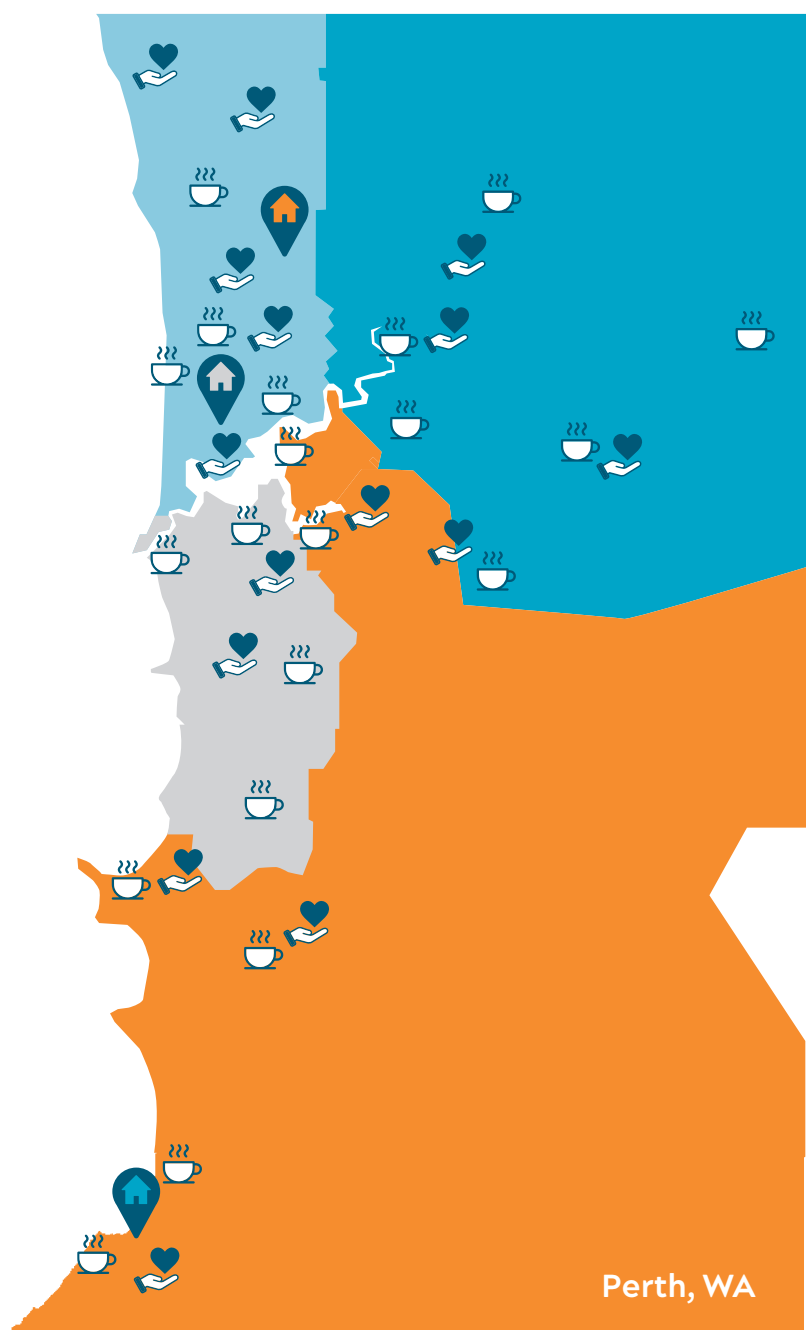
OUR SUPPORT LOCATIONS



The heart and soul of AWA is in our people - they are the catalysts for growth and the key to our continued success.

Ella Dachs

CEO, Alzheimer's WA



LEGEND



Carer Support Groups



Memory Café

Day Centres



Walker House,
Woodvale



Mary Chester
House,
Shenton Park



Ella's House,
Mandurah



Hawthorn
House,
Albany



Albany, WA



OUR SIGNATURE EVENTS



Rotary is all about helping the community and we enjoy participating & supporting Alzheimer's WA at the annual Walk to Remember ”

Bruno Fic

Assistant Governor, The Rotary Club of North Perth

Above: Participants in the annual Walk to Remember 2022

WALK TO REMEMBER

COMMUNITY FUNDRAISING

Alzheimer's WA would like to thank all participants, volunteers, and supporters for taking part in the 2022 Walk to Remember, held on 4 December at Victoria Gardens in East Perth.

More than 640 people from across Perth enjoyed the day, took part in the festivities, walked to remember their loved ones and raised funds for Alzheimer's WA in the process. This intergenerational event brought joy and enthusiasm from all of the participants and brought people together over our shared purpose that no one faces dementia alone.



In memory of my dad, whose heart stayed intact long after his memory faded 🧠

Participant

Walk to Remember Memory Wall

The Walk to Remember Memory Wall gave participants the opportunity to leave their heart felt messages to family and friends either on their dementia journey or who have sadly gone too soon.

The \$65,000 raised enables Alzheimer's WA to continue to provide much-needed support services, education, and research to help people living with dementia.





“

*Dearest Ma, love you forever
ma. Your memories are always
cherished!*

*Today was for you pop. We all
love and miss you so much. Keep
watching over us. We love you ... we
are taking good care of nan for you*

*To the love of my life, forever in my
thoughts love. Your ever - loving
Tom.*

*...We were blessed to have you in our
lives and are grateful for all that you
did for us. You did amazing during
your 20 year battle.*

*Walking for my beautiful mum -
Betty. Love you always xx.*

*Dearest mum, your love and
memories last for every day, Sorely
missed but never forgotten -
Stephen. ”*

Participants
Walk to Remember Memory Wall



640+
Family, friends
and carers

\$65,000
Raised

DEMENTIA SYMPOSIUM

DESIGNING FOR DIGNITY CREATING CAPABLE & COMPASSIONATE COMMUNITIES

More than 250 people attended the 2022 Dementia Symposium, which featured some of Western Australia's leading dementia experts and community advocates discussing issues facing people living with dementia, their families and carers.

Held at the Perth Convention Centre, the 8th annual symposium commenced with a beautiful Welcome to Country by Ballardong Whadjuk Yorga woman Vivienne Hansen. Alzheimer's WA Chief Executive Officer Ella Dachs officially opened the event and spoke about the need for reducing the stigma and misunderstanding about dementia in our communities and the importance of human rights as the foundation for strong communities where we can all contribute and feel included.

Community advocate James Duquemin gave a moving speech about his experience with his wife's dementia journey, while a panel comprising Dr Margaret Sealey, Dr Meredith Gresham, Prof. Samar Aoun (named WA Australian of the Year) and Sabena Lund, led by Alzheimer's WA Chairman Prof. Warren Harding AM, provided insight into collaborative approaches to dementia care.

The afternoon's program saw Rosyln Snyder, from WISDOM in Your Life address culturally appropriate dementia care; a panel of advocates discussed living with 'Dementia and Dignity', and Prof. Loretta Baldassar spoke about 'Ageing futures'.



The Symposium is a wonderful opportunity for thought leaders and people working in the industry to come together and learn from one another. ”

Ella Dachs
CEO, Alzheimer's WA

A highlight of the symposium was a performance by the 'Friends in Harmony Choir' – Perth's only choir for people living with dementia – that enlivened the audience. Hayley Antipas from Attuned Health Group spoke about the benefits of music therapy.

