

ANNUAL REPORT

2021-2022



Acknowledgement of Country

Alzheimer's WA acknowledges and honours the Traditional Custodians of this land on which we provide our services. We pay our respects to Elders past, present and emerging and to the living cultural, spiritual, family and social relationships that the Traditional Custodians have to this land.

Diversity and Inclusion

Alzheimer's WA is committed to understanding, embracing and respecting all cultures and aims to ensure that everyone who engages with Alzheimer's WA feels welcome, included and treated with dignity and respect. We welcome diversity - all people irrespective of their ethnicity, lifestyle, faith, sexual orientation, ability and gender identity.

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About Alzheimer's WA

This year marks the 40th anniversary of Alzheimer's WA, established in 1982 by carers of people living with dementia who saw the increasing need for a dementia-specific support organisation.

OUR VISION

A world where people living with dementia and their families are supported and valued on their dementia journey.

OUR PHILOSOPHY

Dementia is a lived human experience rather than just a biological condition. We therefore embrace and support a holistic, person-centred approach that respects the individuality and the experience of those living with dementia.

OUR PURPOSE

To improve the lived experience of those on the dementia journey through our advocacy, leadership, innovation, education, partnerships and holistic, person-centred care and support, and to support the pursuit of risk reduction, treatment and cure for dementia.

OUR VALUES

Our passion to improve the experience of those living with dementia is supported by our values of:

- » **Purpose** – we will be driven by purpose to improve the lives of people living with dementia through advocacy, education, partnerships and support a holistic person-centred approach
- » **Accountability** – we will take ownership for what we do in the timelines required. We will learn from the past and hold ourselves and others to account
- » **Integrity** – we will act with integrity at all times
- » **Empathy** – we value our relationships and will treat people with kindness and look after each other and create an environment that fosters dignity and privacy
- » **Respect** – we will treat people with respect, dignity and recognise and respect individuality
- » **Quality and Safety** – we will deliver quality services and strive for continued improvement and service excellence.

Thank you to all our staff and volunteers who work incredibly hard to making a lasting impact on the lives of those who are living with dementia. We look forward to continuing to partner with those living with dementia throughout their dementia journey.





Chairman Report

WARREN HARDING | *Professor, Chair*

Delivering Our Best Performance in Our Rich History

This year has been a year of tremendous achievement for our proud organisation and this year's successes are a reward for the hard work of all our staff, CEO, Board and the ongoing loyalty of our clients and members.

This is Alzheimer's WA's 40th year as a 'for purpose' not-for-profit (NFP) organisation and the impacts we are making, the services we provide, the awareness we are generating and opportunities we are creating for people living with dementia and their carers to live the best quality of life, is applauded.

The continuity of COVID, a tightening of skills in the aged care sector and new quality aged care standards are headwinds, which we have navigated extremely well. I wish to acknowledge the retirement of Arnold Stroobach after nine years of contribution to the Board and the resignation of Leo Tsaknis. As elected at the 2021 AGM, we welcomed Board directors Susan Downes and Gemma McGrath and their legal and carer backgrounds have been valuable.

Following the Board-initiated Strategic Task Force in 2020/21, which resulted in lower administration costs, better organisational structure, and delivered a surplus of \$1.39M, I am pleased to announce the strongest financial performance in our history with an outstanding surplus of \$3.24M and with property and other income, contributed a total of \$3.64M in comprehensive income for 2021/22. This result was positively impacted by the relief of the WA Government's \$2M FAA loan, which a previous Board had taken out in 2011/12. I wish to record our gratitude to the McGowan Government, WA Treasury, Department of Jobs, Tourism, Science and

Innovation and the then Minister for Health, the Hon Roger Cook MLA, for their support.

I am delighted to advise members that the Board will focus this surplus on:

- » Growing our front line dementia care services;
- » Expanding our day respite with the acquisition of a fourth house in Woodvale;
- » Extending our overnight respite in Albany with a \$2M build of a four-bedroom cottage;
- » Investing in our systems, staff, skills training and meeting new aged care delivery standards.

Other pleasing metrics include members' total assets rising \$3.1M to \$33.6M. Total members' net assets have increased from \$17.3M to \$20.9M. This year we also benefited from generous donations which ranged from bequests through to personal contributions by our various fundraisers. I wish to call out two individual efforts which positively impacted so many; Honourable Dr Tony Buti, MLA, who ran the Bibbulmun Track and Kristie Bowers who ran the Cape to Cape Track. These are extraordinary achievements.

In terms of our client services, it is also so pleasing to see we are expanding new skills in clinical governance, NDIS, and occupational therapy. Our Home Care Packages grew significantly as did our NDIS services, our hours of client service and our plans to extend our respite houses.

Research and Partnerships

One of Alzheimer's WA's objectives is to collaborate with and invest in research

translation and this year we focussed on early detection including eye flash response, eye amyloid protein and blood bio markers with our academic partners at Notre Dame, ECU, Macquarie, Sydney and Curtin Universities. These are game changers for us as we grow to meet the increasing demands of people living with dementia, their families and carers. We also appreciated the opportunity to have our members participate in research programs and we acknowledge the role of 'Step Up for Dementia Research' at the University of Sydney.

Alzheimer's WA has an increasing focus on early detection, early intervention, post diagnosis support, social engagement, to extend independent living through more respite, Men's Sheds, dementia choir, day bus trips and growing our Memory Café network were critical and we are aligning our Education and Consulting services around these areas.

We also reinforced our relationships with ACCPA, CEDA, CEWA, CCIWA, AIM and service provider partners.

COVID-19

I wish to acknowledge the diligence and determination of our leadership team to navigate the disruptions of the second full year of COVID; moreover, the constant changes to procedures, mask requirements, lockdowns and isolation periods which required a response often on a daily or weekly basis.

Our COVID Emergency Response Team showed great resolve and persistence to meet government vaccination and booster targets, ensured PPE supply and most of all, ensured the safety of our members and staff.

The unpredictability of COVID this year was more challenging, far reaching and coupled with skill shortages in the sector, our organisation did an amazing job. On behalf of the Board, I thank our tireless CEO, staff, support workers, volunteers and our members, their families and carers for their combined efforts in staying safe as we



pivoted numerous times throughout the year.

Ageing in Place

This year, we saw momentum in the implementation of the 2020 Royal Commission into Aged Care Quality and Safety recommendations, which created a new narrative around new aged care standards, care in the community and underlined the importance of small household person-centred care, the rights of older people, and integrated long-term care. The financial vulnerability of the residential aged care sector, and the bed capacity challenges of acute care, is placing even greater importance on the role of Alzheimer's WA to deliver care in the community. The introduction of an Aged Care Code of Conduct and a pending Aged Care Standards Audit are important to us.

The increasing challenge facing residential care and acute hospital settings highlights the importance of slowing cognitive decline and the impact our Adjusting to Change workshops and Acute Dementia Change Champions program will make.

This year we called out the importance of our members and all people living with dementia to age with dignity and in place. We tackled stigma and discrimination and I am very pleased with the voice Alzheimer's WA now has in the media.

Alzheimer's Disease International

The 35th ADI Conference was held in London and included both a hybrid in-person and virtual attendance for 1,300 participants from 105 member countries.

Alzheimer's WA presented a joint paper prepared with Professor Ralph Martins

AO outlining progress in biomarkers and affordable blood tests and the importance of early dementia detection and addressing modifiable risk factors in slowing cognitive decline. This narrative has been well received by health bureaucrats, politicians and health policy makers.

The conference provided an opportunity for Alzheimer's WA to elevate its brand, interest and engage with key country leads. Some of the key themes the conference covered were:

- » Social isolation, loneliness and depression;
- » Public health funding;
- » Informal carer support;
- » Post-diagnostic support, innovation and wearables;
- » Dementia design and dementia friendly communities and the role of local government planning;
- » Attitudes, awareness and stigma;
- » Brain health, non-pharmacological interventions, wellbeing and psychosocial interventions;
- » Dementia training and dementia content in curriculum for courses in nursing, medicine and allied health to help prepare undergraduates.

The conference was very informative, and the statistics are startling, with 10 million new cases each year, and this is set to triple by 2050 with an economic impact of USD\$2T by 2030.

Dementia Friendly Communities

The importance of social engagement was reinforced with many Members of Parliament and we were delighted to work with local MPs who helped open new Memory Cafés in Baldivis, South Perth and Bunbury. Our marketing team did a wonderful job on our digital platforms to promote the new cafés, engaging an intergenerational group of new supporters of Alzheimer's WA. Our Vision is a State which is dementia friendly and each town, shopping centre and local government area is a dementia friendly community, where all people living with dementia can age with dignity and live where their children work and

grandchildren go to school.

I also wish to record the strong relationship with the Federal Government through CHSP and NDIS funding; as well as the support of the WA Government through the Departments of Health and Communities, the Hon Amber Jade Sanderson MLA, Minister for Health and Mental Health, the Hon Simone McGurk MLA, Minister for Community Services and the Hon Don Punch MLA, Minister for Seniors and Ageing. Their visits to our houses inspired staff and attracted valuable media coverage. WA Federal Members of Parliament, in particular the Hon Patrick Gorman MP, Assistant Minister to the Prime Minister, highlighted our great work and the importance of national funding being directed to a state-based provider of dementia services.

National Dementia Expert Reference Group

I am pleased to report to members that throughout the year I participated on the National Dementia Expert Reference Group (NDERG) supported by the Commonwealth Department of Health and Aged Care. While this was a personal appointment, it has provided an opportunity to increase the voice Alzheimer's WA has at a national level. The NDERG is informing the formation of the new 10-year National Dementia Action Plan 2023-33, which is a framework to be used by all Australian governments, organisations and individuals to guide the action to reduce the prevalence of dementia and improve the care, support, and wellbeing of people living with dementia, their carers and families.

The Plan replaces the 2015-19 Plan and will focus on seven pillars covering:

- » Stigma and discrimination;
- » Minimising risk, delaying onset and progression;
- » Improving dementia diagnosis and post-diagnosis care and support;
- » Improving treatment, coordination and support along the dementia journey;
- » Supporting people caring for those

living with dementia;

- » Building dementia capability in the workforce;
- » Improving dementia data and maximising the impact of dementia research and innovation.

The Plan will be released in 2023 and governed by a Commonwealth and state jurisdictional implementation group.

Board Governance

I greatly appreciate the close working relationship with my Deputy Chair and Honorary Medical Officer, Dr Sean Maher, Finance Director Matt Budge and Board members Majo Merriam, Susan Downes, Gemma McGrath and CEO Ella Dachs. The skills-based Board has ensured strong governance and appropriate oversight to operations. They are committed, give their time willingly and are united in their decision making. We were delighted to receive an unqualified audit from our auditors Macri partners and appreciate their diligence and support throughout the year as well as the work of our Finance, Audit and Risk Management Committee, supported by our Finance Team, led by Nigel Holmes.

Plans to modernise our Constitution, which was last updated in 2008, will also create more flexibility as our organisation grows its NDIS, Home Care Packages and Respite Services. I hope to have that considered favourably by our members soon. The Board's establishment of a Future Fund will be an exciting approach to safeguarding and growing our member assets to continue to meet the purpose of Alzheimer's WA.

As Chair, I wish to acknowledge the committed CEO leadership of Ella Dachs who has shown great resilience and determination to deliver such an outstanding result. The Board was pleased to renew her contract in June 2022 and I value our excellent working relationship. I hear regularly from our members whom we serve, the students we train, people on the dementia journey, and visitors to our Memory Cafés, just how much they

appreciate our respite houses, our home care service, our training, advice and advocacy, the quality of our services but most of all, the heart we bring to everything we do. I am very aware of the contribution our CEO and her leadership team makes.

I am very strong on culture and values-based leadership which encourages all of us to make decisions where values are a governing foundation of our organisation, and are the guiding light on how performance is evaluated for our teams and individuals alike. I am pleased we are making positive progress on matters of diversity and inclusion with 85 percent of our workforce and 57 percent of our Board representation being female. Our values were on display at the Dementia Symposium in November, the record-breaking 2021 Walk to Remember and this year's theme of 'our hearts will remember, what our mind may forget' continues to drive the commitment of the staff who work for us from our central services to the kindness of our front line support workers who are truly dedicated to making a difference.

Thanking Our Patron

I wish to acknowledge the past support of our outgoing patron, His Excellency, the Honourable Kim Beazley AC, his quarterly roundtables on 'Positive Ageing' shone a light on many issues, and access to WA Government House for our Walk to Remember in 2021 was very much appreciated. More importantly, our patron was generous with his time and was a strong advocate for our organisation. We welcome His Excellency the Honourable Chris Dawson APM, AC as our new patron and look forward to building a strong relationship.

