6.01 COLOUR CONTRAST AND DINNER SETS

DESCRIPTION

The use of colour contrast is vitally important in creating an enabling environment.

Consider a red tray or blue mat/table cloth under a white dinner plate to define the person’s place setting.

APPLICATION

Many people living with dementia have difficulty with visual perception. This makes it very difficult to see objects that are similar in colour.

Crockery with a bright plain coloured rim that contrasts with the background can make dining much easier.

*Ensure adequate lighting over the dining table during meal times.

PURCHASING INFORMATION

Fashion colour trends constantly change, however these stores often have tableware items that have good colour contrast for the dining experience:

Target    Ikea    Kmart    BigW

For information on coloured non slip mats and easy to use cutlery, contact the Independent Living Centre

Tel: 08 9381 0600

For information on colour contrast visit: enablingenvironments.com.au

Disclaimer: This information is a guide only. Alzheimer’s WA Ltd does not endorse any of the manufacturers, suppliers or the use of any of the products featured. It is recommended that an assessment be sought from the Independent Living Centre or an Aged Care Assessment Team prior to purchasing Assistive Technology.

Revised 19/03/2019