The symposium also provided a perfect opportunity to congratulate our Dementia Change Champion of the Year, Rebecca Evenis, who works at Narrogin Cottage Homes. Run by Alzheimer's WA, this program supports organisations to develop and maintain a skilled workforce to better support the needs of people living with dementia.

Alzheimer's WA would like to thank and acknowledge the wonderful emcee on the day Christina Morrissy, our dementia experts and advocates who gave their time and insights, and the people in our sector who are passionate about supporting people in our community living with dementia.

The event served as a launch for Alzheimer's WA's newest resource, the book 'Adapting Your Home', a useful guide to creating a safe living environment for people living with dementia and enabling them to live longer and more independently in their home. The book is available in digital format at alzheimerswa.org.au and printed copies can be ordered by contacting Alzheimer's WA.



alzheimer's wa
Dementia
Enabling Environments™



Above L to R: Prof. Margaret Sealey, Prof. Warren Harding AM (Chairman AWA) and Prof. Samar Aoun (Chairman, South West Compassionate Communities Network)

Dementia Change Champion Winner **REBECCA EVENIS**

250 industry
leaders attended

11 multidisciplinary
speakers



Below L to R: Rebecca Evenis (Dementia Change Champion Winner), Peta Reeve (Dementia Change Champion Nominee), Karen White (Dementia Change Champion Nominee) and Ella Dachs (CEO, AWA)



MEMORY CAFÉ

WE CREATE DEMENTIA FRIENDLY COMMUNITIES

In recognising the need to encourage inclusion of people living with dementia in the local community, Alzheimer's WA has partnered with local Government and businesses to bring the Memory Café concept to Western Australia. The Memory Café brings together people living with dementia and their carers, to enjoy a coffee, some cake and chat in a supportive environment.

Currently 26 Memory Cafés operate across both metropolitan and regional areas and Alzheimer's WA is actively working to increase this number and improve access for all 48,000 Western Australians living with dementia.

The South Perth Memory Café has grown from around 15 members to over 30, with participants forming a close bond and even continuing to meet when the official Memory Café breaks for holidays!



We all know each other and it's a lovely atmosphere. ☺

Member
Globe Memory Café

A special thank you to our team of volunteers who help to host the Memory Café and to our partners at Forget Me Not Dementia Support.



Above L to R: David McMullen (Mayor, Subiaco), Prof. Warren Harding AM (Chairman, AWA) and Dr. Katrina Stratton MLA at The Little Pantry Memory Café, Shenton Park





Above: Former Premier Mark McGowan MLA, speaking at Parliament House



Above: WA Parliament lit in purple (the international colour for dementia)



Above L to R: Prof. Warren Harding AM (Chairman, AWA), Chris Tallentire MLA, Ella Dachs (CEO, AWA) and Peter Rundle MLA

FRIENDS OF PARLIAMENT

DECREASING THE STIGMA AROUND DEMENTIA

Parliament House was lit in purple during May for Alzheimer's WA to shine a light on dementia. Our Chairman, Prof. Warren Harding AM, co-hosted with Chris Tallentire MLA and Peter Rundle MLA the Parliamentary Friends of People Living with Dementia.

Alzheimer's WA CEO Ella Dachs congratulated the Parliamentary organisers of the event and stated "our goal is to raise awareness, provide respite, and support people living with dementia and most importantly support their carers"

Speakers included former Premier Mark McGowan MLA, Carer Louise Young and the event hosts, Chris Tallentire, Peter Rundle MLA, as well as Prof. Warren Harding AM, Alzheimer's WA Chairman.



The impact of this disease on our primary health system, our acute hospitals and aged care sectors, local government, volunteers and communities is significant. We need to tackle stigma and discrimination and all levels of government need to work together to ensure we can age in place, with dignity.

Prof. Warren Harding AM
Chairman, Alzheimer's WA

The increasing public awareness and understanding in our government bodies allows for the decreased stigma and enables people living with dementia to have an increased participation in our communities.

INTERNATIONAL WOMEN'S DAY

As part of celebrations for International Women's Day in March, Alzheimer's WA was privileged to welcome Priya Cooper OAM to speak to staff and guests at the Subiaco Office.

Priya, a gold and bronze medal winning Paralympian and World Record holder, inspired the AWA staff with stories of her sporting achievements, her success as a public speaker, and her work on prominent Boards.

Priya stressed the importance of giving your all and chasing your dreams.

CEO Ella Dachs shared some of her own experiences as an immigrant, sharing her reasons for leaving her country of birth and the challenges many immigrant women face. She also called for an end to gender-based violence and the critical role male champions play in the journey to equality.

Chairman Prof. Warren Harding AM, AWA's Male Champion of Change, congratulated Ella on her own journey to CEO and called on all male staff to support gender inclusion, call out abuse and bias, and provide the mindset for change to support women in today's workforce and beyond.

The morning tea was concluded with the joyful tones of WAAPA graduate Alana Fay, singing classics such as 'I am Woman' and 'R-E-S-P-E-C-T'.



Listening to Priya's story at a morning tea like this was inspiring and reminded us to not allow anyone stop us from pursuing our dreams.

Claudia Abano

Talent Acquisition Specialist, People and Culture

Below L to R: Priya Cooper OAM, Ella Dachs (CEO, AWA) and Prof. Warren Harding AM (Chairman, AWA)



Above: AWA Staff at our International Women's Day morning tea



Below: WAAPA graduate Alana Fay







Above: Lorraine Benson (House Manager) and the Community Care and Support Services Team at Hawthorn House, Albany

OUR PEOPLE

Pulse Survey Results

96% 

Feel their values align with AWA's values

84% 

Understand AWA's goals and plans for future success

77% 

Are proud to work at AWA and feel supported at work



Our commitment to staff training and upskilling is evident in our exceptional quality care, as evidenced by our two successful audits and continuous efforts to improve and exceed industry standards 

Chamila Jayalath
Senior Manager, People and Culture

Above: Community Care and Support Services Team at Mary Chester House

People and Culture

Our People and Culture team managed and coordinated various aspects of our workforce including talent acquisition, compensation, and benefits, reviewing the effectiveness of our policies and procedures, and promoting a positive, productive, and harmonious workplace culture. The team fosters and nurtures a values-based workplace culture, working closely with our leadership and management teams in embedding our values for our people and management practices. The People and Culture team played a critical role in ensuring that the organisation's workforce is happy, healthy and engaged in their work.

OUR PEOPLE

At Alzheimer's WA, we place paramount importance on our dedicated staff, offering them a range of incentives and benefits. These include competitive remuneration packages, comprehensive salary packaging options, professional development and training opportunities, and a steadfast commitment to promoting work-life balance. Furthermore, we actively acknowledge and appreciate the valuable contribution made by our employees through an array of rewards and recognition programs and facilitate internal networking through our social committee.



We attract and hire very talented and purpose driven people and that is really enjoyable when you collaborate on projects.

Rory Petersen
Manager, People and Culture



8%

employee growth
from previous year

86



support workers
hired



225

employees
across WA

OUR GROWTH

We are proud to report an impressive 8% increase in employees. Our commitment to recruiting individuals who share our dedication to our purpose, our person-centred model of care and our organisational values has translated into enhanced outcomes for people living with dementia and their devoted carers.



