

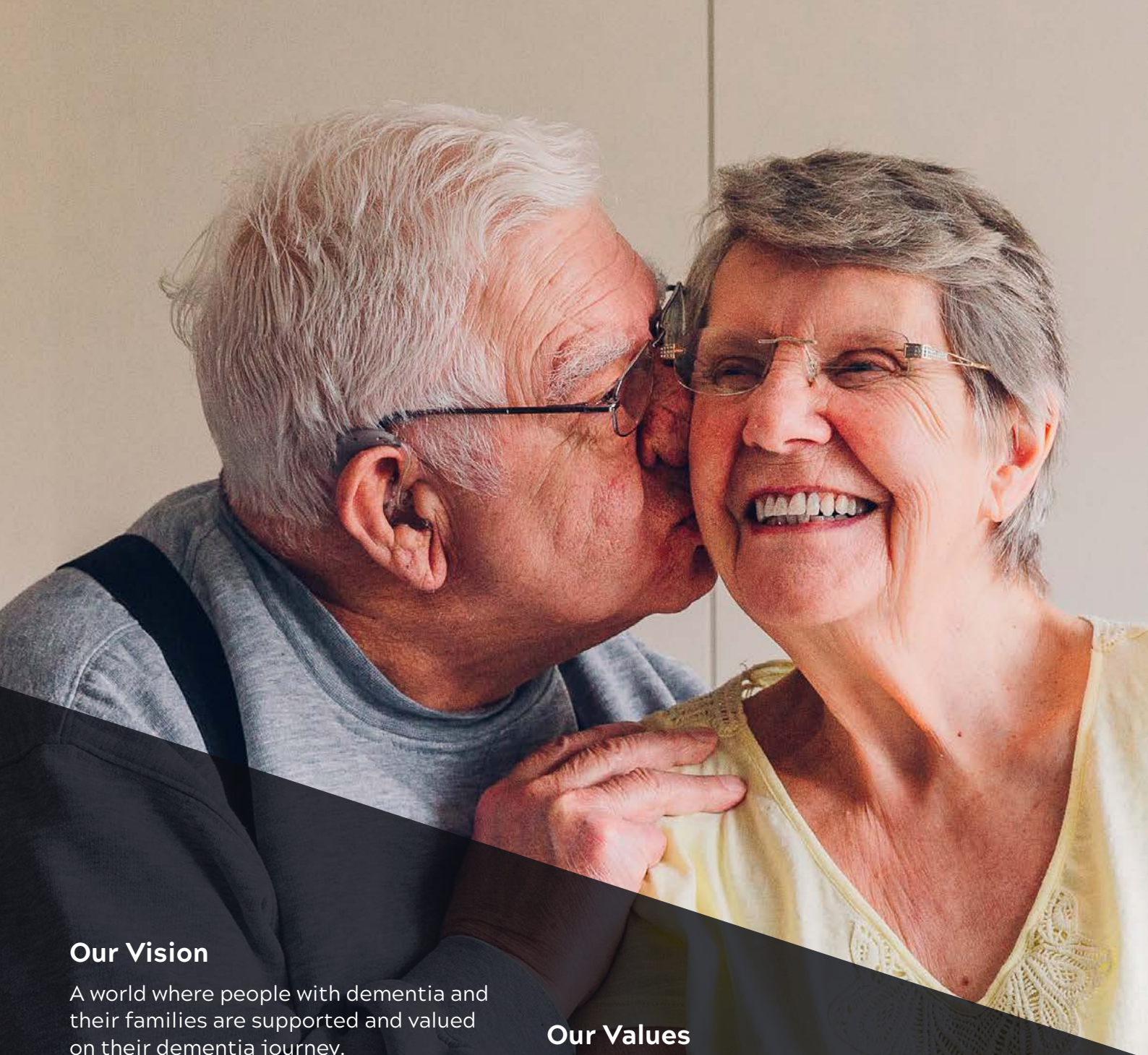


# Annual Report

2018/19

**alzheimer's**wa  
the dementia experts





## Our Vision

A world where people with dementia and their families are supported and valued on their dementia journey.

