Assistive Technology can help support the independence of people living with dementia, reduce the risk of dangerous situations occurring and help maintain a sense of well-being.

**WHAT IS ASSISTIVE TECHNOLOGY?**

The term “Assistive Technology” refers to any device or system that allows an individual to perform a task that they would otherwise be unable to do, or increases the ease with which the task can be performed. *(Royal Commission on Long Term Care 1999).*

Assistive Technology ranges from very simple equipment, such as calendar clocks and touch lamps, to high tech solutions such as satellite positioning systems to help find someone who is lost.

**WHAT ARE THE BENEFITS?**

Assistive Technology can support an enabling environment by:

- Reducing the risk of accidents in and around the home.
- Supporting independence and choice for the person with dementia and those around them.
- Reducing premature entry into residential and hospital care.
- Reducing the stress for carers, improving their quality of life and that of the person with dementia.

**IS ASSISTIVE TECHNOLOGY RIGHT FOR YOU?**

With any form of support or care, there are a number of considerations to make when deciding whether a piece of Assistive Technology is suitable for you.

Ideally, the person with dementia is involved in the decision-making, and consents to use the technology.

It is vital that cost, accessibility, appropriateness and ease of use are considered.

The need for familiarity is important, so it is important change only the things that need changing.

PROMPTS & REMINDERS

1.00 Day/night orientation clocks
1.01 Orientation clocks
1.02 Calendars
1.03 Whiteboards
1.04 Orientation signs
1.05 Memory joggers
1.06 Loc8tor Item finder
1.07 Talking clocks and watches
1.08 Pill box alarms
1.09 Timers and reminders
1.10 Carousel automatic medication dispenser
1.11 Medication packs
1.12 Door mounted organisers
1.13 Whistle key finder
1.14 Ezy Dose Magnifying Tablet Cutter
1.15 MemRabel 2 Audio Visual Calendar Reminder Clock
1.16 Bluetooth Trackers

SENSORY & THERAPEUTIC INTERVENTION

2.00 Therapeutic Dolls & Pets Guidelines
2.01 Art, craft & jigsaws
2.02 Life like therapeutic baby dolls
2.03 Twiddle sport pup and cat
2.04 Robotic pets
2.05 Caleb’s baskets
2.06 Sensory cushion
2.07 Sensory cushion pattern
2.08 Activity apron
2.09 Creating an activity apron
2.10 Soft and comforting bear
2.11 “Smell & Connect”
2.12 Portable Light Box
COMMUNICATION 3

3.00  Talking photo album
3.01  CommunicAid Kit
3.02  Music
3.03  User friendly apps
3.04  Internet sites to Challenge the brain

SAFETY 4

4.00  Adjustable Tempered Valves
4.01  Tunstall Flood Detector
4.02  Identification devices
4.03  Car battery immobilizer
4.04  GPS and monitoring devices
4.05  MagiPlug
4.06  Cabinet lock
4.07  Door alert
4.08  Sensor lights
4.09  Stop sign banner
4.10  Wireless door monitor
4.11  Portable bed or door sensor
4.12  Wireless alarm door sensor
4.13  Wireless sensor floor mat
4.14  Exit Reminders
4.15  Vinyl door mural
4.16  Key safe
4.17  Portable motion detector
4.18  LiveLife mobile alarm
4.19  Bright light globes
4.20  Emergency Medical Information Book
4.21  24/7 Response Personal Alarms
4.22  Phone Locating Apps
4.23  Wander Alarm
4.24  Find-Me Tunstall Watch
4.25  Blue Phone 24 Hr Monitoring Response
4.26  Marmic Meditrack
4.27  VigilAide Stove Isolation System
MONITORING SYSTEMS

5.00 Actiwatch
5.01 Just Checking Assessment Tool

EVERY DAY LIVING

6.00 DORO Handleeasy TV Remote
6.01 Colour contrast & dinner sets
6.02 Coloured toilet seats
6.03 One Touch Radio
6.04 Automatic safety Iron
6.05 Adapting Your Home book
6.06 Universally designed tableware
6.07 Coloured door handles
6.08 Uccello Kettle – pouring made easy
6.09 True doors
6.10 Adaptive Clothing
6.13 Toilet Sensor Light
6.14 Big Button / Picture Button Phone
6.15 KISA Phone
6.16 Independent Living Centre

These assistive technology information sheets can be accessed from our library or web site:

- alzheimerswa.org.au/about-dementia/assistive-technology-help-sheets/
- Visit the DEEP web page: enablingenvironments.com.au

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