As Chair of the Board, I am honoured to serve Alzheimer's WA and proud to present this year's outstanding achievement and the 2021/22 Annual Report to our members.



Prof Warren Harding
Chair

Alzheimer's Disease International Paper

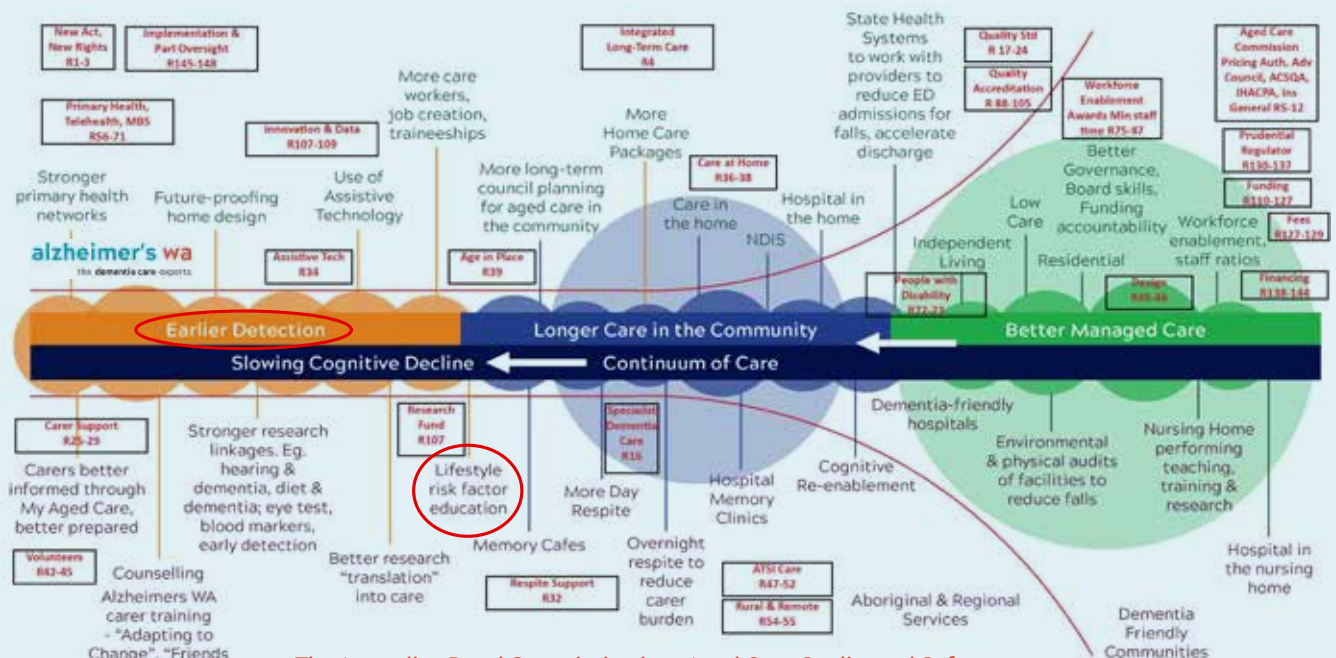
Early Dementia Detection & Early Intervention in Aged Care Planning

Professor Ralph Martins AO, Foundation Chair in Ageing and Alzheimer's Disease at Edith Cowan University;
Professor of Neurobiology, Macquarie University

Professor Warren Harding, Chair Alzheimer's WA, Professor in Dementia Care, School of Medicine, Macquarie University;
Adjunct Professor, Curtin University

Changing the demand curve on residential and acute care by:

1. Slowing cognitive decline;
2. Better public policies and health promotion;
3. Investment in early detection and lifestyle risk changes;
4. Community engagement.



The Australian Royal Commission into Aged Care Quality and Safety made 148 recommendations in a 5-year plan - mapped against the dementia journey



- » The number of older Australians set to double over the next 40 years
- » The 2020 Royal Commission into Aged Care Quality focused on how individuals can live longer and more independently in the home, but there needs to be a renewed focus on early detection of Alzheimer's disease, to allow effective interventions
- » Over 487,000 Australians are living with dementia, 28,000 with younger onset dementia
- » Without a breakthrough, the total number is projected to rise to over 1.1M by 2050
- » Preclinical diagnosis is very expensive, invasive, and only available in clinical settings

- » Blood biomarkers to detect Alzheimer's early in a simple practical blood test will facilitate diagnosis, as well as interventions to help delay dementia progression
- » Pre-clinical diagnosis provides opportunities for lifestyle risk factors to be addressed before symptoms develop
- » While public health spending has risen in OECD countries from 8.8 percent in 2019 to 9.1 percent in 2020, health promotion spending in Australia is about \$2B or 1.34 percent of health spend
- » OECD target spend on health promotion is 5 percent
- » The cost of dementia in Australia is expected to rise by 70 percent to \$26.6B by 2041.

Research through the global World-Wide FINGERS network of studies on lifestyle

interventions to reduce dementia risk, to which the Australian AU-ARROW study will soon be a contributor, has shown that stress, poor diet, low exercise, anxiety, smoking, excessive drinking, hypertension, depression, diabetes and hearing are contributing factors to dementia progress.

Early detection and forecasting would inform both the treatment of dementia, as well as the provision of counselling, better training and preparation for carers, families and volunteers, along with the demand for better planned urban living. Future proofing homes and planning for better use of assistive technology, access to home care programs can extend ageing in place. Adaptive and caring neighbourhoods can have a positive impact on the health, wellbeing and social engagement for people living with dementia, through interventions and socialisation with Memory Cafés, Memory Clinics and Dementia friendly communities.



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CEO Report

ELLA DACHS | *Chief Executive Officer*

It is my pleasure to present this year's Annual Report as we reflect on the activities and achievements during the 2021/22 Financial Year.

At Alzheimer's WA, our objective is to make a positive and lasting impact for our people, our communities and the governments we partner with to deliver person-centred care.

Our people are at the heart of all we do. They strive for service excellence by living our values of:

- » Purpose;
- » Accountability;
- » Integrity;
- » Empathy;
- » Respect;
- » Quality and Safety.

These values guide our collective objective, which is to improve the lives of those living with dementia, by providing quality and compassionate care and support services to our members, ensuring that every person's individuality and choice is respected and valued.

COVID-19

The Financial Year demonstrated the strength and resilience of our organisation. While the COVID-19 pandemic continues to impact people globally, we have faced this challenge with purpose and resilience. Although it was a challenging environment to work within, Alzheimer's WA implemented measures such as increased training in infection control, tightened our outbreak management procedures, and added new safety measures to better protect our members and staff.

We communicated regularly with staff, members and their families, while working hard to ensure continuity of services for those who are most vulnerable.

Strategic Plan

Despite the uncertain environment and skills shortage, Alzheimer's WA's position as a service provider has strengthened and our financial position is more sustainable as we continue to execute our Strategic Plan (2020-2023).

The Strategic Plan builds sustainability and a strong foundation, which focuses on the key pillars of:

- » Financial sustainability;
- » Increasing revenue streams;
- » Reducing the reliance of block funding;
- » Expanding partnerships and collaboration;
- » Encouraging innovation.

“

Our people are at the heart of all we do

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During the past year we have also solidified our governance systems to ensure that we are continuing to deliver high quality service of care. We collaborated with other providers, supporting each other's COVID-19 outbreak and contingency planning in collaboration with the WA Department of Health.

Home Care has grown substantially in the past year and we now have more Home Care Package clients than Commonwealth Home Support Program clients.

We will continue to prioritise the safety of staff and continue to invest and support their development during operations. Their passion is always inspiring, and I was proud to spend time with our members and clients during the year at Mary Chester House, Ella's House and Hawthorn House.

Aside from implementing important people initiatives, achieving strong financial outcomes allows us to consolidate on the previous year's efforts to:

- » Reach a broader demographic of people who most need our services, including the planned cottage extension in Albany;
- » Deliver on our mandate to improve the lives of people living with dementia, their family and carers;

- » Invest in strengthening our people, our processes and our systems to efficiently deliver on our Mission.

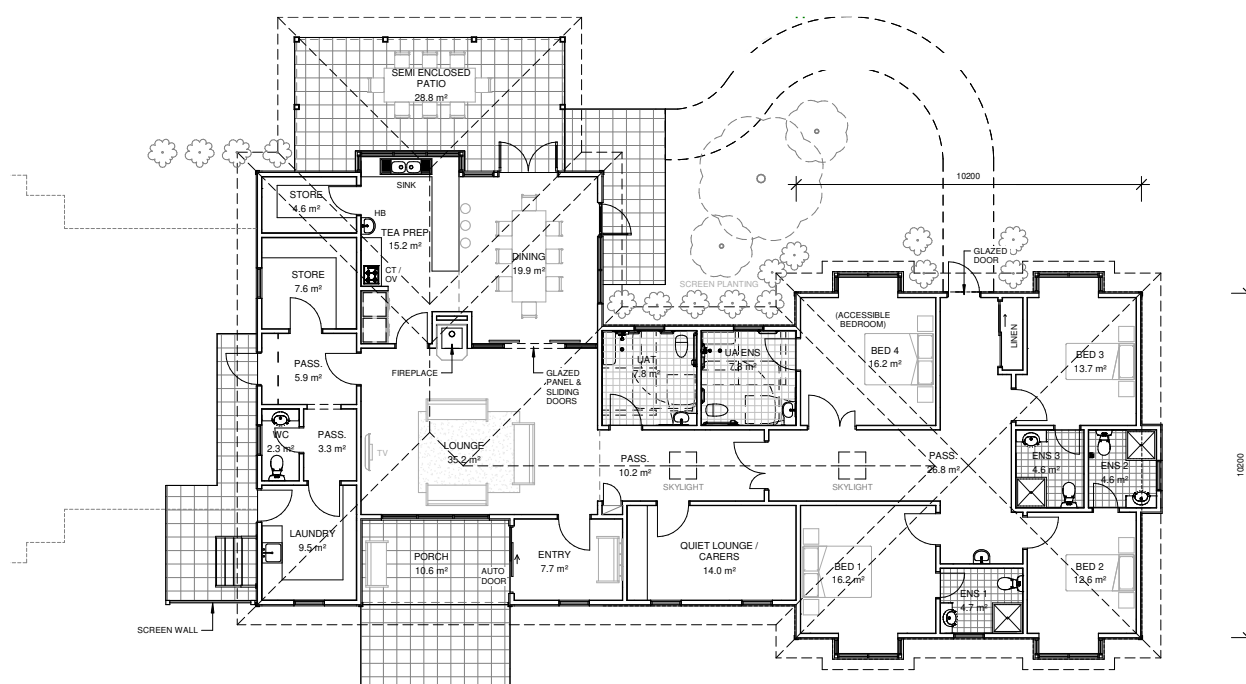
2021/22 Highlights

It has been both a challenging and rewarding year, where we have achieved significant traction:

- » Improved awareness of Alzheimer's WA with the purchase of a new respite house in Woodvale - the new house will contribute to provide much needed services for people in the northern corridor;
- » Improved Financial performance;
- » The Walk to Remember with over 600 participants at Government House being a significant awareness raising campaign;



Planned cottage extension in Albany.



- » Opened three new Memory Cafés;
- » Continued success of our respite houses;
- » Successful completion of Stages 1 and 2 of the NDIS audit;
- » The Finance Team achieved an unqualified audit report of our financials;
- » The financial statements detailed a surplus, with a healthy balance sheet. A clear audit report for our 2021/22 accounts was provided by Macri Auditors;
- » Successful Dementia Symposium at the Perth Exhibition and Convention Centre.

Our People

Our dedicated staff and volunteers continue to champion our role in sustainable and quality care. Advocating to reduce inequities in our communities and positively advocating to create thriving communities to promote the health and well-being of those living with dementia, their carers and families. As a community we all have the basic right to age with dignity and respect in the communities we live.

It is apparent that workforce development will be a challenge for the foreseeable future and we have developed a consolidation strategy in Education and Consulting to help meet the changing needs.

We are focussing our efforts on becoming the provider of choice and continue to invest in our people and in the last year, we have re-engineered our training programs with an emphasis on further developing the skills of our support workers and the leadership skills of our management teams.

It is an exciting time for Alzheimer's WA and I am confident we are moving in a direction that will enable us to serve the WA community for many years to come. In 2023 we will open the new Woodvale day respite centre to provide much needed respite for those in Perth's northern suburbs. This is



Walker House, Woodvale.

part of our mandate to ensure that no-one faces dementia alone and our commitment to dementia enabling communities, providing the support required to promote independent living.