Above: Staff Christmas in July gathering

STAFF TRAINING

Over the past year, our employees have dedicated themselves to enhancing their learning and development by completing over 2,200 training units in our Learning Management System (LMS). This accomplishment underscores our investment in continuous training, ensuring that our staff possess the necessary qualifications and knowledge to deliver top-tier care to our clients.

Training sessions have been delivered through a blend of online modules accessible via our LMS and in-person sessions conducted in collaboration with our dedicated Education and Consulting team, as well as select third-party providers. This multi-faceted approach to training ensures that our staff receive a well-rounded and comprehensive training experience, reflecting our commitment to individual learning preferences and excellence in delivering quality services.

Our strategic focus on training and development programs includes targeted initiatives such as tailored learning paths for roles, providing management and leadership training, increased opportunities for employees to act in more senior roles, and soft skills development. These initiatives have been designed to empower our workforce with the skills and expertise required to excel in their role and career at Alzheimer's WA.

STAFF ENGAGEMENT

Ensuring that our staff are engaged and supported is critical to our success in a competitive talent market. The team works closely with our community care and support service teams to provide opportunities for deeper engagement such as regular knowledge sharing, online training resources, open communication, performance reviews and feedback, and facilitating opportunities for professional development. Social events are organised throughout the year to foster a collaborative work culture and strengthen relationships with our staff members.

STAFF SERVICE MILESTONES

With a number of long serving staff members and dedicated volunteers, we would especially like to acknowledge the following service milestones achieved with AWA:

20 + YEARS

Jean George
Lorraine Benson
Vera Forsythe
Pauline Marwick
Shirley Morrison

5 YEARS

Aishath Adam
Fiona Shackles
Rose Riley
Joshua Reece - Hands
Sue Anderson

10 YEARS

Vanessa Hill



26
YEARS

Longest Serving Employee

JEAN GEORGE

5

AMAZING
Employees with us for
more than 20 years

We also provide a confidential Employee Assistance Program to support Alzheimer's WA staff in their personal and professional wellbeing.



The volunteers and support workers here really (at Hawthorn House) enrich the lives of people living with dementia with the activities and things they do... 🎵

Rebecca Stephens
MLA, Albany

STAFF SPOTLIGHT

Sue Anderson

CHSP Co-ordinator, Hawthorn House

My name is Sue Anderson and I am currently the CHSP Co-ordinator at Hawthorn House in Albany. I have been employed here for a little over 5 years.

I chose AWA as I had visited Hawthorn House on many occasions when I was employed by another organisation. The greeting I received when met at the front door was always welcoming. Staff greeted me with a smile and from the door I could see clients laughing, singing, or dancing alongside the staff and volunteers. The aroma from the kitchen was always welcoming. I thought then, this is the place I want to be.

I became involved in the aged care industry some 27 years ago. I felt it was my calling after working in an aged care facility before I had children. I could see then that residents needed carers who should spend quality unhurried time with them. This was not the case back then. Our vulnerable need to be seen, heard and have a safe environment and I can happily say, that we do honour this in a very human and compassionate way.

I love working here because we can give our clients the time, the care and the necessary services to keep them safe in their own homes. I am particularly passionate about respite for our carers and hence our services are designed to not only give our clients some one-on-one attention by way of individual or group services, but our carers are having a break from their caring roles which can be quite demanding at times. I see AWA growing in the field of education and research. Early education is very important. How one

approaches this is important for not only the client but for the carer and families. For some families it may be their first introduction to dementia and therefore the techniques they may have used before just may not work, so educating families in good dementia care can go along way for establishing a harmonious home environment and being on the dementia journey with supports.

Research is very important too and this takes a vast amount of money so we can find a cure or at least slow the progression of dementia down. I would like to think this is ongoing, but we do need to promote this as well.

There have been many occasions whereby I may see a lonely person in their home, entertained by the TV, rarely going out and becoming very insular. At first they are resistive in getting out of their comfort zone through all sorts of reasons but when they do and after a few short weeks, they blossom into another type of person. They tell me they love coming to Hawthorn House or they look forward to seeing their support worker and going out. They feel someone cares and they have unhurried quality time with them.

“

For a young woman back then when I joined this industry and witnessed what I did, I now feel very humbled, grateful, and happy in my chosen career.”

Sue Anderson

CHSP Co-ordinator, Hawthorn House

STAFF SPOTLIGHT

Maree Austin

Customer Support Officer

My name is Maree and I have been asked to tell you a little about why I have been at Alzheimer's WA for 16 years.

I started as a Support Worker with Alzheimer's WA in 2007 after my youngest child had started school. I wanted to do something worthwhile with my time. I had wanted to work in aged care all my life. When I was very young I used to go to the local nursing homes to spend time with the residents, I was always drawn to the aged care industry, and I really enjoyed spending time with seniors. Later, I did my Cert III in aged care through TAFE and then was lucky enough to commence employment with Alzheimer's WA once I had completed it.

I lost my husband in 2010 and the support I got from Alzheimer's WA and all the staff was outstanding and I felt so supported and I appreciated this very much.

In 2015, I joined the client service support staff. At first, I became an Assistant Coordinator and then went on to become a Scheduler. Over the next 3 years I also supported staff in different roles when needed, I did respite service coordination and social support group coordination. I was very happy to help out and to be a part of such a supportive and worthy organisation.

In 2018 I joined the Mary Chester House team as Assistant Coordinator before my Mother was diagnosed with stage 4 cancer. I left Alzheimer's WA for 6 months to care for her because she didn't want

to pass away in a hospital, she wanted to be at home. Again, the support from Alzheimer's WA was outstanding and I will never forget the kindness and support I received from them.

At the end of 2018 after my Mum had passed, Alzheimer's WA welcomed me back into my current role of Customer Support Officer. This role is a very fulfilling one. I also assisted with our Carer Support Groups for 3 years, a time I will never forget as there was never a day I walked away from one of these groups that I didn't feel that I hadn't done my job well and made a difference in a carer's life. A lot of the calls we get on the help line are very sad, and we often get told that we are the only ones that listen and people are so thankful.



This is what inspires me to do my role well, knowing that I can make a difference in someone's life by just taking a call and helping someone navigate their way through the system, whether it be getting support for themselves or their loved ones who are living with dementia. 🌀

Maree Austin
Customer Support Officer

Our Volunteers

At the core of our organisation, are our dedicated volunteers, serving as the driving force behind the operation of our Memory Cafés and respite houses.

Their contributions extend to the success of our fundraising initiatives and events, where their significant effort and passion shine through, truly making a lasting impact.

We acknowledged the invaluable contribution of our volunteers in ensuring the success of our community initiatives during National Volunteer Week in May, where we celebrated these extraordinary individuals who donate their time with a tireless commitment and dedication to our shared purpose. Our National Volunteer Week event in Shenton Park provided a special opportunity to recognise and honour the pivotal role our volunteers play in our ongoing mission to enhance the lives of people living with dementia.

What sets our volunteers apart is not only their commitment to our shared purpose but also their personal connection to the challenges of dementia.

Many of them draw inspiration from their own lived experiences with dementia, and this empathy propels them to make a meaningful impact on the dementia journey of others.