## Our Philosophy

Dementia is a lived human experience rather than just a biological condition. We therefore embrace and support a holistic, person-centred approach that respects the individuality and the experience of those living with dementia.

## Our Purpose

To improve the lived experience of those on the dementia journey through our advocacy, leadership, innovation, education, partnerships and holistic, person-centred care and support, and to support the pursuit of risk reduction, treatment and cure for dementia.

## Our Values

Our passion to improve the experience of those living with dementia is supported by our values of:

- » Understanding the unique needs of people with dementia
- » Recognising people as our greatest strength
- » Investing in partnerships
- » Treating people with respect and dignity
- » Encouraging innovation and creativity
- » Being transparent, accountable and sustainable

## Our Culture

### We are **ONE**

We are **ONE** with those living with dementia

We work as **ONE** with our partners

We are **ONE** proud and disciplined team



# Contents

|   |    |
|---|----|
| Chair's Report .....  | 4  |
| Board Members .....   | 5  |
| Research Report .....   | 6  |
| Medical Report .....  | 8  |
| Objective 1: Advocacy .....   | 12 |
| Objective 2: Awareness and Understanding .....                              | 15 |
| Objective 3: Exemplar Care and<br>Support Services .....                    | 18 |
| Objective 4: Teaching, Learning and<br>Capacity Building .....              | 20 |
| Objective 5: Research and Innovation.....                                   | 23 |
| Objective 6: Longevity and<br>Financial Sustainability .....                | 24 |
| Philanthropy .....  | 26 |
| Event Highlights.....   | 28 |
| Our generous sponsors, funders, donors,<br>supporters and contributors..... | 32 |
| Volunteers.....   | 33 |
| Directors' Report.....  | 34 |
| Auditor's Independence Declaration .....                                    | 38 |
| Discussion and Analysis of the<br>Financial Statements.....                 | 39 |
| Statement of Profit or Loss and Other<br>Comprehensive Income .....         | 40 |
| Statement of Financial Position .....                                       | 41 |
| Statement of Changes in Equity.....   | 42 |
| Statement of Cash Flows.....  | 43 |
| Notes to the Concise Financial Report .....                                 | 44 |
| Directors' Declaration .....  | 45 |
| Independent Auditor's Report .....  | 46 |

# Chair's Report

## 2018/19 has been a year of growth and change for Alzheimer's WA and the aged care industry as a whole.

Alzheimer's WA prides itself on maintaining a person-centred approach to the support and care of people living with dementia in Western Australia. We welcomed the establishment of the Royal Commission into Aged Care Quality and Safety in October 2018 and have closely followed the hearings as they have unfolded across the country. Our services are delivered in stark contrast to the sad and often confronting stories that have come to light during this time. Our submission to the Royal Commission on the importance of a person-centred approach was met with a request to view our services in action. Subsequently, the Commissioner visited Mary Chester House in May 2019, and Jason Burton, Head of Dementia Practice and Innovation, appeared before the Commission in June 2019. We look forward to reading the interim report when it is released later this year.

Dementia is not expected in a person aged in their 30s, 40s, or 50s, yet around seven per cent of people living with dementia are diagnosed under 65 years of age. Often a person is still working, or has a young family to support, and their needs can be very different to an older person with dementia. The continued rollout of the National Disability Insurance Scheme (NDIS) in Western Australia has allowed us to expand delivery of services to more people living with dementia under the age of 65. Completion of the rollout is expected by July 2019.

Alzheimer's WA recognised a need for people receiving care services at home to be able to access quality dementia-specific care. With this in mind, we commenced delivery of dementia-specific home care packages to people living with dementia in the metropolitan area in May 2019. The new service has been well received and supported by our clients.

I wish to express my sincere thanks and acknowledge Board members Ian Wells and Jenny Watt who resigned from their positions on the Board during the year.

Ian joined the Alzheimer's WA Board in 2014 and brought a wealth of financial expertise, being the Chief Financial Officer of Fortescue Metals Group and having over 20 years' experience as a senior executive in leading ASX listed and private companies in mining, energy infrastructure and healthcare industries. Ian held positions on the Finance and Audit Committee and Building Committee, as well as being Treasurer for the last three years. He resigned from his position in June.