I acknowledge and thank our Executive Leadership Team - Nigel Holmes, Chamila Jayalath, Michelle Tan and all Alzheimer's WA staff members - your support has assisted us to deliver on our purpose where those living with dementia are treated with dignity and respect.

Finally, and importantly, my thanks to our exceptional Board members who have contributed a significant amount of their valuable time. On behalf of Alzheimer's WA, I would like to sincerely thank the Board of Directors, particularly Chair Warren Harding, as well as Dr Sean Maher Deputy Chair, Matt Budge, Gemma McGrath, Sue Downes and Majo Merriam, for their support in our transformation journey as we consolidate our position as dementia care experts.

We are on a great trajectory and look forward to being by your side throughout your dementia journey.



Ella Dachs
Chief Executive Officer



Medical Director Report

DR SEAN MAHER

Deputy Chair and Honorary Medical Director

There are always new findings in Alzheimer's and dementia research that improve our understanding of how these conditions develop but it's rare that we see meaningful advances in treatment. There are many treatments for Alzheimer's in mice (i.e. Mouseheimer's disease) but not for people!

Last year saw a controversial decision of the USA Food and Drug Administration (FDA) to conditionally approve the monoclonal antibody aducanumab (marketed as Aduhelm) which removes amyloid from the brain, but which only resulted in slowing of cognitive decline by 23 percent. The FDA wants further data on outcomes and extended this to any similar treatments introduced in future, due to the weakness of the data from two Phase 3 trials supporting its application for approval (one was positive, one negative).

The results from another Phase 3 trial of an amyloid binding drug, lecanemab, were recently released and have shown much stronger results and few concerns about the quality of the data. It showed a reduction in cognitive decline of 27 percent as well as less functional decline. The most worrying side-effect of brain oedema and minor bleeding was around 12 percent, about a third the rate of that seen with aducanumab. The trial was in people who had amyloid present on brain PET scans and were symptomatic i.e. they had Mild Cognitive Impairment (MCI) or early Alzheimer's disease (AD). The full results are due to be released on November 29. The results are strong enough for the pharmaceutical company to announce that they will apply for approval to use lecanemab in the USA, Europe and Japan.

The results have been positively received by researchers. Even though this is not a cure, it demonstrates that removing amyloid is disease modifying. Although the benefits are relatively small in individual patients, it is thought that these may be more evident with further time and may prevent progression from MCI to dementia. Additionally, treating people at risk with amyloid before they become symptomatic offers realistic hope that further neurodegeneration can be reduced, delayed or even avoided.

There are many implications for using these medications if approved. Not everyone who has amyloid goes on to get cognitive impairment, and continuing efforts to find which factors put people at risk are needed eg using family history, APOE4 status and other biomarkers of possible neurodegeneration such as p-tau217 measured in blood. Although the risks of side effects are lower with lecanemab than aducanumab, they are still real. Giving the medication via a subcutaneous injection rather than an intravenous infusion may result in lower rates of brain swelling and bleeding. Regular monitoring using MRI brain scans will still be needed to detect this, which increases the cost of treatment. Maintenance therapy is likely to be needed to prevent amyloid re-accumulating. Future trials of other treatments would likely need to factor in treatment with lecanemab as best practice, much as current trials accommodate treatment with cholinesterase inhibitors like donepezil.

There are other similar monoclonal antibodies in trial at present, including donanemab and gantenerumab, in people



who have MCI or AD, as well as those at risk of AD but have no symptoms. These are using subcutaneous injections given fortnightly which is much more practical than intravenous therapies. There are also trials combining anti-amyloid antibodies with other treatments, including antibodies to tau protein.

There are other trials ongoing aimed at other aspects of AD pathology, including antibodies to tau protein, a variety of modulators of neuroinflammation and vaccines against amyloid and tau. Access to some of these trials is available locally at the Australian Alzheimer's Research Foundation.

Early detection of AD will be even more important if the above therapies become available. Promising biomarkers that can be measured via a blood test are being evaluated

in real world settings that take into account ethnic diversity and people with other chronic diseases, hoping to produce reference standards for diagnosis. In conjunction with other easily available testing, including cognitive tests (even self-administered via an app), this would make detection practical in primary care settings. Various blood markers are under review, including p-tau 217, ratio of amyloid A β 42/40, and Glial Fibrillary Acidic Protein (GFAP).

Alzheimer's WA is partnering with researchers at the University of Western Australia and Notre Dame University (UND) to trial the use of an easily administered eye test that measures the speed of pupil changes to light which may act as a screening test to detect early AD. Attendees at our Memory Cafés are being offered the opportunity to participate in the pilot. We will also be exploring with UND the use of eye test for screening for amyloid protein as an early dementia marker.

Our current understanding of AD includes accumulation of amyloid plaques over many years, followed more rapidly by that of tau protein and the development of neurofibrillary tangles, which correlates with cognitive decline. Better neuroimaging using PET scans shows this process. Understanding how amyloid promotes these tau tangles is the subject of much research. The activity of the microglial support cells in the brain appears to be a key element in this process as to whether amyloid deposition, neuroinflammation, loss of synapses and tangle formation occurs. Microglial activity seems to change throughout the course of the disease and seems to correlate with a variety of genetic markers. Better understanding of this process may also lead to therapies.

The speed of tangle formation also seems to differ according to the region of the brain in which they first arise. Progress seems to be slower if it arises in peripheral parts of the brain. Early involvement of busy, highly connected regions of the brain results in faster spread of tangles and decline,

reflecting both physical neural connections and activity. Not everyone with amyloid goes on to get tangles, so understanding this process is another key area to developing preventative strategies.

Evidence for lifestyle measures to reduce risk of cognitive decline continues to accrue. A study of over 78,000 people ranging from 40–79 years of age from the UK Biobank study showed that people who walked 9,800 steps per day (about 8km) were half as likely to develop dementia over seven years than those that only did 1,000. Walking at a brisker pace also reduced risk, 112 steps per minute walking for 30 minutes had a 62 percent reduced risk than those doing 30 steps per minute. The same study showed a reduction in other chronic diseases for those that walked.

Studies modelled on the Finnish Geriatric Intervention Study to Prevent Impairment and Disability (aka FINGERS) which use lifestyle measures to help prevent cognitive decline are beginning to report their findings. Alzheimer's WA is working closely with the AU-Arrow work at Macquarie University. The Australian Maintain Your

Brain study conducted in New South Wales was in 55–77 year olds with at least two risk factors for dementia. They received online coaching to improve physical activity, eat a Mediterranean diet, brain training exercises and management of stress anxiety and depression over three years. The intervention group did much better on tests of memory, processing speed and executive functioning and estimated to delay cognitive decline by one year. Other studies have shown positive results, including the SUPERBRAIN-AD study from Korea, conducted in people with MCI or mild dementia who were positive for amyloid on brain PET. They received face to face lifestyle support, including help with managing metabolic and vascular risk factors, cognitive training and social activity, physical exercise, nutritional guidance, motivational enhancement, as well as a nutritional supplement drink. The intervention group showed improvement after only two months. This is encouraging that managing lifestyle measures is beneficial to people with dementia, not just those at risk.

We are fortunate to have access to world-class research studies into dementia, via the Australian Alzheimer's Research Foundation. Current studies include several of the therapies mentioned earlier, including the SKYLINE study with gantenerumab, the AHEAD study with lecanemab, the Autonomy study, using an anti-tau antibody and the PIA study using probucol. See www.alzheimers.com.au/our-work/current-clinical-trials for further details.

We may not cure Alzheimer's disease, but we are moving towards a possible future of risk reduction and delayed progression, more in keeping with managing a chronic disease. Members wishing to participate in any local trials can contact Alzheimer's WA or Prof Warren Harding, who leads our Research and Partnership program.

Dr Sean Maher

Deputy Chair

Honorary Medical Director



Board of Governance

Board of Directors



PROFESSOR WARREN HARDING | *Chair*

B.Sc Hons; Grad Dip. Media; Brit Council Scholar LSE; Adjunct Professor, CBS

Warren Harding was appointed to the Board in 2018/19. Warren has over 30 years of strategic management consulting and other NFP board experience. He was the former Ministerial adviser to a state Deputy Premier and was the Minister for Health's nominee on the Sustainable Health Review. He is a member of the Board of the WA Disability Services Commission.

Warren holds a Bachelor of Science (First Class Hons) from the University of Western Australia, a Graduate Diploma in Media (AFTRS); was a British Council Scholar at London School of Economics, Professor at the School of Medicine and Health Sciences at Macquarie University.



DR SEAN MAHER | *Deputy Chair and Honorary Medical Director*

MBBS, FRACP

Dr Sean Maher is a Geriatrician and recent Head of the Department of Rehabilitation and Aged Care at Sir Charles Gairdner Hospital. He graduated from the University of Western Australia and is a Fellow of the Royal Australasian College of Physicians. He was the Federal Secretary for the Australian and New Zealand Society for Geriatric Medicine (ANZSGM) from 2008 – 2012 and is a current Federal Councillor.



MATTHEW BUDGE | *Finance Director*

Matt Budge joined Price Waterhouse Coopers in 2001 and has over 17 years' experience in providing tax advice to Australian and multinational companies. Matt was appointed partner in 2012 when he returned to Perth six years ago after eight years on secondment in Melbourne and Sydney.

Matt holds a Bachelor of Commerce from the University of Western Australia, Masters of Taxation from the University of Melbourne, Member of the Institute of Chartered Accountants in Australia, Member of the Tax & Regulatory Committee for the Association of Mining & Exploration Companies of Australia and Chair of the Council at University Hall, University of Western Australia.



MAJO MERRIAM | *Director*

Majo Merriam is a recently retired, experienced social worker with extensive knowledge of the aged care field, dementia and related community services. Having worked over twenty years in aged care, she is familiar with the experiences of people living with dementia and that of their carers.

Majo holds a B.A (Psych) and Master of Social Work from the University of Western Australia.



ELLA DACHS | *Chief Executive Officer*

Ella Dachs has 20 years of international experience in organisational/human capital strategy; specialising in aligning people with strategy; leadership and talent development; executive coaching; and culture/change management.

Ella holds a B. Bus. Organisational Psychology and Human Resource Management (University of Cape Town) and a Post Graduate Diploma Marketing (IMM).

Alzheimer's WA Welcomes Two New Board Directors

The past year saw the appointment of two new Non-Executive Board Directors, Gemma McGrath and Susan Downes following a successful Annual General meeting and an excellent year of growth.

Both Gemma and Susan have a wealth of experience to add to the skills-based Alzheimer's WA Board. We were delighted to have them join our purpose-led organisation, as we believe in culture and values-based leadership.



GEMMA MCGRATH | *Director*

As a lawyer working with NFP organisations and across the aged care and disability sectors, Gemma is conscious of the need to improve the lived experience of our aging population and in particular those living with dementia.

Her experience of running law firm Panetta McGrath gives her a range of corporate governance and risk management skills and a thorough understanding of the need for high standards of client care and safety.



SUSAN DOWNES | *Director*

Sue graduated with a Bachelor of Science (Environmental Management) in 2003 followed by a career that was cut short when her husband, Tim, was diagnosed with Frontotemporal Dementia (FTD) at the age of 54 years. Sue nursed Tim at home until he passed away in 2013 aged only 59 years.

She is a Dementia Advocate with Alzheimer's WA and has presented her dementia journey to aged care students, local government and various dementia seminars. Sue is passionate about the challenges faced by people diagnosed with Younger Onset Dementia and their partners/carers.



OUR PATRON HIS EXCELLENCY THE HONOURABLE KIM BEAZLEY AC

Governor of Western Australia

The Honourable Kim Beazley AC was Patron of Alzheimer's WA as Governor of Western Australia from 1 May 2018 to 30 June 2022. Mr Beazley has had a distinguished record of service to the public, leadership and representation of Australia, serving nearly three decades in the Australian Federal Parliament and six years as Ambassador to the United States of America. In 2009, Mr Beazley was awarded the Companion of the Order of Australia for service to the Parliament of Australia. Mr Beazley retired as our Patron on 30 June 2022.

