

Together we can ensure no-one faces dementia alone

At Alzheimer's WA, we understand dementia. Our services embrace individuality and help to minimise the impacts of dementia.

Every person's experience with dementia is different, but together we can ensure they don't face dementia alone.

Alzheimer's WA are **the** dementia experts. For information, support, or just to talk call Alzheimer's WA on **1300 66 77 88**.

Five Simple Tips to better connect with a person living with dementia

- 1 Talk to me**
Please talk to me, not just the person with me.
 - 2 Keep questions simple**
Providing information in smaller chunks will really help me.
 - 3 Body language**
Make eye contact, speak clearly with one idea at a time. Avoid jargon.
 - 4 Be patient and understanding**
Don't rush me, allow me time to speak.
 - 5 Distractions cause disruptions**
Less noise and fewer distractions will help me to focus.
- Please treat me with dignity and respect.

**Dementia Awareness Month
September 2020**



alzheimer's wa
the dementia experts

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