Jenny joined the Alzheimer's WA Board as a Director in 2005 and brought extraordinary insight with a background in nursing and as a carer for her husband, Alan, for eight years. Alan, a specialist General Surgeon and Gastroenterologist, was diagnosed with Alzheimer's disease in 2002 at just 52 years of age and sadly passed away in 2010. Jenny resigned from her position in early 2019.

The Board welcomed two new members in 2018/19, Matthew Budge and Warren Harding. Matthew is a partner at PwC, where he has worked for the last 18 years. Warren's background includes over 25 years of strategic management consulting and other not for profit Board experience. I and my fellow Board members look forward to working with Matt and Warren into the future.

It is with some sadness that I report our CEO, Rhonda Parker, has decided to retire. Rhonda held the helm through a very difficult period. She headed up the separation from Alzheimer's Australia that saw Alzheimer's WA become an independent organisation, with a new and strong brand, reputation and vision. She saw the aged care and disability sector reforms and led the organisation to respond to the immense changes these brought.

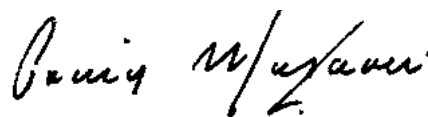
After nearly seven years of working closely with Rhonda I have no doubt she made a significant impact. Rhonda will leave a legacy of strong stakeholder relations, and the development and implementation of strategies to drive our organisation into the future. Rhonda was instrumental in securing

a number of large donations which have seen the purchase and refurbishment of Ella's House in Mandurah, along with a very generous donation in Albany.

I and my fellow Directors wish Rhonda the very best in her future endeavours and acknowledge and thank her for the significant impact and contribution she has made during her time with Alzheimer's WA.

Thank you to my fellow board members, management, staff, volunteers, donors and supporters. Thank you also to the Australian and Western Australian governments who ensure continuity of the bulk of our services through generous funding.

I am proud of all we have achieved in 2018/19 and moving forward I feel confident we will continue to build on our vision of a world where people with dementia and their families are supported and valued on their dementia journey.



**Craig Masarei**  
Chairman

## Board Members



**Craig Masarei**  
Chairperson



**Jenny Rogers**  
Deputy Chairperson



**Dr Sean Maher**  
Medical Director



**Jenny Watt**  
Director



**Arnold Stroobach**  
Director



**Ian Wells**  
Finance Director



**Warren Harding**  
Director



**Matthew Budge**  
Director



**Rhonda Parker**  
Chief Executive Officer  
Company Secretary

# Research Report

This year has seen two significant programs launched in Australia that will support high quality dementia research into the future.

Former Minister for Aged Care, the Hon. Ken Wyatt MP announced \$18 million to establish the Australian Dementia Network (ADNeT) - the largest single research program to be funded to date through the Government's Boosting Dementia Research Initiative. ADNeT will bring dementia researchers, clinicians, health service providers and industry together with people living with dementia to deliver the ADNeT Registry and Research Program, enabling high-quality research and clinical care. ADNeT is set to become the single largest investment in dementia research in Australia, with additional pledges of support from philanthropic organisations the JO and JR Wicking Trust, and the Yulgilbar Foundation. These Foundations join industry, universities, research institutes and State Governments to more than double the Federal Government's investment.

The Step Up for Dementia Research Service was also launched this year. Many dementia research studies have to be abandoned or are severely compromised by difficulty in recruiting participants. This new service provides an opportunity for people to volunteer to be involved in dementia research and links researchers with potential participants. The process for registering is straight forward and can be done via the Step Up website or over the phone. Volunteers are needed from people diagnosed with dementia, people caring for someone living with

dementia and the general public. You can Step Up for Dementia Research at: [stepupfordementiaresearch.org.au](http://stepupfordementiaresearch.org.au).

An early stage research project led by the Queensland Brain Institute at the University of Queensland has been testing the ability of ultrasound treatment to remove the plaques that build up in the brain of people with Alzheimer's disease. Testing has had successful outcomes in animal studies and the team are progressing towards a small scale human safety trial this year.