To our more than 75 volunteers across all of our locations, we extend our deepest appreciation. Your selfless dedication and genuine compassion are the cornerstones of our organisation, and we are grateful for the integral role each of you play in shaping our mission to improve the lives of people affected by dementia.



75 Volunteers Across AWA

- Respite Houses
- Walk to Remember
- Memory Cafés



I have been a volunteer at Hawthorn House for 15 years plus – and every time I went to work it was a new experience and always a pleasure. ②

Jim Coutts

Volunteer, Hawthorn House, Albany

Below: Our volunteers and staff at the National Volunteer Week morning tea



VOLUNTEER SPOTLIGHT

Molly Vera Smith

Long serving Volunteer, Hawthorn House

Molly has volunteered at Hawthorn House for 20 years and will celebrate her 90th Birthday this year.

I was born in a little Cottage Hospital in Eighth Avenue Inglewood, WA on October 1st, 1933. My schooling was at North Inglewood and Mt Lawley Schools and Girdlestone High School where I completed the Junior Certificate. I was Head Girl in my final year. I worked at CPB and Associates, a firm of accountants. I started in the Filing Department and was Cashier when I left in 1954 to be married. As a new bride, I accompanied my husband Bruce Ferguson Smith to Bow Bridge, a little district west of Denmark where he ran a sawmill with his father. We moved in 1959 to Hazelvale (another small district north of the Valley of Giants) and were dairy farming there until 1988 when we moved back to Bow Bridge to semi-retire and do a bit of travelling.



Sadly, in the mid-1990's Bruce began his Alzheimer's journey. We travelled around Australia in 1995 and though he was confused and not really well, I think he was well enough to enjoy it to a certain extent. Bruce went into care at Clarence Estate in June 2000 and died in December 2002. I moved into Albany in June 2000. I started volunteering at Hawthorn House in 2003. I love being part of Hawthorn House because it is a happy place and I love the fact that I can help to make the lives of our clients meaningful.

My favourite things: My family (three daughters and one son, nine grandchildren and 13 great grandchildren), my friends and life itself! My husband Bruce was a good man, a wonderful husband and father. He was the love of my life. My birthday is on October 1st and my birthday wish is to help as much as possible for people making the Alzheimer's journey.



Thank you to our valued volunteers, as it is their selfless dedication and passion that fuel our mission and make a profound impact on the communities we serve.



Ella Dachs

CEO, Alzheimer's WA



CONGRATULATIONS TO OUR CHAIRMAN

PROF. WARREN HARDING AM, AWARDED MEMBER OF THE ORDER OF AUSTRALIA (AM)

In June, Alzheimer's WA was delighted to celebrate Chairman Professor Warren Harding's appointment to Member of the Order Australia (AM) on the King's Birthday 2023 Honours List announced by the Governor General.

Professor Harding AM, was appointed Member AM of the Order of Australia for his service to business, community health and the information technology industry. Professor Harding AM, hopes his award will enable him to create further awareness for dementia, which is close to his heart, including health inequity, and dementia knowledge and support.

He has a distinguished international career in the information technology industry, including inaugural Board member of Scitech Discovery Centre, Chair of the Industry Advisory Board of the Curtin School of Information Systems and co-founder of the Institute for the Future of Work.

Dr Sean Maher, Deputy Chairman of Alzheimer's WA, said Professor Harding's citation:



...is a wonderful reflection of his contribution to the Information Technology and Healthcare industry in this State. His governance of our Board and dedication to Alzheimer's WA has been outstanding and has guided our growth and purpose and built tremendous relationships with Member of Parliament, Industry and Academia. ②

Dr Sean Maher
Deputy Chairman, Alzheimer's WA

Professor Harding AM, is very humbled by the recognition of his work and said "I hope that this award will help me to drive more State and Federal funding to address health inequity and the impact on people living with dementia. Indigenous people are diagnosed 3-5 times higher prevalence with dementia and funding would help them to live on country more independently, for longer."



Above L to R: Volunteers Terry Byrne and Mathew making woodwork Christmas trees for our Mary Chester House Christmas Party

QUALITY AND CARE

As part of continuous improvement, the Quality and Care team established the Clinical Governance and Client Advisory Committees, ensuring a robust Clinical Framework for delivery of services and give clients and their representatives an opportunity to advise the organisation on client and carer perspectives.

The team diligently revised our policies and procedures to enhance not only our reporting and compliance responsibilities but also to uphold the highest standards of care. This commitment positions Alzheimer's WA as a leader in our sector.

The team successfully implemented SiteDocs, an online Incident Management System, in May, with 102 registered users. Feedback was positive with most users satisfied with the simple process for recording incidents. SiteDocs allows improved reporting and can help identify and mitigate risks and potential hazards.



Quality in aged care is not just a goal, but a commitment to sincere effort, compassion, and dedication to the well-being, dignity and respect of every individual we serve.

Ella Dachs
CEO, Alzheimer's WA

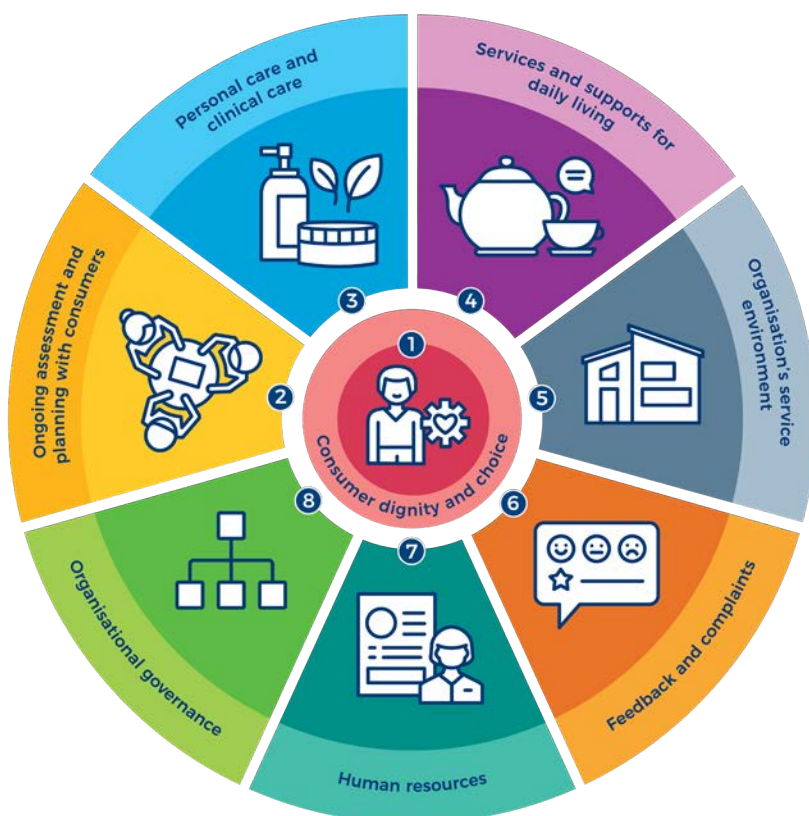
Aged Care Quality and Safety Commission Audit

It has been an outstanding year for the Quality Team who oversaw and completed the Aged Care Quality and Safety Commission Audit in March. Alzheimer's WA passed the very stringent ACQSC Audit with no recommendations and it

highlights our ability to deliver quality services – an outstanding result.

