

Caring for someone
living with Dementia



As the dementia experts, Alzheimer's WA works with those living with dementia and the organisations that care and support them, to have the greatest beneficial impact on their dementia journey

Our client services, advocacy work, training and consultancy programs are based on a philosophy of understanding the lived experience of dementia. We are guided by people living with dementia and our approach views dementia as a holistic experience for the person rather than just a biological illness.

Our wide range of dementia specialised support services includes respite, counselling, education and social programmes available to people living with dementia as well as their families and carers.



About the Carer Support Program

Alzheimer's WA recognises that supporting a person living with dementia can be challenging given the complex and changing nature of dementia. Sometimes people can also feel alone or isolated in their support role.

Our Carer Support Program provides carers with an opportunity to connect with others in a similar situation and share their ideas and experiences. Programs are facilitated by Carer Support team members with expert dementia knowledge, who can link you with the support and services you need throughout your caring journey.



How could the service help me?

You can join one of our monthly Carer Support Groups or access the five week Carer Support and Information Program which provides education and support.

Benefits include:

- » An opportunity to meet others in a similar situation
- » A forum for sharing ideas, management tips and techniques
- » A source of ongoing social and emotional support
- » The provision of expert, dementia-specific knowledge
- » An opportunity to build and maintain your support network



Am I eligible?

These groups are available to anyone supporting a person with dementia and living in the community.

Where is the service provided?

The program is delivered across various metropolitan locations.

What is the cost of the service?

Services are fully funded by the government and free of charge.

How do I access the service?

To find out more, talk to our customer service team on **1300 66 77 88** or email wa.support@alzheimers.org.au



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REGIONAL OFFICES

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