

# INTERNET SITES

## TO CHALLENGE THE BRAIN

# 3.04

**These internet sites are suggestions only and are not endorsed by Alzheimer's WA**

### **Luminosity:**

[www.luminosity.com](http://www.luminosity.com)

This site features games designed by neuroscientists. You can design your own programme and have a free trial. This is a subscription site from the US.

### **BrainHQ:**

[www.brainhq.com/?v4=true&fr=y](http://www.brainhq.com/?v4=true&fr=y)

Similar to Luminosity, it offers a free trial and is a subscription site from the US.

### **The Brain Food Factory:**

[www.brainfoodfactory](http://www.brainfoodfactory)

Australian site – you can subscribe to a free monthly newsletter containing a range of puzzles and activities to complete online or print.

Disclaimer: This information is a guide only.

Alzheimer's WA Ltd does not endorse any of the manufacturers, suppliers or the use of any of the products featured. It is recommended that an assessment be sought from the Independent Living Centre or an Aged Care Assessment Team prior to purchasing Assistive Technology.

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### **Brainbashers:**

[www.brainbashers.com](http://www.brainbashers.com)

### **Lexigame:**

[www.lexigame.com](http://www.lexigame.com)

The main game is Letterbox which is played against the computer.

The aim is to make as many 3 & 4 letter words as possible and get a higher score than the computer. The first to 100 wins.

### **My Brain Trainer**

[www.mybraintrainer.com/](http://www.mybraintrainer.com/)

### **Brain Age 2 (For Nintendo DS)**

<http://brainage.nintendo.com/>

### **Happy Neuron**

<http://www.happy-neuron.com/>

**Braingle:** [www.braingle.com](http://www.braingle.com)

### **Games for the Brain:**

[www.gamesforthebrain.com](http://www.gamesforthebrain.com)