The Quality Team continues to monitor and implement the organisation's Plan for Continuous Improvement (PCI), across the following 8 standards:

AGED CARE QUALITY STANDARDS



Australian Government
Department of Health and Aged Care



Above L to R: Achanda Kandel (Support Worker) and Valerie Totterdell (Client, Mary Chester House)

PHILANTHROPY

We would like to acknowledge people who have all generously supported Alzheimer's WA.

Your bequests, sponsorships and community fundraisers allows Alzheimer's WA to provide services for people on their dementia journey. Donations have increased significantly which is a testament to your generosity and your belief in the work we are doing in the community.



The financial contributions that you make will assist to meet our purpose in delivering quality dementia services to the Western Australian community.

Nigel Holmes

Head of Finance and Operational Performance

WALKING THE TALK

NORTH PERTH ROTARY CLUB

We acknowledge and thank The Rotary Club of North Perth for supporting our annual fundraising Walk to Remember. Mr. Bruno Fic, Assistant Governor - District 9423 and the captain for the Walk to Remember team representing The Rotary Club of North Perth have been participating since 2011, walking in memory of Joe Atlas, a fellow Rotarian who passed away with dementia.

The club has raised \$69,000 over the last 12 years with an average of 15 members (family and friends) joining the walk each year.

 **Rotary has raised over**
\$69,000
over 12 years of walking in our annual WTR



Above: Bruno Fic, the Rotary Club of North Perth, family and friends at our Annual Walk to Remember

EOFY TAX APPEAL
WE RAISED

\$196,343

2022/23 FY
WE RAISED

\$506,214

Helping us Help

People living with dementia will never stand alone because of the vision and generosity of those who make donations.

Every donation, big or small, goes a long way, ensuring that we can always be here to support people living with dementia. With your help and generosity, Alzheimer's WA can provide the best care and support for people living with dementia in Western Australia



Donate
**to Alzheimer's
WA today**

WA GROWERS DONATE TO ALZHEIMER'S WA

CBH GROUP HARVEST MASS MANAGEMENT SCHEME

Each year through the CBH Group's Harvest Mass Management Scheme, forfeited grain from overloaded trucks is sold and the resulting funds are donated to various charities. From the 2022/23 season harvest, Alzheimer's WA was nominated by Amy Hunter based on her lived family experience and we received a donation of \$40,000. We thank Amy and the CBH Group for their generous contribution.

These funds will be used to support our services in regional WA to promote independence in the home by providing specialist, person-centred care, our day respite facilities as well as our training college.

CBH Group Contributed

\$40,000



The donation will also be significant in our promotion of dementia-friendly communities in country locations.

CEO Ella Dachs and Chairman Prof. Warren Harding AM, were delighted to attend and speak at the Regional Grower Member Forums event in Corrigin to accept a cheque from Simon Stead, Chair CBH Group.

Below L to R: Amy Hunter (Business Relationship Manager, CBH Group), Ella Dachs (CEO, AWA), Prof. Warren Harding AM (Chairman, AWA) and Simon Stead (Chair, CBH Group)





Above: Julie Richards (Frank Drysdale's daughter)



Above: Winners of Numero AFG Primary Challenge 2022, Carey Baptist College, Harrisdale



Above: Parents and kids learning how to play Numero

30 YEARS OF NUMERO

In 2023 Alzheimer's WA is celebrating 30 years of Numero, a mathematical card game created by Rev. Frank Drysdale, in response to his own diagnosis of younger onset dementia. Rev. Drysdale played the game with his grandchildren to keep his mind sharp as his health deteriorated, but soon realised his innovation was great fun and would suit people of all ages.

And so, Numero was born. Printing and packaging of Numero initially was handled by Frank, his wife Joan and a team of volunteers, in their backyard shed.

In the mid-1990's, as the game grew in popularity, Frank and Joan gifted the copyright ownership of the game to Alzheimer's WA. By 1998, around 40,000 card packs had been sold. The operation was far too large by this stage to be run from a shed, so the printing and distribution was handed over to a large publisher of educational resources.

In 2018, Alzheimer's WA transferred the publishing rights back to Frank's daughter, Julie, who set up IETPL to publish and

\$37,600 approx
over 5 years

promote Numero worldwide. Numero has grown to include multiple related products and in 2023 also went digital, with the development of a Numero App. Alzheimer's WA continues as a benefactor of royalties from the sale of all Numero products.

Today, the game is used in schools throughout Australia and around the world. It provides local support in WA with the ongoing interschool Numero competitions, where young players compete for the AFG Primary Challenge or the Frank Drysdale Secondary Challenge.

Alzheimer's WA recognises the dedication of the Drysdale family and their contribution over the past 30 years.



It's been an honour to continue my father's legacy and support Alzheimer's WA by sharing Numero to the world. 🙏

Julie Richards
Director, Numero

Our Major Sponsors, Funders, Donors, Supporters and Contributors



Australian Government

Department of Health and Aged Care



Government of **Western Australia**
Department of **Health**



Government of **Western Australia**
WA Country Health Service



Government of **Western Australia**
Department of **Communities**



Government of **Western Australia**
Department of **Treasury**



Government of **Western Australia**
Department of **Jobs, Tourism, Science and Innovation**

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Gail Rijnhart
Geoff Carslake
Gilmac Pty Ltd
Glenice Shephard
Graham Wilson
Greg Meyerowitz
Ian Hind
J. Hesford
J.D. Livingstone
Janice Falconer
Jessica Shelton
Jill Tilly
Joan Strikwerda
John Day
Judith Uren
Li Shuan Lim
Liz and Peter Brown
Lorraine McQuillan
Margaret Hodgson
Mark Turner
Michael Crossley
Michael Wishart
Mike Taylor

Mint Real Estate
Molly Smith
Numero®
P.A. Wreford
Paris Brewster
Patricia Della-Vedova
Patricia New
Patricia Slattery
Patrick Benzie
PayPal Giving Fund
Peter Magill
PM & RT Sarich
Rock'n'Jive Social Club Inc
S.W. McLean
Sam Buckeridge
Stacey Shanahan
Stanley & Elizabeth
Abelman
Stephen Lauder
The Lockwood Charitable
Trust
Memory Cafés
Forget-Me-Not
Young Onset Dementia
community support group

The Globe Café, South
Perth
All the participating local
cafés.
Walk to Remember
Belinda Thom
Emma Ferrie
Gillian Robertson
Jenni Rosenberg
Julie Salathiel
Justine Takawira
Matt Budge
Monica Forster
Nicholas Brestovac
Sandy Stritzel
Sarah Allison
Shenae Patching
Shirley Rampukar
Tania Marriott
The Rotary Clubs
Vickie Marraffa
Violet Poulouse
**Thank you to all
participants, volunteers,
fundraisers and donors.**

DIRECTOR'S REPORT

FOR THE YEAR ENDED 30 JUNE 2023 GOVERNANCE

The Board of Directors are responsible for the governance of Alzheimer's WA, while the CEO leads the strategic management and oversees the operational management of the organisation. The Board, led by Prof. Warren Harding AM defines the outcomes and direction of Alzheimer's WA and formally delegates the delivery to the CEO.

