



Young Dementia Network WA

Providing peer support for people living with young onset dementia, their care partners, and families.

About Us

The Network was established in 2017 by a core group of carers to facilitate:

- the sharing of information, resources, and our lived experiences
- support and help when the going gets tough
- social connection and meetups through events and other activities

Membership is free though strictly limited to people living with young onset dementia (diagnosed under the age of 65) and their primary care partner. No agency representatives, service providers or consultants. A key support worker may be considered in the case of a single person living with younger onset dementia.

Ways to Connect

Facebook Page

This is a private group (currently 90 members) and thereby not open to public viewing. All members are free to post tips, share useful information, workshops and events and make comments as appropriate. To request to join, click on the link and answer the questions.

<https://www.facebook.com/groups/130789124306677/>

Memory Café

We have established our own memory café

- Where: Lakeview Café
Waldeck's Garden Centre
173 Wanneroo Rd, Kingsley
- When: Last Friday of every month
- Time: 10.00am – 11.30am

Pay for own refreshments. Option to walk the Lake Goollelal Loop. Meet at 8.45am in the car park. Easy track, flat, 4 km circuit, allow 1 hour.

Social Activities and Events

We produce an annual calendar of social activities, usually one per month, and encourage members to participate. Occasionally we host special events in response to specific need for information or support.

Members are encouraged to form friendships with other members and organise catch ups, outings and getaways accordingly.

YOD Carer Support Group

We have established a peer support group for care partners, facilitated by an independent and highly experienced dementia educator.

- Where: Mt Pleasant Uniting Church
1 Coomoora Rd, Mt Pleasant
- When: Second Friday of every month
- Time: 10.00am – 12 noon
- Cost: \$2 for morning tea

Ample free parking on site

Contact

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