A study by researchers at University of Oslo in Norway is taking a novel approach to treating a different area of brain cell malfunction than the normal amyloid-beta and tau related problems. This study is focusing on the mitochondria which produce the energy the cells need to function and stay alive. Broken mitochondria are seen in cells of a person with Alzheimer's disease and the team are investigating if the stress caused in the cells that leads to cell death can be addressed by a cleansing process that clears the dysfunctional mitochondria. The early research in animals has shown positive outcomes. A human trial is planned in Denmark this year.

Research into the cause of Alzheimer's disease in the USA has shown some interesting results with the possible identification of very small leaky blood vessels in the brain being a contributing factor to the onset of dementia. The team at the University of Southern California found in their five year study of 161 people that these leaks are happening before the build up of toxic proteins and well before any



symptoms are noticeable. Future studies will look at early identification of those at risk of these blood vessel leaks and identifying treatments that may prevent them, and possibly reduce the risk of a person developing dementia.

A key area of ongoing research focus is on diagnosing the risk of Alzheimer's disease before significant brain changes have happened. This may lead to early intervention treatments that prevent the disease progressing to the point where the person becomes cognitively impaired. The main focus of this work is on identifying the build up of abnormal amyloid proteins in the body. This can be done through positron emission tomography (PET) scans of the brain, lumbar punctures and the latest research this year is showing positive outcomes in testing for this build up using cheaper and less invasive blood tests. A study involving two research groups in Japan and Australia has found that they can predict with a high level of accuracy abnormal build up of amyloid proteins that may lead to Alzheimer's disease. It is important to note this is not a test for Alzheimer's disease but is a measure for one of the risk factors of developing the disease.

The use of the arts to enhance wellbeing, lift mood, motivate and engage a person living with dementia has been the focus of a study in Otago, New Zealand. The study found that the participant's quality of life increased significantly due to taking part in a 10 week arts programs. Another study led by the University of Utah is looking at why music seems to be beneficial for many people living with dementia. Researchers found the autonomous sensory meridian response system in our brains (an automatic part of our brain that creates positive stimulation when music is played) is not affected by Alzheimer's disease, and that music can have beneficial effects that enhance wellbeing and improve quality of life.

While there has been no significant breakthroughs in treatments for people diagnosed with dementia this year our understanding of the different neurological conditions and their early development pathologies continues to grow and will hopefully lead us one day to more effective treatments or risk reductions.

# Medical Report

Honorary Medical Director Sean Maher



Reading current research about dementia leaves one with a sense of awe at the breadth of expertise involved. Investigating a given question might include multiple sophisticated techniques including developing animal or tissue experimental models, adding in other genotypes, inducing stem cells, CRISPR gene editing, identification of gene activation and proteomic analysis of gene products with mass spectroscopy, tissue cultures, behavioural observations of experimental animals, or sophisticated imaging techniques. Not to mention the dedication of researchers and selflessness of people who volunteer for research.

The National Institute on Aging (NIA) in the USA has announced funding to help translate the wealth of information regarding basic biological mechanisms of neurodegeneration into new therapies. The funding will allow collaboration between research teams and importantly all of the information generated will be freely available. The impetus is the recognition that the pursuit of beta amyloid (AB) alone as a target to treat Alzheimer's Disease (AD) has largely failed and new targets and mechanisms are needed. The collaboration will hopefully accelerate the identification of new targets, testing in tissue and animal models and embarking on human clinical trials.

Enormous progress into understanding the causes of neurodegeneration continues and uncovers increasingly complex interactions but also potential avenues for therapies. A few notable observations follow.

The functioning of the brain's immune cells, microglia, is a major focus of study and their ability to modulate the effects of inflammation up or down depending on an ever expanding number of interactions and factors. One major risk factor for AD is having a particular genetic lipoprotein variant called ApoE4; microglia expressing ApoE4 in tissue culture have been found to be "lazy" and don't ingest foreign material as they should but they also rapidly produce inflammatory molecules that cause harm. Microglia seem to harvest toxic AB fibrils and turn them into plaques which are less toxic. Stopping microglia developing in mice resulted in very few plaques but amyloid then accumulates elsewhere like blood vessels where it is still harmful. One important controller of microglial activity is a molecule called TREM2; people with higher levels of TREM2 with AD decline more slowly. Additionally, TREM2 enables microglia to "sculpt" formation of AB plaques which seems to protect neurons from damage as well as aggregation of tau protein. There are many more examples.