Snapshot 2021-22





Dementia is the **leading cause of death** for women

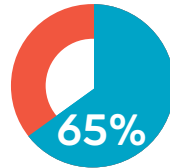
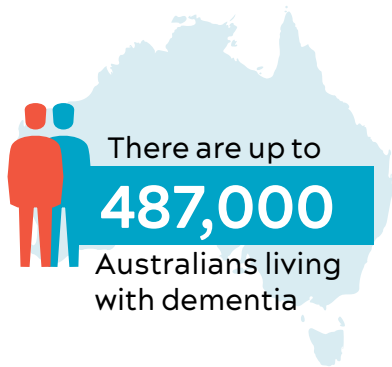


Dementia is the **second leading cause of death** for men

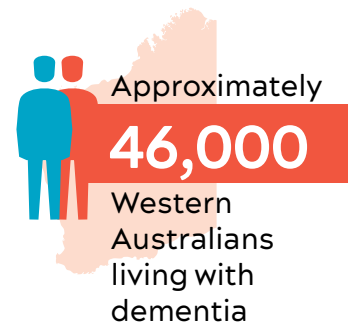
Approximately every

6 minutes

one person is diagnosed with dementia



of people with dementia live in the community



It is estimated that there are

3,000

Western Australians living with **younger onset dementia**



There are an estimated

28,650

Australians living with younger onset dementia.

This can include people in their 30s, 40s and 50s



It is estimated that almost

1.5 million

people in Australia are **involved in the care of someone** living with dementia



196,000

hours of Alzheimer's WA services and support



Dementia Change Champions



Alzheimer's WA provides **education and advocacy**



691

Students in accredited and non-accredited training



Providing dementia enabling environments by organising community sessions

A photograph of two women playing lawn bowls on a green lawn. On the left, a younger woman with dark hair, wearing a red t-shirt with 'TEAM SANTO' printed on it, is leaning forward in a bowling stance. On the right, an older woman with short white hair and glasses, wearing a red lace-trimmed top, is also in a bowling stance, releasing a dark wooden bowl. The background is a soft-focus outdoor setting with trees and a building.

OUR SERVICES

At Alzheimer's WA we understand that everyone is different. Every person's experience living with dementia is unique. That is why our services are tailored to help clients through their dementia journey.

We understand dementia and can help you and others around you to understand it too. We have a person-centred philosophy to support our clients to live their life the way they choose. At home, and in the community.

We see the person, not the diagnosis and our services embrace individuality and help to minimise the impacts of dementia. Our staff genuinely care about our clients and advocate for improving dementia standards.

We consult with people living with dementia and world leaders in dementia care to understand better ways to support people living with dementia. We also work with other organisations to help them improve their dementia services.

We are the **dementia care experts**.

Our Houses

OUR HOUSE MANAGERS



Mary Chester House

9 Bedbrook Place
Shenton Park

Julie Szczurowski
House Manager



Ella's House

11 Candelo Loop
Mandurah

Melissa Randall
House Manager



Hawthorn House

40 Henry Street
Albany

Lorraine Benson
House Manager

Ella's House in Mandurah

Ella's House operates five days a week, between 9.30am and 3.30pm, supporting the needs of people living with dementia in the Mandurah area.

The home environment encourages people living with dementia, families, volunteers and staff to be part of the household.

This includes cooking lunch, planting vegetables or fixing things in the shed. Family carers can take a break from their caring role, confident with the knowledge that their loved ones will enjoy a great day with friends.

Offering a wide range of activities based on strengths, identity and interests, the household provides meaningful engagement, stimulation and friendship in a specially designed enabling environment.

Family carers are invited to visit for regular support meetings or to attend special educational workshops.

Services at Ella's House are available through the Commonwealth Home Support Program, Home Care Packages, National Disability Insurance Services or can be self-funded on a private basis.



Lisa Munday MLA, Dr Sean Maher, Gemma McGrath, Robyn Clarke MLA, Prof Warren Harding, Amanda Hunt, Ella Dachs and Majo Merriam visiting Ella's House.





Mary Chester House in Shenton Park

It was another exciting year at Mary Chester House in Shenton Park. The team were involved in many activities and events throughout the duration of the year.

During the year, we held an event to recognise Dementia Awareness Month, with the Alzheimer's WA team.

Support Worker, Cheryl Fyfe was nominated in the ACSA Aged Care Awards in October.

Mary Chester House volunteers were acknowledged at an International Volunteers Day garden party at Government House in December. Attended by His Excellency the Honourable Kim Beazley and Hon Reece Whitby, MLA.

Father Christmas joined our playgroup Christmas party with gifts and shared in lots of laughter with our playgroup families.

We held several Christmas lunches at Mary Chester House for clients and their families, all prepared by our wonderful volunteers.

In February, we recognised 21 years of service for Beverly Simpson.

Mary Chester House recognises three nominations for the 2022 ACSA Aged Care Awards:

- » Heather Cook – Individual Community Connections – Support Worker
- » Terry Byrne – Individual Unsung Hero – Volunteer
- » Mary Chester House – Team Unsung Heroes



Hawthorn House in Albany

Hawthorn House is always buzzing with activities, laughter and spontaneity.

The past year brought many opportunities for our clients to be involved in projects we share with our Community.

Hawthorn House was proud to present an Art Exhibition where we showcased all the art completed by our clients during the year. The art was on display in the corridors of Hawthorn House, where community, carers and friends were provided the opportunity to view the work.

Each year Hawthorn House has a theme week, the House is decorated and this year it was a "Sea Theme".

The festive season presented an opportunity for Hawthorn House to host its Annual Fair in the gardens of the House. It was a great community event.

Donations

We had many community groups and individuals donating money, fundraising and dropping off produce and materials for our art/craft/ Men's Shed. We thank the Albany community for its support.

We were delighted that Teresa Hughes and her wonderful, all women Lelebirds Ukulele Band, did a fundraiser at Orange Tractor Winery. This was the 5th consecutive year that the Lelebirds have done a fundraiser for Hawthorn House.

The Lelebirds sing luscious harmonies with a rocking rhythm section, the group has feature soloists on lead Ukulele, keyboards and vocals. Their repertoire includes original compositions, as well as covers of well-known songs from blues to rock and everything in between.

Thank you to the Albany Men's Shed, Amity Village Social Club, Celia Magnus (who cooks jam all year to sell at Markets), Mollie Smith, and to all the community participants for their support of Hawthorn House, throughout the year.

“

We call Hawthorn House
our happy place

”



Member Feedback

Feedback from our Noongar Yarning Group- by Annie Eades Noongar Elder:

"We call Hawthorn House our 'Happy Place' we always feel love and respected, even though there aren't a lot of us know, we still love to come."

Feedback from two of our clients as the bus drove into Hawthorn House:

"Argh! Here we are Home Sweet Home. How lucky we are to have Hawthorn House as our second home. We are so lucky when you think some people don't even have one home. You couldn't ask for a nicer place to come. When you think about all the things going on in the world, how lucky those people would be to come to Hawthorn House."

Feedback from a lady in the Hawthorn House Club:

"I haven't had my nails filed and painted for years. I'm so spoilt - I haven't had a hand massage at all in my life. It just feels good to have human touch/contact, as you don't get that much when you are old and on your own. I feel so spoilt I can't thank you enough."

"My stay at Hawthorn House was just perfect. It was so welcomed and I felt like I belonged to a family. I was loved and cared for. I haven't felt so good in a long time."

"The day centre I go to in Perth is nothing like this. Hawthorn House is just beautiful and I have made some beautiful friends. I feel safe and secure here and I love it."

"I actually don't want to go home. I haven't felt any stress here."

Sharmaine Dunstan



Home Care Packages

Home care packages are a government subsidy designed to support clients over 65 years of age in their own home. There are four levels of home care packages available. Levels three and four are often referred to as high level packages and are the most common for people living with dementia. After successfully becoming a home care package service provider in early 2019, Alzheimer's WA has continued to sustainably grow this service.

National Disability Insurance Services

We support people living with younger onset dementia under 65 years who are funded through the National Disability Insurance Services (NDIS), by providing tailored services to help them through their journey with dementia and work toward their goals to meet their objectives. Our team comprise of Support Coordinators, Service Coordinators, Occupational Therapist and the NDIS Manager.

Our service coordinators support the participants to engage in recreational activities of their choice, connect with friends or family and participate in social groups. We support the participants with daily personal activities at home and support them to increase their independence and live a quality life. Our support coordinators support the participants to connect to other supports and help the participants to build capacity and capability to understand their plan and navigate the NDIS and make their own decisions. Our occupational therapist supports our participants by completing assessment and therapy programs to help the participants become more independent with self-care at home and independently accessing the community.

Allied Health

Alzheimer's WA occupational therapy services are delivered by qualified health professionals who specialise in enabling people with dementia to continue

participating in everyday life, and to retain their existing abilities for as long as possible.

Everyday tasks involve a surprisingly high number of steps. For a person with dementia, it may only be one step that is causing an issue and preventing them from completing a task.

Alzheimer's WA occupational therapists observe the person completing each step of the task, identifies which areas are causing difficulty and provides simple and practical strategies for how to overcome each issue. Our occupational therapists complete home assessments of a client's cognition, function and home environment to determine their strengths and impairments in completing everyday tasks. They also assist with implementing assistive technology, which aids in maintaining independence and safety.

Often, a small and inexpensive change will help clients to remain in their own home, independently and safely, for as long as possible.

We understand dementia and our courses are designed to help others understand dementia too.



Education and Consultancy

Family and friends course

Our one-day Family and Friends course is designed for people who know, or are caring for, a person living with dementia.

It provides families and friends an understanding of dementia, insights into what happens to a person when they develop dementia and skills to communicate with and support a person living with dementia.

This year 345 participants attended 23 of the family and friends courses.

We will continue to provide support services to families, friends and carers of those living with dementia, to ensure everyone is cared for and treated with understanding and respect.

Dementia Change Champions

The Dementia Change Champion capacity building program offers staff in various organisations the opportunity to gain knowledge, skills, information and materials to support the development of a person-centred approach to dementia support and care.

We currently offer two streams, community and acute:

Dementia Change Champion Community Program

Champions enrolled into the community program enhance their knowledge and understanding of dementia by completing either our Certificate IV Leadership and Innovation in Dementia Services or the Dementia Support – Service Delivery Skill Set (Release 1).

The program has been growing steadily over the past year with four new intakes (including one regional intake delivered in Bunbury). We now have more than 90 active champions in a variety of community based organisations who are leading the way in best practice dementia care and support.

“

We will continue to provide support services to families, friends and carers of those living with dementia

”

Dementia Change Champion Acute Program

This program is tailored for health professionals working in an acute care setting. It provides education and reflective practice opportunities to enable individuals to become a resource in their organisation, supporting knowledge transfer, skill development and enhancing best practice.

Hospital-based champions are provided a vast range of skills to use in their setting, including:

- » Initiating volunteer programs;
- » Undertaking environmental audits and changed environments to become enabling, rather than disabling;
- » Introducing screening for dementia and delirium on admission;
- » Introducing dementia and delirium pathways;
- » Implementing cognitive identifiers;
- » Providing education;
- » Introducing dementia-specific pain assessments;
- » Introducing personal profiles;
- » Implementing and attending.

Traditionally this program was delivered face-to-face; however, with the global pandemic, we had to pivot towards an online mode of delivery. More recently the team has been developing content to go onto our new learning management system.

We are excited about the opportunities this brings as it means time and location will no longer be barriers to accessing this incredible program.

Key Achievements

The Dementia Symposium 2021

At the end of 2021, we held our seventh annual Dementia Symposium, at Perth Convention Centre. The event aimed to challenge and enrich people working in the health care industry with practical skills and to reinvigorate their own practice.

It presented an opportunity for leaders in the dementia community and health care workers to present the latest learnings on dementia care.

The theme of the Symposium was Demanding action. What's next? Revolutionising the future of dementia care.

The one day event provided people working in the health and aged care industry with practical skills to implement in their respective fields.

The speakers at the Symposium were:

- » Professor Ralph Martins;
- » Noel Collins;
- » Professor Yogi Vidyattama;
- » Professor John Mamo;
- » Colin Pudsey;
- » Professor Warren Harding;
- » Professor Bronwyn Myers.



Adapting Your Home Book

In 2022 Alzheimer's WA released the Adapting Your Home book, an excellent resource that provides guidance for people living with dementia on adjusting their home design and layout to best promote independent living and create enabling environments.

The 176-page A5 book provides information on how Alzheimer's WA can assist those living with dementia to age in place and with dignity in the communities they choose to live.

The book is available for \$25, purchased online at www.alzheimerswa.org.au or by contacting Alzheimer's WA on 1300 66 77 88.



Dementia Change Champion

Winner Danielle Criddle with CEO Eila Dachs

To recognise the commitment of all champions, we acknowledge and celebrate them at our annual Dementia Symposium. The award for the Dementia Change Champion of the Year was presented to Danielle Criddle by Alzheimer's WA CEO, Eila Dachs at the 2021 Symposium at the Perth Convention and Exhibition Centre.

