

alzheimer's wa

the dementia care experts

By your side on your

dementia journey



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Carer support

groups

Supporting you to care for someone living with dementia

1300 66 77 88 alzheimer's wa

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About Carer Support Groups

Carer support groups bring together and support carers of people living with dementia in the community.

The groups provide carers with an opportunity to discuss the impact of dementia on their lives and the lives of their loved ones. It provides an opportunity to give and receive information and support. Each facilitated peer support group meets once a month for two hours.

What benefits can the service provide me?

- An opportunity to meet others in a similar situation
- A forum for sharing ideas and tips about caring for someone with dementia
- A source of social and emotional support
- An opportunity to build and maintain your support network.

The program is delivered across various metropolitan and regional locations.

How do Laccess the service?

To find out more call **1300 66 77 88** or email **support@alzheimerswa.org.au**

We acknowledge and pay our respects to the
Traditional Custodians of the land on which we meet, the
Whadjuk People of the Noongar nation and pay our
respects to their elders, past, present and emerging.
We respect their culture and the contribution they make
to the city and the region.