Two research groups have already produced antibodies designed to stimulate TREM2 to achieve these benefits. Another group is aiming to improve microglial functioning using a different target, CD33, and early Phase 1 trials are starting in Melbourne. However, getting the balance of microglial functioning right is a major undertaking. Genome Wide Association Studies (GWAS) show there are many different genetic variables of molecules that affect microglial function and the exact causes of an individual case of AD is likely to differ from one person to the next. Not to mention other contributors to neurodegeneration such as vascular disease and inflammation.

Mitochondria, the “powerhouses” of cells have been implicated in contributing to neurodegeneration. Stressed microglial cells will eject fragments of mitochondria, which can then invoke similar changes in nearby astrocytes, and cause damage to neurons. The mitochondrial fragments then provoke an inflammatory response. In mouse models, a small peptide which has been shown to prevent mitochondria breaking up has been shown to prevent these changes and may prove to be an effective therapy.

There are now at least 11 different blood tests based on detecting AB and work is going into standardising them. They correlate well with measurements of AB using cerebrospinal fluid (CSF) or Brain PET scans. Measuring phosphorylated tau protein (p-tau) in CSF can show elevated levels many years before the onset of AD and can also be done on plasma where it correlated well with CSF measures and brain

PET scans for both tau and amyloid in the Swedish BioFINDER study. It seems to be helpful in differentiating people with AD from non-AD dementia.

There are many other markers of neurodegeneration and neuroinflammation detectable in CSF, so rather than relying on a few CSF biomarkers, work is being done looking at a multitude of different proteins with the aim of developing a toolkit of a small group of markers to make better predictions about diagnosis and staging of different dementias.

Neurofilament light (NfL) is a measure of neurodegeneration of axons and appears to be useful in early detection and tracking disease progression. In a continuing study of Colombian people with an inherited form of AD, NfL was able to determine people who were carriers of the AD mutation from those without and also predicted disease onset 22 years before they would normally get symptoms. NfL also correlated with performance on cognitive tests.

Studies aimed at removing amyloid with monoclonal antibodies have largely been abandoned with the exception of Crenezumab in the Colombian study just mentioned. It is thought that early treatment before people are symptomatic may be successful but the trial isn't due to finish before 2022. Another large group of promising therapies (BACE inhibitors) has also been abandoned due to lack of effect, worsening of cognition or other safety concerns.

Nevertheless, other trials are proceeding including antibodies and vaccines aimed at tau proteins. A Phase 2b trial is underway using a molecule (PTI-125) which binds to an abnormally folded form of a protein called Filamin A (FLNA), which is thought to contribute to neuroinflammation. PTI-125 restores the FLNA to normal shape and function. Earlier studies have shown that PTI-125 reduced markers of neuroinflammation and neurodegeneration. New therapies using short fragments of RNA to alter the expression of genes (Anti-sense oligonucleotides, ASO) have been shown to work in spinal muscular atrophy and Duchenne muscular dystrophy, and are being explored with a Phase 1 trial underway to reduce levels of tau.

Surely the most novel therapy being explored is providing a combination of 40Hz sound and flickering light to induce a return of normal gamma brain waves which decline in AD. In mice, this results in improved performance in mazes, better brain blood flow, better functioning microglia and a reduction in soluble AB, plaques and tau protein. Human studies are underway!

More studies emerged this year of the value of exercise in preventing cognitive decline and dementia; large studies such as the English Longitudinal Study of Ageing with 7807 subjects aged over 50, showed people with greater physical activity had slower cognitive decline and those with high levels of activity reduced their risk of dementia over 12 years by 40%. Similar risk reductions were reported in the other studies. Exercise has been shown to preserve brain volume on MRI and reduce levels of AB on brain PET scans.

