

Alzheimer's WA provides a range of services for families and carers of people living with dementia.

These services:

- » Are ideal for busy families in need of extra support for a parent or loved one living with dementia
- » Give you a one-off short-term, or a regular short-term, break from caring for your loved one
- » Provide additional support through a difficult time or crisis
- » Give extra support to enable people to remain at home for longer
- » Provide opportunity for social connections and a variety of meaningful activities
- » Offer an enabling environment, focused on what is important to your loved one.



By your side on your dementia journey






**alzheimer'swa**  
the dementia experts

#### CONTACT US

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**Short stay**

**respite services**

**A home away**

**from home**

**Call us today 1300 66 77 88**

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## A warm welcome to our house

Alzheimer's WA recognises that at times it is good to have a break. Sometimes this may be due to illness, tiredness or the need to spend some time on other things. Our short stay respite service provides an opportunity for you to have a break while your loved one enjoys a few days in our world leading dementia-specialist care houses. Each house features enabling design, a wide range of therapeutic activities tailored to the individual and most importantly friendship and laughter.

We recognise that everyone is different and our staff tailor every day to each individual. We are focussed on ensuring a stay at one of our houses enhances wellbeing and provides the very best experience for the house guest. Research has shown taking a regular short break from the caring role can have strong health and wellbeing benefits for carers and support a person with dementia to remain at home longer.

## About the Enabling Household™

Alzheimer's WA households have been developed using research evidence to maximise the abilities of a person with dementia and enhance their wellbeing. The households operate just like your home; fresh home cooked meals tailored to individuals needs and likes, meaningful activities that support the running of the household, a working shed and therapeutic garden space for getting outside, leisure interests and outings, and most importantly friends to share time with.

Private bedrooms can be personalised to help with a sense of familiarity and we work closely with you to learn about your loved one, their routines, likes and dislikes and any health concerns they may have. We recognise for you to enjoy a break you need to be comfortable and confident that your loved one is enjoying a great experience supported by our caring dementia expert staff.

## Am I eligible?

To be eligible for the short stay respite service you need to be an individual living in the community with dementia.

## Where is the service provided?

This service is offered from:

- » Mary Chester House, Shenton Park
- » Hawthorn House, Albany

## What is the cost of the service?

The service is available through a number of Government subsidised programs including the Commonwealth Home Support Program (CHSP) and the National Disability Insurance Scheme (NDIS). The service can also be purchased utilising funds from your home care package or can be self-funded on a private basis.

## How do I access the service?

To find out more, please call us on **1300 66 77 88** or email [support@alzheimerswa.org.au](mailto:support@alzheimerswa.org.au)



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