Dementia Enabling Environments



Transforming dementia environments in residential aged care is a priority for Alzheimer's WA.

Our Dementia Enabling Environment Virtual Information Centre continues to provide practical tips, guides and resources to help make the places where we live more dementia enabling to both a national and international audience.

Supported by WA Country Health Service, we facilitated fifteen complimentary workshops addressing dementia-enabling design in residential aged care.

The goal is to empower staff to identify ways to enhance the indoor and outdoor environment to support quality of life, independence and joy for people living with dementia.

The workshops cover:

- » How dementia and the environment interact;
- » Understanding and applying the ten dementia enabling design principles;
- » Basic design considerations such as wayfinding, colour and lighting;
- » Identify environmental audit tools and assessments.

We are also a proud signatory of the Dignity Manifesto of Design for People Living with Dementia. This manifesto has been developed by leading experts in dementia enabling design with the goal of providing an internationally agreed consensus on the values and principles that guide the design of enabling environments for people living with dementia.

We look forward to continuing to promote dementia enabling environments to health care professionals throughout the state for years to come.

Building Better Dementia Responses in Indigenous Communities

Studies show that Aboriginal people are more likely to experience dementia than their non-Indigenous counterparts and are also likely to be impacted at a younger age.

We're very proud to have received the 'building better dementia responses in Indigenous communities' grant to implement a two-year expansion project.

The aim of the project is to build the capacity of local health care service providers and organisations to respond to the needs of Aboriginal people living with dementia in remote communities.

The activities covered by the grant includes:

- » Multiple visits to participating communities;
- » Analysing local health workforce knowledge, skills and confidence;
- » Building health and aged care pathways within participating communities;
- » Utilising a 'train-the-trainer' approach and change management model to build capacity of local organisations;
- » Developing culturally appropriate resources.

The project expansion achieved the grant activities by exploring two key questions through extensive community engagement and consultation across four regions and multiple remote Aboriginal communities in WA. They are:

- » If we are to build a better dementia response, what are we building on?
- » What does a better dementia response look like, and how can we leverage what already exists to have a collective impact across the state?

When designing the philosophy and intent of the project we examined the success and failures of other initiatives and strategies



focussed towards First Nations People.

Progress toward the 'Closing the Gap' targets has been limited over the past decade. The most recent 2020 report demonstrated that only two of the seven targets are on track.

Critical and political commentary have outlined the failures to include and consult Aboriginal people in policy design as well as the danger of adopting a 'deficit mindset'.

As a result, we chose to operate this project from the principles of Asset Based Community Development (ABCD). This philosophy prioritises community-led collaboration and sustainable action.

A consultative narrative process took place across four regions of WA including numerous remote Aboriginal communities. There are common challenges across the regions impacting the strength of regional communities and their ability to support people to age positively. Communities told us that dementia and ageing



are significant issues in their communities however there is stigma, misconceptions and misunderstanding attached to dementia.

Communities told us that place-based initiatives driven by local people will be sustainable and effective. Aboriginal people communicated that positive ageing for them is remaining on Country with their family to receive the care and support they need. A better dementia response in Indigenous communities means recognising the existing strength of First Nations People. It means

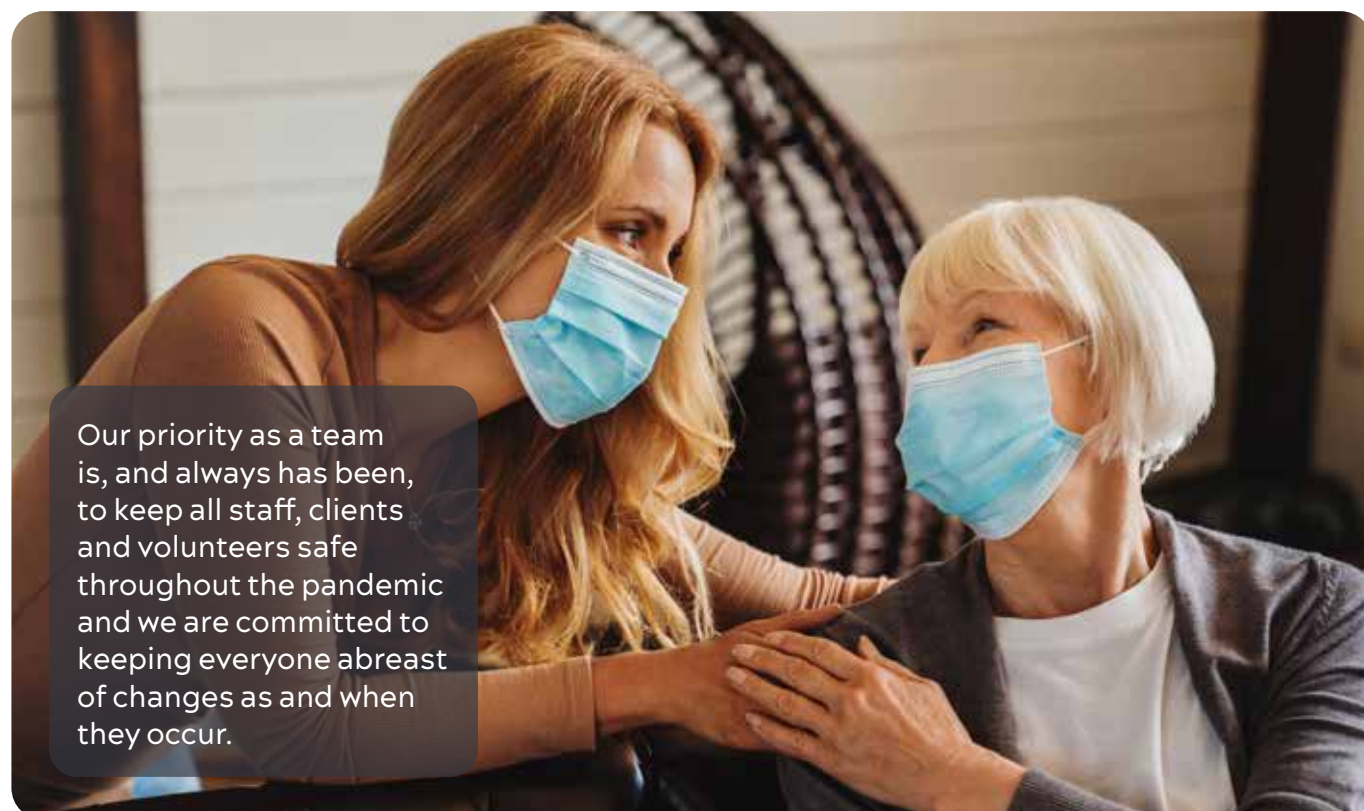
empowering Aboriginal people to take responsibility. It means being the facilitator, not the driver, being led by the community, and not leading the community.

Recommendations will take a capacity building approach to upskill and promote employment for health care organisations and community members in relation to dementia awareness, diagnosis, care and support as well as providing respite support to carers and people living with dementia through intergenerational opportunities on-Country.

COVID Emergency Response Team

With an ever changing and evolving environment, our COVID Emergency Response Team (CERT) continuously reviewed our policies and procedures and provided comprehensive updates to all Alzheimer's WA staff via implementing

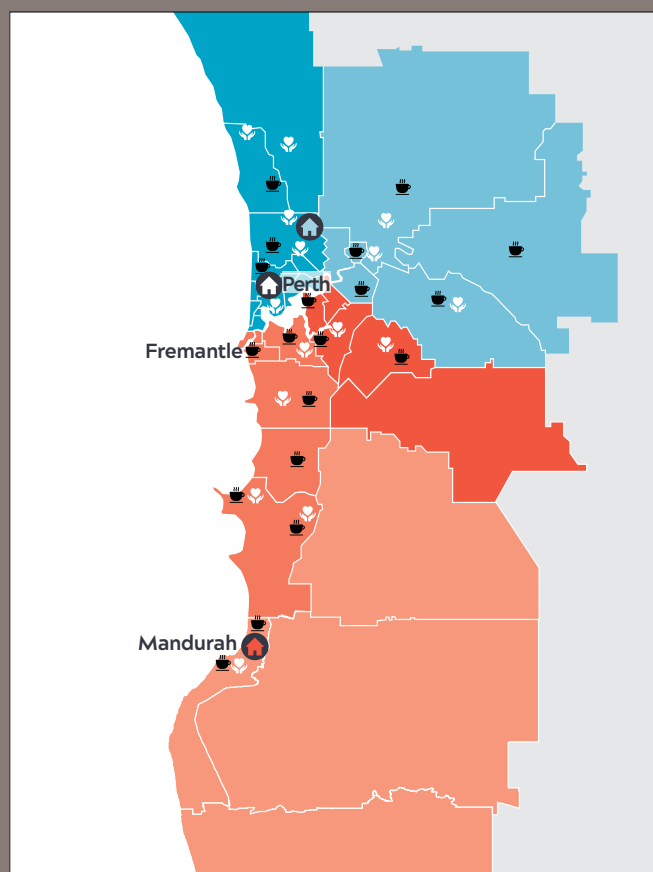
diligent protocols. Extensive research went into managing the pandemic and information disseminated, ensuring that it aligned with and complied with mandatory regulatory requirements.



Our Services and Support Locations

- » Adjusting to Change
- » Carer short breaks
- » Carer Support Groups
- » Commonwealth Home Support Program (CHSP)
- » Day Centres
- » Dementia Advisory Service
- » Dementia Change Champion Program
- » Educational workshops
- » Families and Friends Course
- » Friendship Clubs and Social Support Groups

- » Home Care Packages
- » Individual Services
- » Memory Cafés
- » Men's Shed
- » National Disability Insurance Services
- » Nursing Care
- » Short Stay Respite Services
- » Therapy and other Health Services
- » Volunteering Program



- WALKER HOUSE**
- MARY CHESTER HOUSE**
- ELLA'S HOUSE**
- MEMORY CAFÉ**
- CARER SUPPORT GROUP**



- HAWTHORN HOUSE**
- Albany
- Broomehill
- Cranbrook
- Denmark
- Gnowangerup
- Jerramungup
- Katanning





OUR PEOPLE

At Alzheimer's WA, we only recruit individuals who are committed to our vision, values and philosophy which leads to better outcomes for those living with dementia and their carers. Alzheimer's WA values its staff and provides competitive salaries, salary packaging, professional development opportunities, work-life balance, and recognises the contributions of our employees through rewards and appreciation programs. We strive to create a supportive and inclusive work environment where employees not only feel valued, but respected as well.

With a number of long serving staff members and dedicated volunteers, we would especially like to acknowledge the following service milestones achieved in the past year:

5 Years of Service

Christine Clare
Janet Huisman
Kamila Zadyberna
Patricia Johnson
Robert McDermott
Sara Bosman
Tina Boulos

10 Years of Service

Muriel Lyons
Pepita
Cumberland-Brown
Tracey Brook

15 Years of Service

Linda Taylor

20 Years of Service

Lorraine Benson
Pauline Marwick
Vera Forsythe

Staff Training

At Alzheimer's WA, we believe that investment in training is crucial for staff continue to have the right qualifications and knowledge to provide quality care. Last year we focussed on various training and development programmes such as mandatory skill development, managerial training, finance skills for non-financial staff and soft skill development. These training sessions were delivered online via our Learning Management System and in-person in collaboration with our Education and Consulting team and third-party providers.

Staff Engagement

Ensuring that our staff are engaged and supported is critical to our success in a competitive market. The team works closely with our community care and support service teams to provide opportunities for deeper engagement such as regular knowledge sharing, online training resources, open communication, performance reviews and feedback mechanisms, and facilitating opportunities for professional development. Social events and team-building are organised during the year to foster a collaborative work culture and strengthen relationships with our staff members. We also provide confidential resources and counselling to support Alzheimer's WA staff with their personal well-being.

People and Culture

Our People and Culture team managed and coordinated various aspects of our workforce including talent acquisition, compensation and benefits, reviewing the effectiveness of our policies and procedures, and promoting a positive, productive and harmonious workplace culture. The team takes the lead in fostering and nurturing a values based workplace culture, working closely with our leadership and management teams in embedding our values for our people and management practices. The People and Culture team played a critical role in ensuring that the organisation's workforce is happy, healthy and engaged in their work.



Our Volunteers

Alzheimer's WA would like to thank all of our volunteers who have selflessly contributed their time during the year.

Volunteers are critical to our being able to deliver on services to the community.

As part of National Volunteers Week we took the time to welcome and thank our volunteers for their hard work and dedication.