Mice who exercised on treadmills have more new neurons in their memory cortex and better survival compared with sedentary mice. Giving the sedentary mice infusions of plasma from the exercising mice conveys these benefits as well as improved learning,

memory and reduced inflammatory responses. Many proteins were increased in the exercising mice but it's thought that proteins inhibiting the Complement system were responsible which stopped the pruning of synapses that Complement activation can cause. Similar changes were demonstrated in the plasma of 20 older people with mild cognitive impairment who participated in a six month exercise program. Other studies have shown Brain Derived Neurotrophic Factor (BDNF) is increased by exercise and supports neuroplasticity.

The World Health Organization released guidelines in May to prevent dementia, including physical exercise, balanced diet, stopping smoking, and managing chronic conditions such as hypertension and diabetes. They were less clear about alcohol, weight reduction, cholesterol and cognitive training and left this to clinicians to make decisions on a case by case basis due to the risk of harms for some interventions e.g. side effects of statins. They didn't feel that there was enough evidence to make recommendations about social activity, hearing loss and depression, which were identified by a Lancet report in 2017 as potentially modifiable risk factors.

Variations on the Mediterranean diet have been shown to reduce cardiovascular risk as well as risk of cognitive decline. A recent small study compared a modified Mediterranean diet with reduced carbohydrates, to a low fat, high carbohydrate diet recommended by the American Heart Association. The different diets resulted in differences in gut bacteria but also a decline in AB and tau whilst on the modified Mediterranean diet. Other studies have suggested that inflammation arising from the gut may contribute to neuroinflammation. The implication is that a major effect of the diet is a reduction in inflammation.



A bacterium involved in causing gum disease, *porphyromonas gingivalis*, has been invoked as a potential cause of AD. A number of observations have linked the bacterium to AD: bacterial proteins secreted by *p. gingivalis* can be identified in up to 96% of AD brains from a brain bank vs only 39% for normal; DNA from the bacteria has been identified in the CSF of live patients with AD, as well as in the brains of people with and without AD, indicating that the bacteria can infect brain tissue; its capacity to migrate to brain has been demonstrated in mouse models. It's thought the bacteria may precipitate AB plaques or contribute to neuroinflammation. Antibiotics don't make any difference, but trials are underway to test a vaccine to the bacterial proteins known as gingipains.

Funding from the National Institute on Aging in the USA has also been directed to research innovations in dementia care and will involve over 30 different institutions. The aim is to develop best practices in dementia care from hospitals to care

facilities, day centres to home based care. We are yet to see an interim report from the Royal Commission into Aged Care but a recurring theme is a lack of knowledge and skills of carers in caring for people with dementia. We still have much to do in improving the care of people with dementia.

Step Up for Dementia Research is a new initiative which allows people in Australia who would like to participate in research to register their interest and enables researchers to match potential participants with current studies. People can register their interest by going to [stepupfordementiaresearch.org.au](https://stepupfordementiaresearch.org.au).

There is still much to be optimistic about the future of dementia research with ever more insights into the disease with many new avenues for therapies opening up. Prevention remains a key focus however. Remembering advice from your mother is still salient - eat a healthy diet, get plenty of exercise and remember to clean your teeth!

Dr Sean Maher



# Objective 1:

## Advocacy

To create a better world for those living with dementia through care, support, research, services and understanding



69

Dementia Advocates



11

Memory Cafés

Alzheimer's WA has a strong history as the voice for Western Australians living with dementia. Central to our mission is to advocate for a better world for those on the dementia journey through increased support, services and understanding.

### Influencing Government agendas

In 2018/19 Alzheimer's WA influenced Government agendas at local, State and Federal levels.

At local Government level, Alzheimer's WA provided an overview of the Dementia Friendly Communities whole of town approach to the *Local Government Professionals WA Aged Friendly Communities and Community Development Networks Professional Development Day*. Alzheimer's WA also wrote to all Local Governments to encourage the inclusion of dementia friendly initiatives into their Disability Access and Inclusion or Age Friendly Plans.

At State level Alzheimer's WA presented *Dementia and your electorate* briefings at Parliament House, and an update of the *Dementia Response in Western Australia* to all sitting members of parliament. This update was also provided to all Western Australian members of Federal parliament.