Under the constitution, the Board is expected to:

- » Approve Alzheimer's WA's strategic direction;
- » Establish appropriate governance structures;
- » Approve annual business plan; and
- » Ensure significant risks are managed and identified.

AWA's Directors present this report to the members of Alzheimer's Australia WA Ltd for the year ended 30 June 2023.

Directors	Date Appointed	Board	
		A	B
Prof. Warren Harding AM	Jan 2019	8	8
Dr Sean Maher	Sep 2010	7	8
Mr Matt Budge	Nov 2018	6	8
Ms Majo Merriam	Jul 2020	8	8
Mrs Gemma McGrath	Jan 2022	8	8
Ms Susan Downes	Jan 2022	5	8
Ms Ella Dachs	Oct 2019	5	8

A Number of meetings attended

B Number of meetings held during the time the Director held office during the year (including AGM)

Details of Directors' qualifications, experience and special responsibilities are contained in the table overleaf.

Directors	Qualifications	Experience	Special Responsibilities
Prof. Warren Harding AM	Bachelor of Science (1st Hons) Grad Dip. Media Brit Council Scholar (LSE)	Over 30 years of international consulting experience as Managing Partner across health, life sciences, public and private boards. Minister for Health nominee on the Sustainable Health Review. State appointed current board member of the WA Disability Services Commission. Appointed to the Commonwealth Department of Health National Dementia Reference Group. Member of Electricity Review Board. Appointed a Member of the Order of Australia.	Chairman. Nominations Committee. Marketing and Branding Committee. Head, Research and Partnerships.
Dr Sean Maher	Bachelor of Medicine Bachelor of Surgery Fellow of the Royal Australasian College of Physicians.	Head of Dept of Rehabilitation and Aged Care at Sir Charles Gairdner.	Medical Director Nominations Committee. Research Committee.
Mr Matt Budge	Bachelor of Commerce Masters of Taxation Member of the Institute of Chartered Accountants in Australia and New Zealand	Broad range of business, tax and finance experience in diverse industries in Perth, Melbourne and Sydney.	Finance Director. Chair of Finance and Risk. Management Committee. Strategy and Governance Committee.
Ms Majo Merriam	Bachelor of Arts Masters of Social Work	Extensive knowledge in aged care, dementia and community services. Accredited assessor and delegate to the Aged Care Assessment Team at Sir Charles Gardiner Hospital.	Director.
Mrs Gemma McGrath	Bachelor of Laws (LLB) (Hons) Masters of Law (LLM)	Extensive knowledge as a lawyer working with NFP organisations and across the aged care and disability sectors. Her experience of running law a firm gives her a range of corporate governance and risk management skills and a thorough understanding of the need for high standards of client care and safety.	Director.

Directors	Qualifications	Experience	Special Responsibilities
Ms Susan Downes	Bachelor of Science (Environmental Management)	Susan is a Dementia Advocate with Alzheimer's WA (AWA) and has presented her dementia journey to aged care students, education and training workshops, local government employees and UWA medical students.	Director.
Ms Ella Dachs	Bachelor of Business (Org Psychology / Human Resource Management) Post Grad Dip. Marketing	International experience in organisation and human capital strategy consulting specialising in change and business transformation across multiple industries and sectors.	Director. Chief Executive Officer. Chair, Marketing and Branding Committee.

Principal Activities

The company's principal activities during the year were;

- » To provide representation and support while advancing the interest of individuals living with dementia and their carers at a personal, community and political level.

There were no significant changes in the nature of the company's activities during the year.

Operating result and review of operations

The operating result for the year was a surplus of **\$636,454 (2022: Surplus \$3,242,707)**. The company is exempt from income tax.

Dividends

The company's constitution precludes the payment of dividends.

Changes in State of Affairs

COVID-19 pandemic restrictions impacted the financial year 2022-23. During the restriction periods Alzheimer's Australia WA Ltd suspended group related services and activities. However, the significance of this impact was lower compared to the previous year.

After Balance Date Events

There has not arisen in the interval between the end of the financial year and the date of the report any item, transaction or event of a material and unusual nature that in the opinion of the directors is likely to substantially affect the operations of the company, the results of those operations, or the company's state of affairs in future financial years.

Future Developments

The company will continue to carry on the principal activities noted above. There are no likely developments in the activities in future years, which will affect the results and therefore require disclosure.

Auditor's Independence

A copy of the Auditor's Independence Declaration as required under s.60-40 of the Australian Charities and Not for Profits Commission Act 2012 is included in page 4 of this financial report and forms part of the Directors' Report for the year ended 30 June 2023.

Indemnification and Insurance of Officers and Auditors

Since the end of the previous financial year, the company has paid insurance premiums in respect of directors' and officers' liability and legal expenses' insurance contracts for current and former directors and officers, including senior executives of the company. The insurance premiums relate to:

- » Costs and expenses incurred by the relevant officers in defending proceedings whether civil or criminal and whatever the outcome.
- » Other liabilities that may arise from their position, with the exception of conduct involving wilful breach of duty or improper use of information or position to gain a personal advantage.

The company has not otherwise indemnified or agreed to indemnify an officer or auditor of the company against a liability incurred as such an officer or auditor.

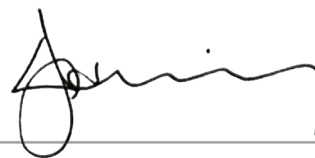
Signed in accordance with a resolution of the Directors



DIRECTOR

PERTH

DATED 15TH DAY OF NOVEMBER 2023.



DIRECTOR

Auditor's Independence Declaration

UNDER ACNC ACT SECTION 60-40 TO THE DIRECTORS OF ALZHEIMER'S AUSTRALIA WA LTD

In accordance with the requirements of section 60-40 of the Australian Charities and Not for Profits Commission Act 2012, as lead auditor for the audit of Alzheimer's Australia WA Ltd for the year ended 30 June 2023, I declare that, to the best of my knowledge and belief, there have been:

- i. no contraventions of the auditor independence requirements of the Australian Charities and Not for Profits Commission Act 2012 in relation to the audit; and
- ii. no contraventions of any applicable code of professional conduct in relation to the audit.



MACRI PARTNERS
CHARTERED ACCOUNTANTS
SUITE 2, 137, BURSWOOD ROAD
BURSWOOD WA 6100
PERTH

DATED THIS 13TH DAY OF NOVEMBER 2023



A MACRI
PARTNER

Independent Auditor's Declaration

TO THE MEMBERS OF ALZHEIMER'S AUSTRALIA WA LTD

Report on the Concise Financial Report

The accompanying concise financial report of Alzheimer's Australia WA Ltd comprises the Statement of Financial Position as at 30 June 2023, the Statement of Comprehensive Income, Statement of Changes in Equity and Statement of Cash Flows for the year then ended and related notes, derived from the audited financial report of Alzheimer's Australia WA Ltd for the year ended 30 June 2023, as well as the discussion and analysis. The concise financial report does not contain all the disclosures required by Australian Accounting Standards.

Directors' Responsibility for the Concise Financial Report

The directors are responsible for the preparation and fair presentation of the concise financial report in accordance with Accounting Standard AASB 1039: Concise Financial Reports (including Australian Accounting Interpretations), statutory and other requirements. This responsibility includes establishing and maintaining internal controls relevant to the preparation of the concise financial report; selecting and applying appropriate accounting policies; and making accounting estimates that are reasonable in the circumstances.