Whether they assist running our Memory Cafés, help out at our fundraising events, or provide support or maintenance at our care houses, our organisation would not be the same without them.

Many volunteers also have lived experience of a loved one with dementia which inspired them to assist others on the dementia journey.

Thank you to all our valued volunteers.



Shenton Park – Mary Chester House

Heather Mernick
Matthew Robertson
Terence Byrne

Mandurah – Ella's House

Ann Pirrie

Albany – Hawthorn House

Anita Jay	Maria Annese
Anne Bail	Maria Feld
Annette Mullan	Maureen Davies
Annie Sanders	Mike Taylor
Derek Collis	Molly Smith
Desmond Madden	Pippa Williams
Graham Leembruggen	Ruth Coffey
Graham Wilson	Scott Plunkett
Heather Nelson	Sharren Holt
Jan Perry	Tania Nelson
Jane Heath	Tearyn Badger
Janice Falconer	Terri Strong
Jenny Redman	Val George
Judy Wilson	Valerie Fitz-John
Kevin Mooney	Wendy Spinks

2021 Walk to Remember

Aileen Milford	John Herrity
Barb Pascoe	Lauren Lawrence
Brenda James	Linda Warlik
Cheryl Morgan	Paula Mclellon
Claire Smith	Philippa Foulkes
David Mclellon	Pia Bachl
Deanne Ketting	Robin Symonds
Debby Williams	Simon Millington
Jacinth watson	Susanne Slater
Jane Gilbert	Tammy Healy
Jennie Tana	Tania Stanicich
Jennifer Sanders	Toni Hill
Jo Semini	Vicki Lummer

Memory Café

Loris Harding
Diah Ozolin

Hawthorn House

Maria



Maria started volunteering at Hawthorn House just over 12 months ago.

Maria had been a carer in Perth for over 20 years. Maria was moving to Albany to be closer to her daughter and a dementia lecturer she met told Maria that she would be a perfect fit for Hawthorn House in Albany.

Maria had been in Albany for about six months and enquired about work at Hawthorn House but there were no vacancies at the time. She worked at other places around Albany, but didn't enjoy it as much as she'd hoped.

Then she saw an advert calling for volunteers at Hawthorn House. Maria came on board and has been volunteering in the club and kitchen three days per week ever since.

When asked why she continues to volunteer her time week after week, Maria says, "The atmosphere here is beautiful. I love the clients and the girls in the club are just beautiful. You know when you just feel something is right."

Maria is a valued member of Hawthorn House and we are thankful she has chosen us.

Val



Val has been a volunteer at Hawthorn House for just short of 20 years.

When Val first started volunteering, she was based at the old Hawthorn House on Seymour Street. Hawthorn House's manager Lorraine fondly remembers Val volunteering alongside her own mother Lyn, who has since passed away.

Val has always volunteered in the kitchen, with Lorraine calling Val and her Tuesday team the 'catering queens'.

Val volunteers one day per week and steps in for all of Hawthorn House's many special events.

When asked why she does it, week after week, Val says, "I love it. It's terrible if I can't come".

She jokes to Lorraine about not having a sick day in 20 years, and Lorraine backs this up completely.

"It's just so happy here, everyone's great and get along well together" "I don't think Hawthorn House could be made any better".

It's difficult to express how fortunate Hawthorn House is to have Val as part of their family.

Heather



Heather has been a volunteer at Hawthorn House for almost

22 years and was one of our first ever volunteers. Heather and her husband Jim were retired farmers from Needilup when they moved to Albany.

Heather was invited along to Hawthorn House by a friend from Needilup who was working there at the time.

Sadly, Heather's husband became ill with a dementia-related illness. She recounts a time that she was so grateful for Hawthorn House and the services they offered.

"Honestly, I don't know what I would have done without them."

Heather and House Manager Lorraine talk fondly of Jim's involvement at the club and the friends he made.

"They had some good fun some of those blokes. I loved them," said Heather.

Jim passed some years ago but Heather remains a loyal and much valued volunteer and member of the Tuesday 'catering queens'.

We are so grateful to have Heather as part of our Hawthorn House family.

Wendy



Wendy has been a volunteer at Hawthorn House for 14 years and is also

a treasured member of the Tuesday 'catering queens' as they're known.

Wendy used to volunteer doing bus trips – taking clients out every week to explore the community. After doing this for a few years she linked in with Val and Heather in the kitchen.

"The three of us just click and seem to know what the others want or need. We just seem to read each other. It's great."

Wendy looked after her mother, who had dementia, for a long time. When friends ask why she continues to volunteer and work alongside people with dementia Wendy tells them, "It makes you feel good to give back because you know what they're going through."

"You have no idea of the fun we have and the beautiful people that are here that embrace us."

It's people like Wendy who are making a difference in other people's lives every week. We are so thankful she chooses to be part of our Hawthorn House family.

Ella's House

Ann

Ann has been volunteering at Ella's House for almost four years.

She comes in bright and early every Thursday and cooks some amazing meals for our clients every week. All clients (and staff who are lucky enough to taste the food) comment how flavoursome her food is, especially her sticky date puddings and butterscotch sauce!

She volunteers at Mandurah Performing Arts Centre as well as Ella's House.

Ann loves to spend time in her garden and is often up and ready for the day at 5.30am weeding and pruning!



Alzheimer's WA Advocates

Dementia Advocates are people with lived experience (people living with dementia, carers or family members) who have a unique knowledge and skills set that can only be learned through first person experience.

We have 27 advocates who generously contribute to the organisation without compensation in a number of ways, such as speaking at forums, educational sessions and public events.

Every year at least one advocate will present at our Dementia Symposium. They are also involved in reviewing and voting for the Dementia Change Champion of the Year Award.

Advocates are currently involved in a book project which is still in development.



Chung Wah Association

Our Voice in the Community

Partnering with our communities to build greater awareness and capacity.





\$60,000 RAISED

Thank you Kristie!



Visit alzheimerswa.org.au to find out more

alzheimer's wa
the dementia care experts

REGISTER TODAY!

WALK TO REMEMBER

Sunday 21 November 2021
Government House, Perth

Registration starts at 8:30 am



For further information and to sign up today, please visit www.walktoremember.com.au

SHARE the LOVE

PERTH: 21 November, 8:30am

Government House

Albany: 7 November, from 7:00am

Albany Surf Club



Like & Share!

alzheimer's wa
WALK TO REMEMBER

YOU

can

make a

difference

to those living with dementia

**DONATE TO OUR TAX APPEAL
BEFORE JUNE 30 2022**
alzheimerswa.org.au

alzheimer's wa
the dementia care experts

Dementia Friendly Communities: Memory Cafés



There are approximately 46,000 Western Australians living with dementia

We continue to create dementia-friendly communities. One of the key pillars is our Memory Cafés.

Memory Cafés are a traditional café in the community. Our South Perth Memory Café morning tea is for people living with dementia and their carers. Alzheimer's WA also partners with Forget Me Not and Younger Onset Dementia community support groups to host morning teas in local cafés across Perth and WA. Memory Cafés are an informal and social occasion where people can feel welcome, remain socially active and make new friends. This program aims to reduce stigma and promote social engagement. The cafés promote dementia friendly communities that enable people living with dementia to live more independently in their own homes.

Our most recent Memory Café opened in Bunbury at a launch attended by Minister for Disability Services; Fisheries; Seniors and Ageing; and Small Business and Member for Bunbury, the Honourable Don Punch MLA.



Community Fundraising

Walk to Remember

The Walk to Remember was our biggest walk yet, held at two locations, Government House in Perth and the Albany Surf Club.

More than 550 family, friends, carers and pets came together in Perth to walk the one, three or five kilometres from Government House down to Riverside Drive and back again, all to make a difference to the lives of people living with dementia.

The WA Governor Kim Beazley, who is Patron of Alzheimer's WA, welcomed walkers and cut the ribbon to start the proceedings.

The walk raised almost \$65,000 for Western Australians living with dementia, with a variety of teams and individuals walking and raising money.



550+

Family, friends, carers and
pets came together

Almost
\$65,000
raised





Heartfelt comments from Walk to Remember donors and fundraisers



“

Dad, I just hope we are making you proud and you are watching over us while we do this walk for you. We love you so much xxxxx

You are all amazing your dad would be very impressed with your efforts. Go Teamdad

Doing this for you Dad. There is not a single day that goes go by that we don't miss you! We hope you'll be watching over us on Sunday. Love you so much

Lots of love to those who have been affected by this horrible condition

We hope a cure is found soon for this horrible disease. We are here for you and your family on this journey xx

Great cause good to see that you are doing this again

Good luck, Mama. Nanny would be proud of you

For a worthwhile cause and a very special and loved man

Well done Stacey and co. Such a worthy cause very close to my heart. Xxx

In memory of Neil, a great brother in law and fantastic uncle!

”

Alzheimer's WA Supports Safe & Found

This year we recognised the one year anniversary of the Safe & Found programme.

Safe & Found WA is an initiative introduced by Western Australia Police Force and Australia Medic Alert Foundation and supported by Alzheimer's WA.

Safe & Found supports people living with dementia, autism or a cognitive impairment who might be at risk of becoming lost or reported as missing. This program ensures Police have immediate access to critical information to assist when undertaking search operations.

A detailed profile outlining the individual's personal history and characteristics is completed ahead of time and kept securely, along with a recent photo, on the Safe & Found database for Police to access immediately if they go missing.

A Safe & Found ID bracelet is included to protect people when they are out in public. The bracelet is engraved with the details needed to return them to safety if they appear lost or disoriented.

The initiative has been very successful with a number of people being successfully found as a result. We are proud to support this important program.



A photograph of a middle-aged couple standing outdoors. The woman on the left has light brown hair tied back and is wearing a light pink t-shirt. The man on the right has grey hair, wears glasses, and a blue and white plaid button-down shirt. They are both smiling at the camera. The background consists of lush green trees and a wooden fence.

PHILANTHROPY

We would like to acknowledge all those who have generously supported Alzheimer's WA during 2021/22. This includes bequests, sponsorships and community fundraisers.

Fundraising Heroes

A 24 hour run raises \$60,000

Kristie Bower

In March, the inspirational Kristie Bower, ran the 128km Margaret River Cape to Cape track in under 24 hours to raise funds for Alzheimer's WA

The run was in honour of her late father, Ian 'Ross' Banfield, who with the support of Alzheimer's WA, bravely battled dementia for ten years.

Kristie's aim was a target of \$128,000 which was \$1,000 for every kilometre of her run. Kristie was raising money for three dementia-related beneficiaries. She raised an extraordinary \$140,000, with Alzheimer's WA having the honour of receiving a share of \$60,000.

Kristie works for Cape to Cape Explorer Tours in Margaret River, and while guiding people along the track had the idea of running the whole 128kms from lighthouse to lighthouse to raise money to try and fight these diseases.

Sadly, in August 2021, Kristie's Dad passed away aged 75, after fighting long and hard against the disease. "I am so grateful for the last ten years however watching the ones you love, both Dad and Mum, endure this roller coaster was incredibly hard," said Kristie.

"Unfortunately, I know that ours is not a unique story. More and more people are being diagnosed with Dementia and Alzheimer's disease each year and I want to be able to do something to try and help stop it!"

After completing the run, Kristie, who is based in Margaret River, made the trip to

Perth to meet the Alzheimer's WA team. We were so proud to be able to formally recognise her efforts with a certificate of appreciation, along with a short video showcasing her amazing run.

Alzheimer's WA would once again like to express our sincere thanks for everything Kristie has done.



“

More and more people are being diagnosed with Dementia and Alzheimer's disease each year and I want to be able to do something to try and help stop it!

”

Minister's Bibbulmun Challenge for Alzheimer's WA

Hon Dr Tony Buti MLA

Raising nearly \$25,000, Minister Buti completed the 1,000km Bibbulmun Track in 18 days in July 2022

The Honourable Dr Tony Buti MLA, the then Minister for Finance, said his journey and the choice of Alzheimer's WA as the beneficiary had added importance given his mother-in-law lives with dementia.

"I've experienced first-hand with my mother in law Joyce, the state of uncertainty as her cognition and memory began to slip eventually leading to a diagnosis of Alzheimer's disease," said Minister Buti.

"Alzheimer's WA does incredible work to support people living with all types of dementia and I want to support them."

Following his courageous completion, Minister Buti visited Alzheimer's WA Hawthorn in Albany, meeting CEO Ella Dachs and Chair Warren Harding.

Professor Warren Harding said, "Minister Buti was inspired by what he can do to make a difference to his mother-in-law's dementia journey and it will assist us in extending our respite care, day trips and bus groups, homecare services and Memory Cafés."