In 2018/19 Alzheimer's WA met with:

- » Hon Roger Cook MLA, Deputy Premier; Minister for Health; Mental Health
- » Hon David Templeman MLA, Minister for Local Government; Heritage; Culture and the Arts
- » Hon Julie Bishop MP, Member for Curtin
- » Hon Ken Wyatt AM, Member for Hasluck, Minister for Health
- » Mr Rick Wilson MP, Member for O'Connor
- » Hon Terry Redman MLA
- » Hon Adele Farina MLC.



## The Royal Commission into Aged Care Quality and Safety

Alzheimer's WA welcomed the announcement of the Royal Commission into Aged Care Quality and Safety. Alzheimer's WA formed an alliance with organisations with a similar philosophy of care across Australia to ensure people living with dementia were advocated for during this Commission.

Alzheimer's WA provided several submissions to the Commission on how aged care can be improved for people living with dementia. In June 2019, members of the Commission visited Mary Chester House to see our Enabling Households™ model in person.

In recognition of our expertise and leading service models Alzheimer's WA was invited to provide testimony to the Royal Commission on what good dementia care looks like and how Alzheimer's WA has embedded the person-centered care philosophy into its culture and services. Jason Burton, Head of Dementia Practice and Innovation provided this testimony.

## Thought leadership

### Alzheimer's WA made submissions to:

- » Ministerial Expert Panel Advanced Health Directives
- » Ministerial Expert Panel Voluntary Assisted Dying
- » The Royal Commission into Aged Care Quality and Safety
- » Western Australian Government - Pre Budget Submission.

### Alzheimer's WA presented at State and National conferences:

- » NDIS Delivering Disability Services WA
- » West Australian Institute of Surveyors
- » Local Government Professionals WA Aged Friendly Communities and Community Development Networks Professional Development Day
- » AAG Conference.

### Alzheimer's WA was represented on the boards of:

- » Aged & Community Services Australia (ACSA) WA
- » Ministerial Expert Panel on Advanced Health Directives
- » Palliative Care CEO Round Table
- » Dementia, Ageing and Aged Care Committee
- » Step Up for Dementia Research.

## Guided by our Dementia Advocates

Alzheimer's WA Dementia Advocates shine a light on what it is really like to be living with dementia. They share their story through a range of mediums including media, research, policy, education and fundraising. Their voice of lived experience has a profound impact on improving community understanding of dementia.

69 people are part of the Alzheimer's WA Dementia Advocates program. They contributed on 53 occasions throughout the year to social research, education and training, service development, policy review, fundraising, events and media.

## Memory Café movement

Alzheimer's WA continued to grow and support Western Australia's Memory Café movement. Memory Cafés are safe and inclusive places where people living with dementia and their carers can meet for morning tea and socialise with others on the dementia journey.

Alzheimer's WA provided training and advice to cafés on how to be dementia friendly and attended cafés to answer questions and engage with attendees. Revised Memory Café Guidelines were produced to encourage communities to start their own cafés. In 2018/19 there were 11 Memory Cafés operating including three in regional areas.



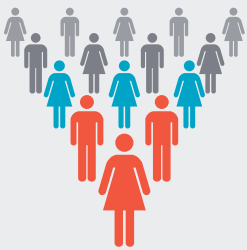
Garden City Memory Café



# Objective 2:

## Awareness and Understanding

Increasing knowledge and reducing stigma



**41,630**

People living with dementia



**70%**

Living in the community



**3,500** Members

There are over 41,630 Western Australians living with dementia. Due to our ageing population, this figure is expected to increase significantly over the next decade.

In Australia, dementia is the leading cause of death in women and the second leading cause of death in men. It is expected to be the leading cause of death in men by 2021.

With approximately 70 percent of people with dementia living in the community, increasing knowledge of the early symptoms of dementia, how to support people living with dementia, and combating the misconceptions and stigma about dementia is one of our biggest challenges.

### Engaging the community

Alzheimer's WA published new information guides and dementia fact sheets to assist clients and the community. The guides were developed by our dementia consultants with feedback and review from Dementia Advocates. They provide information about dementia, how to support a person living with dementia and where to find support.

They include:

- » Understanding dementia
- » Living with dementia
- » Caring for a person with dementia: The lived experience



- » Caring for a person with dementia: Everyday living
- » Navigating dementia support
- » Communication and engagement
- » Understanding behaviour: The impact of dementia.