Auditor's Responsibilities for the Audit of the Concise Financial Report

Our responsibility is to express an opinion on the concise financial report based on our audit procedures. We have conducted an independent audit, in accordance with Australian Auditing Standards, of the full financial report of Alzheimer's Australia WA Ltd for the year ended 30 June 2023. Our auditor's report on the financial report for the year was signed on 29 November 2023 and was unmodified. Australian Auditing Standards require that we comply with the relevant ethical requirements relating to audit engagements and plan and perform the audit to obtain reasonable assurance whether the financial report for the year is free from material misstatement.

Our procedures in respect of the concise financial report included testing that the information in the concise financial report is derived from, and is consistent with the financial report for the year, and examination on a test basis, of evidence supporting the amounts, discussion, and analysis, and other disclosures which were not directly derived from the financial report for the year. These procedures have been undertaken to form an opinion whether, in all material respects, the concise financial report complies with Accounting Standard AASB 1039: Concise Financial Reports and whether the discussion and analysis complies with the requirements laid down in AASB 1039.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our audit opinion.

Independence

In conducting our audit, we have complied with the independence requirements of the *Australian Charities and Not for Profits Commission Act 2012* and the Accounting Professional and Ethical Standards Board.

Auditor's Opinion

In our opinion, the concise financial report, including the discussion and analysis of **Alzheimer's Australia WA Ltd** for the year ended 30 June 2023 complies with Accounting Standard AASB 1039: *Concise Financial Reports*

Emphasis of Matter in the Auditor's Report on the Financial Report for the Year

The following paragraph is copied from our report on the financial report for the year. The emphasis of matter in that report does not apply to our opinion on the Concise Financial Report for the reason stated above in our Auditor's Opinion.

We draw attention to the fact that cash donations and gifts are a source of revenue for **Alzheimer's Australia WA Ltd**. Alzheimer's Australia WA Ltd has determined that it is impracticable to establish control over cash donations and gifts prior to entry into its financial records. Accordingly, as the evidence available to us regarding revenue from this source was limited, our audit procedures with respect to cash donations and gifts have to be restricted to the amounts recorded in the financial records. Our opinion is unmodified in respect of this matter.



MACRI PARTNERS
CHARTERED ACCOUNTANTS
SUITE 2, 137, BURSWOOD ROAD
BURSWOOD WA 6100
PERTH
DATED THIS 13TH DAY OF NOVEMBER 2023



A MACRI
PARTNER

Discussion and Analysis of the Financial Statements

INFORMATION ON THE COMPANY'S CONCISE FINANCIAL REPORT FOR THE YEAR ENDED 30TH JUNE 2023

The financial statements and disclosures in the Concise Financial Report have been derived from the 2023 Financial Report of Alzheimer's Australia WA Ltd and is an extract from the full financial report. A copy of the full financial report and auditor's report will be sent to any member, free of charge, upon request.

The information about the concise financial report is provided to assist members in understanding this report and is based on the company's consolidated financial statements and has been derived from the full 2023 Financial Report of Alzheimer's Australia WA Ltd.

Statement of Comprehensive Income

The net surplus for the year was \$636,454. The lower net surplus is primarily due to the positive contribution from the forgiveness of a \$2,000,000 loan (taken out in 2011) with the WA State Government last year, partially offset by an increase in income from respite fees and training of \$1,154,835 and an increase in investment income from dividends and the sale of financial assets of \$271,475.

Total income for the year was \$18,826,950 which has decreased by \$759,031 from the prior year (2022: \$19,585,981).

Total expenses for the year were \$18,190,496 which has increased from the prior year (2022: \$16,343,274)

Total other comprehensive income for the year of \$190,348 is lower than the prior year which is attributed to the change in fair value of land, buildings last year, partially offset by the increase in fair value of financial assets of \$198,349 in the current year (2022: -\$630,409).

Statement of Financial Position

The total assets of the Company increased by \$1,376,982 to \$34,979,825 (2022: \$33,602,843). This increase is primarily attributable to the loan given to Alzheimer's WA Future Fund Limited for the purchase of Woodvale property of \$1,066,886 and an increase in value of investment portfolio by \$252,827.

Total liabilities of the Company increased by \$542,180 to \$13,232,341 (2022: \$12,690,161) primarily as a result of the \$1,357,493 increase in deferred income (unexpected grants) offset by a reduction in trade and other payables by \$564,070.

Statement of Cash Flows

Cash generated from operating activities of \$1,743,240 has decreased from the prior year (2022: \$2,958,654). This decrease is primarily explained by higher cash outflows from payments to suppliers and employees, partially offset by higher cash inflows from fees and dividends received.

Cashflows from investing activities were a net outflow of \$1,349,022 (2022: \$2,315,639) mainly attributed to the loan given to Alzheimer's WA Future Fund Limited. Cashflows from financing activities were a net outflow of \$156,994 (2022: \$153,045).

In total there has been an increase in cash and cash equivalents for the year of \$237,224 (2022: \$489,970).

Statement of Changes in Equity

The total equity of the Company has increased by \$834,802 to \$21,747,484 from the prior year (2022: \$ 20,912,682) which is explained by the net surplus for the year and the movements in fair value financial assets.

Statement of Profit or Loss and Other Comprehensive Income

FOR THE YEAR ENDED 30 JUNE 2023

	2023 \$	2022 \$
Income	18,826,950	19,585,981
Employee benefits expense	(12,342,454)	(12,277,157)
Depreciation and amortisation expense	(368,377)	(337,391)
Finance costs	(30,803)	(24,965)
Other expenses	(5,448,862)	(3,703,761)
	(18,190,496)	(16,343,274)
Net surplus for the year	636,454	3,242,707
Other Comprehensive Income:		
Items that will be reclassified subsequently to profit or loss when specific conditions are met:		
Change in fair value of land, buildings	-	1,024,153
Change in fair value of financial assets	198,348	(630,409)
Total other comprehensive income for the year	198,348	393,744
Total comprehensive income for the year	834,802	3,636,451
Total comprehensive income attributable to members of the company	834,802	3,636,451

The accompanying notes form part of this financial report.

Statement of Financial Position

AS AT 30 JUNE 2023

	2023	2022
	\$	\$
Assets		
Current Assets		
Cash and cash equivalents	14,136,644	13,899,420
Trade and other receivables	1,406,266	1,383,984
Loan Receivables	1,066,886	-
Inventories	3,194	3,194
Prepayments	148,418	209,936
Total Current Assets	16,761,408	15,496,534
Non Current Assets		
Financial Assets	4,495,457	4,242,630
Property, Plant and Equipment	13,490,512	13,472,492
Intangible Assets	5,040	6,989
Right of use Asset	227,408	384,198
Total Non Current Assets	18,218,417	18,106,309
TOTAL ASSETS	34,979,825	33,602,843

The accompanying notes form part of this financial report.