“

Alzheimer's WA does incredible work to support people living with all types of dementia and I want to support them.

”

Lockwood Foundation



Lockwood Foundation continues its generosity in WA

Richard and Lesley Lockwood and the Lockwood Foundation have once again donated the sum of \$20,000. CEO Ella Dachs and Chair of the Board, Warren Harding, met with the Lockwood Foundation to express their gratitude for the donation and to present Alzheimer's WA vision. Alzheimer's WA understands the values of the Lockwood Foundation, and will apply the funding to WA's regional communities.



Numero® Competition

Carey Baptist College winners of the AFG Interschool 2021 Numero® Final

Congratulations to Carey Baptist College, this year's winners of the AFG Interschool 2021 Numero® Final.

Alzheimer's WA would like to extend a special thank you to Ms Julie Richards, Director, IETPL, the Principal of Sutherland Dianella Primary School, Ms Jen Allsop as well as all the boys and girls who participated so enthusiastically with such great team spirit. Many thanks also to the volunteers and officials for organising. This was an incredibly successful event, and our appreciation goes to Numero®, proud supporters of Alzheimer's WA over a period of many years.

Numero® has become a staple mathematics tool in hundreds of schools throughout WA. Numero® was created by the late Rev. Frank Drysdale, who, with his late wife Joan Drysdale, bequeathed the mental maths resource to Alzheimer's WA. Proving very popular, the gift of its copyright to Alzheimer's WA has raised thousands of dollars.

Christmas Lights

Liz and Peter Brown

We acknowledge and thank Liz and Peter Brown from Kennack Vista in Atwell for making Alzheimer's WA the recipient of funds raised by her Christmas lights display this year.

Liz and Peter have been decorating their home with Christmas lights for over 20 years and their display has grown from one strand of lights to a multi-coloured display which includes a walkway under enchanted trees, inflatables and automated lights synchronised to Christmas music.



Helping Us Help

Those living with dementia will never stand alone because of the vision and generosity of those who make donations.

Every donation, big or small, goes a long way, ensuring that we can always be here to support people living with dementia. With your help and generosity, Alzheimer's WA can provide the best care and support for people living with dementia in Western Australia.



Use the QR code to donate today.

Our Major Sponsors, Funders, Donors, Supporters and Contributors



Australian Government
Department of Health and Aged Care



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Government of **Western Australia**
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WA Country Health Service

Armada Accountants
& Advisors

Barbara Goldflam

Dr Bruce Mullan

Carers WA

Chris Lawson

Helen Bunning

IGA Winthrop

Kristie Bower

Liz and Peter Brown

Lockwood Foundation

Mandurah Cruises

Mind the Change Inc

Minister Tony Buti, MLA

Nick De Felice

Numero®

Perth Modern School

P D New

PM & RT Sarich

Red Dress Choir

Robert Minear

The Last Great Hunt

Theatre Company

Toyota Material
Handling

Uniting Church of
Australia

Van Hoa Le

Volunteering WA

Yakamia Primary School

Memory Cafés

City of South Perth

Forget-Me-Not

Young Onset Dementia
community support
group

The Globe Café,
South Perth

All the participating
local cafés.

Walk to Remember

Avivo

BG&E Resources

Derry Girls

Dewhurst

Ear Science Institute
Australia

Halapino

Jenni Rosenberg

Matt Budge

Subiaco Square
business community

Team Dad

The Rotary Clubs

Walking with Frank

Wallinger's Walking for
Cliff 2021

WA Police

Thank you to all
participants, volunteers,
fundraisers and donors.

Directors' Report

FOR THE YEAR ENDED 30 JUNE 2022

Governance

The Board of Directors are responsible for the governance of Alzheimer's WA, while the CEO leads the strategic management and oversees the operational management of the organisation. The Board, led by Prof Warren Harding, defines the outcomes and direction of Alzheimer's WA and formally delegates the delivery to the CEO.

Under the constitution, the Board is expected to:

- » approve Alzheimer's WA's strategic direction;
- » establish appropriate governance structures;
- » approve annual business plan;
- » ensure significant risks are managed and identified.

Your Directors present this report to the members of Alzheimer's Australia WA Ltd for the year ended 30 June 2022.

Directors	Date Appointed	Board	
		A	B
Prof Warren Harding	Jan 2019	7	7
Dr Sean Maher	Sep 2010	7	7
Mr Matt Budge	Nov 2018	6	7
Ms Majo Merriam	Jul 2020	7	7
Mrs Gemma McGrath	Jan 2022	7	7
Ms Susan Downes	Jan 2022	5	7
Mr Leo Tsaknis	July 2020	2	7
Mr Arnold Stroobach	Nov 2012	2	7
Mrs Ella Dachs	Oct 2019	6	7

A Number of meetings attended

B Number of meetings held during the time the Director held office during the year (including AGM)

Details of Directors' qualifications, experience and special responsibilities are contained in the table overleaf.

Directors	Qualifications	Experience	Special Responsibilities
Professor Warren Harding	Bachelor of Science (1st Hons) Grad Dip. Media Brit Council Scholar (LSE)	Over 30 years of international consulting experience as Managing Partner across health, life sciences, public and private boards. Minister for Health nominee on the Sustainable Health Review. State appointed current board member of the WA Disability Services Commission. Appointed to the Commonwealth Department of Health National Dementia Reference Group. Member of Electricity Review Board.	Chairman. Nominations Committee. Marketing and Branding Committee. Head, Research and Partnerships.
Dr Sean Maher	Bachelor of Medicine Bachelor of Surgery Fellow of the Royal Australasian College of Physicians	Head of Dept of Rehabilitation and Aged Care at Sir Charles Gairdner.	Medical Director Nominations Committee. Research Committee.
Mr Matt Budge	Bachelor of Commerce Masters of Taxation Member of the Institute of Chartered Accountants in Australia and New Zealand	Broad range of business, tax and finance experience in diverse industries in Perth, Melbourne and Sydney.	Finance Director. Chair of Finance and Risk. Management Committee. Strategy and Governance Committee.
Mrs Majo Merriam	Bachelor of Arts Masters of Social Work	Extensive knowledge in aged care, dementia and community services. Accredited assessor and delegate to the Aged Care Assessment Team at Sir Charles Gardiner Hospital.	Director
Mrs Gemma McGrath	Bachelor of Laws (LLB) (Hons) Masters of Law (LLM)	Extensive knowledge as a lawyer working with NFP organisations and across the aged care and disability sectors. Her experience of running law a firm gives her a range of corporate governance and risk management skills and a thorough understanding of the need for high standards of client care and safety.	Director

Directors	Qualifications	Experience	Special Responsibilities
Ms Susan Downes	Bachelor of Science (Environmental Management)	Susan is a Dementia Advocate with Alzheimer's WA (AWA) and has presented her dementia journey to aged care students, education and training workshops, local government employees and UWA medical students.	Director
Mr Leo Tsaknis	Bachelor of Arts Bachelor of Laws Master of Laws	Experience in government, academia and private practice. Policy advice and Legal adviser in the Federal Attorney-General's Department, Member of governmental committees, Counsel High Court of Australia, Supreme Court, Federal Court of Australia, administrative tribunals, disciplinary and investigative bodies. Member of Fisheries Objections Tribunal.	Director
Mr Arnold Stroobach	Master in Business Administration Masters in Medical Informatics	Management experience in technology, innovation and commercialisation.	Director Property. Redevelopment Committee.
Mrs Ella Dachs	Bachelor of Business (Org Psychology / Human Resource Management) Post Grad Dip. Marketing	International experience in organisation and human capital strategy consulting specialising in change and business transformation across multiple industries and sectors.	Director. Chief Executive Officer. Marketing and Branding Committee.

New Appointments

Ms Susan Downes appointed as Director in December 2021.

Mrs Gemma McGrath appointed as Director in December 2021.

Resignations

Mr Arnold Stroobach retired from the Board in November 2021.

Mr Leo Tsaknis resigned from the Board in August 2021.

Finance Audit and Risk Committee

The purpose of the Finance Audit and Risk Committee is to provide ongoing support, advice and recommendations to Alzheimer's WA. The committee advises on finance risk, management issues, mitigation strategies and monitoring organisation activities. Committee members include Warren Harding, Matt Budge, Ella Dachs and Nigel Holmes.

Principal Activities

The company's principal activities during the year were;

- » To provide representation and support while advancing the interest of individuals living with dementia and their carers at a personal, community and political level.

There were no significant changes in the nature of the company's activities during the year.

Operating Result and Review of Operations

The operating result for the year was a surplus of **\$3,242,707 (2021: Surplus \$1,389,393)**.

The company is exempt from income tax

Dividends

The company's constitution precludes the payment of dividends.

Changes in State of Affairs

COVID-19 pandemic restrictions impacted the financial year 2021-22. During the restriction periods Alzheimer's Australia WA Ltd suspended group related services and activities.

After Balance Date Events

There has not arisen in the interval between the end of the financial year and the date of the report any item, transaction or event of a material and unusual nature that in the opinion of the directors is likely to substantially affect the operations of the company, the results of those operations, or the company's state of affairs in future financial years.

Future Developments

The company will continue to carry on the principal activities noted above. There are no likely developments in the activities in future years, which will affect the results and therefore require disclosure.

Auditor's Independence

A copy of the Auditor's Independence Declaration as required under s.60-40 of the *Australian Charities and Not for Profits Commission Act 2012* is included on page 55 of this financial report and forms part of the Directors' Report for the year ended 30 June 2022.

Indemnification and Insurance of Officers and Auditors

Since the end of the previous financial year, the company has paid insurance premiums in respect of directors' and officers' liability and legal expenses' insurance contracts for current and former directors and officers, including senior executives of the company. The insurance premiums relate to:

- » Costs and expenses incurred by the relevant officers in defending proceedings whether civil or criminal and whatever the outcome

- » Other liabilities that may arise from their position, with the exception of conduct involving wilful breach of duty or improper use of information or position to gain a personal advantage.

The company has not otherwise indemnified or agreed to indemnify an officer or auditor of the company against a liability incurred as such an officer or auditor.

Signed in accordance with a resolution of the Directors.



DIRECTOR



DIRECTOR

PERTH

DATED 29TH DAY OF NOVEMBER 2022

Auditor's Independence Declaration

To the Directors of Alzheimer's WA Ltd

In accordance with Subdivision 60-C of the *Australian Charities and Not for profits Commission Act 2012*, I am pleased to provide the following declaration of independence to the directors of Alzheimer's Australia WA Ltd. As the lead audit partner for the audit of the financial report of Alzheimer's Australia WA Ltd for the year ended 30 June 2022, I declare that, to the best of my knowledge and belief, there have been no contraventions of:

- (i) the auditor independence requirements of the *Australian Charities and Not for Profits Commission Act 2012* in relation to the audit; and
- (ii) any applicable code of professional conduct in relation to the audit.



MACRI PARTNERS
CHARTERED ACCOUNTANTS
SUITE 2, 137, BURSWOOD ROAD
BURSWOOD WA 6100



A MACRI
PARTNER

PERTH

DATED THIS 29TH DAY OF NOVEMBER 2022

Independent Auditor's Report

To the Members of Alzheimer's WA Ltd

Report on the Concise Financial Report

The accompanying concise financial report of Alzheimer's Australia WA Ltd comprises the Statement of Financial Position as at 30 June 2022, the Statement of Comprehensive Income, Statement of Changes in Equity and Statement of Cash Flows for the year then ended and related notes, derived from the audited financial report of Alzheimer's Australia WA Ltd for the year ended 30 June 2022, as well as the discussion and analysis. The concise financial report does not contain all the disclosures required by Australian Accounting Standards.

Directors' Responsibility for the Concise Financial Report

The directors are responsible for the preparation and fair presentation of the concise financial report in accordance with Accounting Standard AASB 1039: Concise Financial Reports (including Australian Accounting Interpretations), statutory and other requirements. This responsibility includes establishing and maintaining internal controls relevant to the preparation of the concise financial report; selecting and applying appropriate accounting policies; and making accounting estimates that are reasonable in the circumstances.

Auditor's Responsibilities for the Audit of the Concise Financial Report

Our responsibility is to express an opinion on the concise financial report based on our audit procedures. We have conducted an independent audit, in accordance with Australian Auditing Standards, of the full financial report of **Alzheimer's Australia WA Ltd** for the year ended 30 June 2022. Our auditor's report on the financial report for the year was signed on 29 November 2022 and was unmodified. Australian Auditing Standards require that we comply with the relevant ethical requirements relating to audit engagements and plan and perform the audit to obtain reasonable assurance whether the financial report for the year is free from material misstatement.

