

## Locations

Carer support groups are available in metropolitan and regional areas.

Perth metropolitan locations:

- » Baldivis
- » Cockburn
- » Gosnells
- » Joondalup
- » Kalamunda
- » Karawara
- » Mandurah
- » Melville
- » Midland
- » Mt Claremont
- » South Fremantle
- » Spearwood
- » Tuart Hill
- » Wanneroo
- » Warwick

Regional locations:

- » Albany



**By your side on your  
dementia journey**






**alzheimer'swa**  
the dementia experts

### CONTACT US

PO Box 1509, Subiaco WA 6904  
support@alzheimerswa.org.au

**1300 66 77 88**

**alzheimerswa.org.au**

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-  [youtube.com/alzheimersauswa](https://youtube.com/alzheimersauswa)

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**Carer Support  
Groups**

Supporting you to care  
for someone living  
with dementia

**Call us today 1300 66 77 88**

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## About carer support groups

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Carer support groups bring together and support carers of people living with dementia in the community. The groups provide carers with an opportunity to discuss the impact of dementia on their lives and the lives of their loved ones, and to give and receive information and support. Each facilitated peer support group meets once a month for two hours.

### How can the service benefit me?

- » An opportunity to meet others in a similar situation
- » A forum for sharing ideas and tips about caring for someone with dementia
- » A source of social and emotional support
- » An opportunity to build and maintain your support network.

A small financial contribution is required.  
The program is delivered across various metropolitan and regional locations.

A separate carer support group for carers of people living with younger onset dementia (those diagnosed and under the age of 65) is also available.

### How do I access the service?

To find out more call **1300 66 77 88** or email **support@alzheimerswa.org.au**