Statement of Financial Position

AS AT 30 JUNE 2023

	2023	2022
	\$	\$
Liabilities		
Current Liabilities		
Trade and other payables	11,933,984	11,218,916
Lease liability	92,214	157,308
Provisions	742,059	700,186
Total Current Liabilities	12,768,167	12,076,410
Non Current Liabilities		
Lease liability	145,566	237,374
Provisions	318,608	376,377
Total Non Current Liabilities	464,174	613,751
TOTAL LIABILITIES	13,232,341	12,690,161
NET ASSETS	21,747,484	20,912,682
Members' Funds		
Revaluation Surplus	9,135,716	9,135,716
Financial Assets Reserve	231,441	33,093
Retained Earnings	12,380,327	11,743,873
TOTAL MEMBERS' FUNDS	21,747,484	20,912,682

The accompanying notes form part of this financial report.

Statement of Changes in Equity

FOR THE YEAR ENDED 30 JUNE 2023

	Retained Earnings	Revaluation Surplus	Financial Assets Reserve	Total
	\$	\$	\$	\$
Balance at 1 July 2021	8,501,166	8,111,563	663,502	17,276,231
Net Surplus attributable to operating activities of the company	3,242,707	-	-	3,242,707
Other Comprehensive Income	-	1,024,153	(630,409)	393,744
Balance at 30 June 2022	11,743,873	9,135,716	33,093	20,912,682
Balance at 1 July 2022	11,743,873	9,135,716	33,093	20,912,682
Net Surplus attributable to operating activities of the company	636,454	-	-	636,454
Other Comprehensive Income	-	-	198,348	198,348
Balance at 30 June 2023	12,380,327	9,135,716	231,441	21,747,484

Statement of Cash Flows

FOR THE YEAR ENDED 30 JUNE 2023

	2023	2022
	\$	\$
CASH FLOWS FROM OPERATING ACTIVITIES		
Receipts from:		
- Donations and gifts	963,162	1,214,878
- Government grants	8,534,345	8,596,618
- Interest received	72,582	89,068
- Dividends received	356,500	68,540
- Fees and Charges	11,072,176	10,222,335
- Other Receipts	4,545	9,658
- Sale of Goods	2,186	-
GST Paid	(396,520)	(615,341)
Payments to suppliers and employees	(18,834,933)	(16,602,137)
Borrowing Costs	(30,803)	(24,965)
NET CASH FLOWS FROM OPERATING ACTIVITIES	1,743,240	2,958,654
CASH FLOWS FROM INVESTING ACTIVITIES		
Investments in term deposits	(15,062)	(3,040)
Purchases of intangible assets	-	(7,200)
Purchase of property, plant and equipment	(227,659)	(245,200)
Net Payments for purchase of Investments	(39,415)	(2,060,199)
Loans given to Alzheimers WA Future Fund Limited	(1,066,886)	-
NET CASH FLOWS USED IN INVESTING ACTIVITIES	(1,349,022)	(2,315,639)
CASH FLOWS FROM FINANCING ACTIVITIES		
Lease payments	(156,994)	(153,045)
NET CASH FLOWS USED IN FINANCING ACTIVITIES	(156,994)	(153,045)
Net increase/(decrease) in cash and cash equivalents	237,224	489,970
Cash and cash equivalents at the beginning of the financial year	13,899,420	13,409,450
CASH AND CASH EQUIVALENTS AT THE END OF THE FINANCIAL YEAR	14,136,644	13,899,420

The accompanying notes form part of this financial report.

Notes to the Concise Financial Statements

FOR THE YEAR ENDED 30 JUNE 2023

Note 1: Basis of Preparation of the Concise Financial Report

The concise financial report is an extract of the full financial report for the year ended 30 June 2023. The concise financial report has been prepared in accordance with Australian Accounting Standard AASB 1039: Concise Financial Reports and Division 60 of the *Australian Charities and Not for Profits Commission Act 2012*.

The financial statements, specific disclosures and other information included in the concise financial report are derived from, and are consistent with, the full financial report of Alzheimer's Australia WA Ltd. The concise financial report cannot be expected to provide as detailed an understanding of the financial performance, financial position and financing and investing activities of Alzheimer's Australia WA Ltd as the full financial report. A copy of the full financial report and auditor's report will be sent to any member, free of charge upon request.

A Statement of Compliance with the International Financial Reporting Standards ('IFRS') as issued by the International Accounting Standards Board ('IASB') cannot be made due to the company applying Not-for-Profit specific requirements contained in the Australian Accounting Standards. The presentation currency used in this concise financial report is in Australian dollars.

Services provided during the year on a volunteer basis have not been recognised as expense or revenue in the financial statements.

	2023 \$	2022 \$
Note 2: Revenue, Other Income and Expenses		
(a) Revenue		
Rendering of services	10,185,987	9,266,077
Government grants	7,176,853	7,125,013
Donations and gifts	1,028,296	1,027,625
Sundry Income	4,545	9,658
Sale of goods	2,186	-
	18,397,867	17,428,373
(b) Other income		
Investment income		
- Interest	72,583	89,068
- Dividends	356,500	68,540
- Loan forgiveness	-	2,000,000
	429,083	2,157,608
Total Income	18,826,950	19,585,981

	2023	2022
	\$	\$
(c) Expenses		
Finance costs	30,803	24,965
Depreciation	368,377	337,391
Consultancy fee	847,145	1,004,006
(d) Auditors' remuneration		
External Audit	20,000	20,000
	20,000	20,000

Note 3: SEGMENT REPORTING

The company operates predominately in one business and geographical segment being provision of community services in Western Australia.

Note 4: EVENTS AFTER THE REPORTING PERIOD

There are no matters or circumstances that have arisen since the end of the financial year that have significantly affected or may significantly affect the operations of the company, the results of those operations or the state of affairs of the company except for the information disclosed in the Directors' Report.

Directors' Declaration

The Directors of Alzheimer's Australia WA Ltd declare that the accompanying concise financial report of Alzheimer's Australia WA Ltd for the year ended 30 June 2023:

- a. complied with Accounting Standard AASB 1039: Concise Financial Reports; and
- b. is an extract from the full financial report for the year ended 30 June 2023 and has been derived from and is consistent with the full financial report of Alzheimer's Australia WA Ltd.

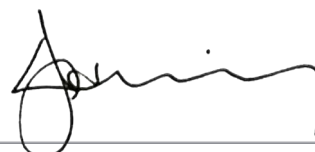
This declaration is made in accordance with a resolution of the Board of Directors.



DIRECTOR

PERTH

DATED 20TH DAY OF NOVEMBER 2023.



DIRECTOR

A photograph of an elderly man with grey hair, smiling warmly. He is wearing a short-sleeved, button-down shirt with a red and white checkered pattern and blue jeans. He is seated in a wicker chair, and his right hand is resting on a wooden plaque. The background is filled with lush green foliage, suggesting an outdoor garden setting. A blue banner with white text is overlaid on the lower part of the image.

**We thank you for your
continued support**

Alzheimer's WA would like to thank all the participants whose images have been included in this publication.



alzheimer's wa

the dementia care experts

Lvl 1, 40 Subiaco Square Road,
Subiaco WA 6008

Telephone: 1300 66 77 88
PO Box 1509, Subiaco WA 6904
support@alzheimerswa.org.au



1300 66 77 88
alzheimerswa.org.au



Donate
**to Alzheimer's
WA today**

Your donation provides vital support to all
Western Australians living with dementia.

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