Our procedures in respect of the concise financial report included testing that the information in the concise financial report is derived from, and is consistent with the financial report for the year, and examination on a test basis, of evidence supporting the amounts, discussion, and analysis, and other disclosures which were not directly derived from the financial report for the year. These procedures have been undertaken to form an opinion whether, in all material respects, the concise financial report complies with Accounting Standard AASB 1039: Concise Financial Reports and whether the discussion and analysis complies with the requirements laid down in AASB 1039.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our audit opinion.

Independence

In conducting our audit, we have complied with the independence requirements of the *Australian Charities and Not for Profits Commission Act 2012* and the Accounting Professional and Ethical Standards Board.

Auditor's Opinion

In our opinion, the concise financial report, including the discussion and analysis of **Alzheimer's Australia WA Ltd** for the year ended 30 June 2022 complies with Accounting Standard AASB 1039: Concise Financial Reports.

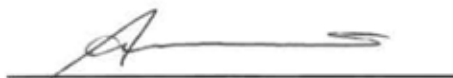
Emphasis of Matter in the Auditor's Report on the Financial Report for the Year

The following paragraph is copied from our report on the financial report for the year. The emphasis of matter in that report does not apply to our opinion on the Concise Financial Report for the reason stated above in our Auditor's Opinion.

We draw attention to the fact that cash donations and gifts are a source of revenue for **Alzheimer's Australia WA Ltd**. **Alzheimer's Australia WA Ltd** has determined that it is impracticable to establish control over cash donations and gifts prior to entry into its financial records. Accordingly, as the evidence available to us regarding revenue from this source was limited, our audit procedures with respect to cash donations and gifts have to be restricted to the amounts recorded in the financial records. Our opinion is unmodified in respect of this matter.



MACRI PARTNERS
CHARTERED ACCOUNTANTS
SUITE 2, 137, BURSWOOD ROAD
BURSWOOD WA 6100



A MACRI
PARTNER

PERTH

DATED THIS 29TH DAY OF NOVEMBER 2022

Discussion and Analysis of the Financial Statements

Information on the company's concise financial report for the year ended 30 June 2022

The financial statements and disclosures in the Concise Financial Report have been derived from the 2022 Financial Report of Alzheimer's Australia WA Ltd and is an extract from the full financial report. A copy of the full financial report and auditor's report will be sent to any member, free of charge, upon request.

The information about the concise financial report is provided to assist members in understanding this report and is based on the company's consolidated financial statements and has been derived from the full 2022 Financial Report of Alzheimer's Australia WA Ltd.

Statement of Comprehensive Income

The net surplus for the year was \$3,242,707 which has increased by \$1,853,314 from the prior year (2021: \$1,389,393).

Total income for the year was \$19,585,981 which has increased by \$6,044,059 from the prior year (2021: \$13,541,922).

Total expenses for the year were \$16,343,274 which has increased from the prior year (2021: \$12,152,529)

The higher net surplus for the year is primarily due to the increase in client delivery hours and forgiveness of a \$2,000,000 loan with the WA State Government.

Total other comprehensive income for the year of \$393,744 is attributed to a decrease in fair value of financial assets of \$630,409 (2021: \$363,222) and an increase in the value of land and buildings of \$1,024,153.

Statement of Financial Position

The total assets of the Company increased by \$3,077,119 to \$33,602,843 (2021: \$30,525,724). This increase is primarily attributable to in the fair value of land and buildings and financial assets.

Total liabilities of the Company decreased by \$559,332 to \$12,690,161 (2021: \$13,249,493) primarily as a result of the forgiveness of the WA state government loan, offset by an increase in trade and other payables.

Statement of Cash Flows

Cash generated from operating activities of \$2,958,654 has increased from the prior year (2021: \$2,478,281). This increase is primarily explained by higher cash inflows from fees and charges, offset by higher payments to suppliers and employees.

Cashflows from investing activities were a net outflow of \$2,315,639 (2021: \$154,209) mainly attributed to additional purchase of financial assets. Cashflows from financing activities were a net outflow of \$153,045 (2021: \$218,685).

In total there has been an increase in cash and cash equivalents for the year of \$489,970 (2021: \$2,413,805).

Statement of Changes in Equity

The total equity of the Company has increased by \$3,636,451 to \$20,912,682 from the prior year (2021: \$17,276,231) which is explained by the net surplus for the year and the movements in fair value of land and buildings and financial assets.

Statement of Profit or Loss and Other Comprehensive Income

For the year ended 30 June 2022

	2022 \$	2021 \$
Income	19,585,981	13,541,922
Employee benefits expense	(12,277,157)	(9,676,331)
Depreciation and amortisation expense	(337,391)	(362,478)
Finance costs	(24,965)	(24,810)
Other expenses	(3,703,761)	(2,088,910)
	(16,343,274)	(12,152,529)
Net surplus for the year	3,242,707	1,389,393
Other Comprehensive Income:		
Items that will be reclassified subsequently to profit or loss when specific conditions are met:		
Change in fair value of land, buildings	1,024,153	-
Change in fair value of financial assets	(630,409)	363,222
Total other comprehensive income for the year	393,744	363,222
Total comprehensive income for the year	3,636,451	1,752,615
Total comprehensive income attributable to members of the company	3,636,451	1,752,615

The accompanying notes form part of this financial report.

Statement of Financial Position

As at 30 June 2022

	2022	2021
	\$	\$
Assets		
Current Assets		
Cash and cash equivalents	13,899,420	13,409,450
Trade and other receivables	1,383,984	1,082,771
Inventories	3,194	3,194
Prepayments	209,936	295,570
Total Current Assets	15,496,534	14,790,985
Non Current Assets		
Financial Assets	4,242,630	2,809,800
Property, Plant and Equipment	13,472,492	12,375,495
Intangible Assets	6,989	7,009
Right of use Asset	384,198	542,435
Total Non Current Assets	18,106,309	15,734,739
TOTAL ASSETS	33,602,843	30,525,724

	2022	2021
	\$	\$
Liabilities		
Current Liabilities		
Trade and other payables	11,218,916	9,819,371
Borrowings	-	700,000
Lease liability	157,308	152,323
Provisions	700,186	614,614
Total Current Liabilities	12,076,410	11,286,308
Non Current Liabilities		
Borrowings	-	1,300,000
Lease liability	237,374	395,405
Provisions	376,377	267,780
Total Non Current Liabilities	613,751	1,963,185
TOTAL LIABILITIES	12,690,161	13,249,493
NET ASSETS	20,912,682	17,276,231
Members' Funds		
Revaluation Surplus	9,135,716	8,111,563
Financial Assets Reserve	33,093	663,502
Retained Earnings	11,743,873	8,501,166
TOTAL MEMBERS' FUNDS	20,912,682	17,276,231

The accompanying notes form part of this financial report.

Statement of Changes in Equity

For the year ended 30 June 2022

	Retained Earnings	Revaluation Surplus	Financial Assets Reserve	Total
	\$	\$	\$	\$
Balance at 1 July 2020	7,111,773	8,111,563	300,280	15,523,616
Net Surplus attributable to operating activities of the company	1,389,393	-	-	1,389,393
Other Comprehensive Income	-	-	363,222	363,222
Balance at 30 June 2021	8,501,166	8,111,563	663,502	17,276,231
Balance at 1 July 2021	8,501,166	8,111,563	663,502	17,276,231
Net Surplus attributable to operating activities of the company	3,242,707	-	-	3,242,707
Other Comprehensive Income	-	1,024,153	(630,409)	393,744
Balance at 30 June 2022	11,743,873	9,135,716	33,093	20,912,682

The accompanying notes form part of this financial report

Statement of Cash Flows

For the year ended 30 June 2022

	2022 \$	2021 \$
CASH FLOWS FROM OPERATING ACTIVITIES		
Receipts from:		
- Donations and gifts	1,214,878	334,941
- Government grants	8,596,618	9,099,470
- Interest received	89,068	5,424
- Dividends received	68,540	77,677
- Fees and Charges	10,222,335	5,765,086
- Other Receipts	9,658	131,115
GST Paid	(615,341)	(670,477)
Payments to suppliers and employees	(16,602,137)	(12,240,417)
Borrowing Costs	(24,965)	(24,538)
NET CASH FLOWS FROM OPERATING ACTIVITIES	2,958,654	2,478,281
CASH FLOWS FROM INVESTING ACTIVITIES		
Investments in term deposits	(3,040)	289,674
Purchases of intangible assets	(7,200)	-
Purchase of property, plant and equipment	(245,200)	(135,465)
Purchase of financial assets	(2,060,199)	-
NET CASH FLOWS USED IN INVESTING ACTIVITIES	(2,315,639)	154,209
CASH FLOWS FROM FINANCING ACTIVITIES		
Lease payments	(153,045)	(218,685)
NET CASH FLOWS USED IN FINANCING ACTIVITIES	(153,045)	(218,685)
Net increase/(decrease) in cash and cash equivalents	489,970	2,413,805
Cash and cash equivalents at the beginning of the financial year	13,409,450	10,995,645
CASH AND CASH EQUIVALENTS AT THE END OF THE FINANCIAL YEAR	13,899,420	13,409,450

The accompanying notes form part of this financial report.

Notes to the Concise Financial Statements

For the year ended 30 June 2022

Note 1: Basis of Preparation of the Concise Financial Report

The concise financial report is an extract of the full financial report for the year ended 30 June 2022. The concise financial report has been prepared in accordance with Australian Accounting Standard AASB 1039: Concise Financial Reports and Division 60 of the *Australian Charities and Not for Profits Commission Act 2012*.

The financial statements, specific disclosures and other information included in the concise financial report are derived from, and are consistent with, the full financial report of Alzheimer's Australia WA Ltd. The concise financial report cannot be expected to provide as detailed an understanding of the financial performance, financial position and financing and investing activities of Alzheimer's Australia WA Ltd as the full financial report. A copy of the full financial report and auditor's report will be sent to any member, free of charge upon request.

A Statement of Compliance with the International Financial Reporting Standards ('IFRS') as issued by the International Accounting Standards Board ('IASB') cannot be made due to the company applying Not-for-Profit specific requirements contained in the Australian Accounting Standards. The presentation currency used in this concise financial report is in Australian dollars.

Services provided during the year on a volunteer basis have not been recognised as expense or revenue in the financial statements.

	2022 \$	2021 \$
Note 2: Revenue, Other Income and Expenses		
(a) Revenue		
Rendering of services	9,266,077	6,046,404
Government grants	7,125,013	6,944,584
Donations and gifts	1,027,625	334,941
Sundry Income	9,658	131,115
	17,428,373	13,457,044
(b) Other income		
Investment income		
- Interest	89,068	7,201
- Dividends	68,540	77,677
- Loan forgiveness	2,000,000	-
	2,157,608	84,878
Total Income	19,585,981	13,541,922

	2022	2021
	\$	\$
(c) Expenses		
Finance costs	24,965	24,810
Depreciation	337,391	362,478
Consultancy fee	1,004,006	194,473
Loss on disposal of plant, property and equipment	-	5,915
(d) Auditors' remuneration		
External Audit	20,000	20,000
	20,000	20,000

Note 3: Segment Reporting

The company operates predominately in one business and geographical segment being provision of community services in Western Australia.

Note 4: Events After the Reporting Period

There are no matters or circumstances that have arisen since the end of the financial year that have significantly affected or may significantly affect the operations of the company, the results of those operations or the state of affairs of the company except for the information disclosed in the Directors' Report.

Directors' Declaration

The Directors of Alzheimer's Australia WA Ltd declare that the accompanying concise financial report of Alzheimer's Australia WA Ltd for the year ended 30 June 2022:

- a. complied with Accounting Standard AASB 1039: *Concise Financial Reports*; and
- b. is an extract from the full financial report for the year ended 30 June 2022 and has been derived from and is consistent with the full financial report of Alzheimer's Australia WA Ltd.

This declaration is made in accordance with a resolution of the Board of Directors.



DIRECTOR



DIRECTOR

PERTH

DATED 29TH DAY OF NOVEMBER 2022

A photograph of a woman and an elderly woman. The woman on the left is smiling and looking down at a gift box. The elderly woman on the right is also smiling and looking towards the camera. The gift box is wrapped in white paper with a red ribbon. The background is a plain, light-colored wall.

**We thank you for your
continued support.**

Alzheimer's WA would like to thank all the participants whose images have been included in this publication.



alzheimer's wa

the dementia care experts

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today**

Your donation provides vital support to all
Western Australians living with dementia.