Alzheimer's WA also launched three videos and fact sheets for:

- » Walking and dementia
- » Around the home
- » Driving and dementia.

Each video offers advice from people living with dementia on a range of topics including GPS devices, driving and creating enabling and safe home environments.

All guides and fact sheets are available in hard copy or to download from our website.

Alzheimer's WA hosted a series of community information sessions throughout Western Australia to explain about dementia, how to reduce your risk of developing dementia and how to support people living with dementia. 1,750 people

attended these sessions at schools, community groups, dementia friendly workplaces, St John Ambulance, Western Australian Police Force and Memory Cafés.

## Alzheimer's WA in the media

Alzheimer's WA continued to engage the media to ensure consistent messages are delivered to the community. As part of this strategy, Alzheimer's WA contributed a fortnightly column in *The West Australian* and a monthly column in *Have a Go News*. Articles addressed important topics including:

- » Dementia research
- » Person-centred care
- » Busting dementia myths
- » Reducing risk of developing dementia
- » Memory Cafés
- » Dementia design.

These articles, as well as television reports, are available to read and view on our website [alzheimerswa.org.au](http://alzheimerswa.org.au).

## Dementia Awareness Month

September is Dementia Awareness Month and this includes World Alzheimer's Day on 21 September. Dementia Awareness Month is an opportunity to raise community awareness of dementia, and highlight the challenges faced by people living with dementia. This year's theme was *Together we can ensure no one faces dementia alone*.

Corporate supporter PwC hosted a World Alzheimer's Day cocktail party for the benefit of Alzheimer's WA. This annual event is a great opportunity to engage the Perth business community with the work and initiatives of Alzheimer's WA.

A comprehensive media campaign to raise awareness during the month included radio, newspaper advertising and media articles. Alzheimer's WA also hosted an awareness stand in Perth CBD on World Alzheimer's Day.



## Engaging our membership

Alzheimer's WA is a member-based organisation. Alzheimer's WA engages over 3,500 members through regular communication and events. Membership is complimentary and members receive monthly newsletters *Member Connect* and *Dementia Aware*, and bi-annual magazine *Milestones*.



## Engaging the medical profession

Alzheimer's WA recognises the medical profession, in particular General Practitioners (GPs), is an important segment to engage about the benefits of early diagnosis and the support services available to people living with dementia. In 2018/19 Alzheimer's WA contributed advertisements and articles in the Australian Medical Association's *Medicus* journal and the Royal Australian College of General Practitioner's state newsletter.

Alzheimer's WA also created and distributed brochures to GP practices in Western Australia.



# Objective 3:

## Exemplar Care and Support Services

Leading the way in person-centred care

### Introducing dementia specific home care packages

After identifying a gap in the market for people living with dementia, Alzheimer's WA commenced offering dementia specific home care packages in 2018/19. At the time of launch, Alzheimer's WA was the only organisation providing dementia specific home care packages in Western Australia and demand far exceeded our expectations. The service continues to expand in line with client demand.

### New allied health and therapy services

Demand for our dementia specific allied health and therapy services experienced a period of growth during 2018/19. As a result, the service range was expanded to include speech therapy, physiotherapy and social work in addition to the occupational therapy already offered. Therapy can bring many benefits for people living with dementia. With a focus on reablement and maintaining function, it can enable a person to continue living independently for as long as possible.

### Advice and support for people concerned about dementia

Our dedicated phone line received between 500 and 600 calls a month and provided invaluable support and information to people living with dementia, their family and friends, as well as health professionals, other service providers and stakeholders.

People can reach our friendly and knowledgeable customer support staff using our dedicated phone number 1300 66 77 88, and via email at [support@alzheimerswa.org.au](mailto:support@alzheimerswa.org.au).

### Supporting people under 65 through NDIS

Throughout 2018/19 Alzheimer's WA supported more than 50 people under 65 years of age and living with dementia through the National Disability Insurance Scheme (NDIS). Alzheimer's WA employs a specialist NDIS Coordinator to support people through the pre-planning stage to increase awareness of what supports and services are available, and to assist in securing appropriate funding to meet their needs.



**500-600**

Calls per month



**45,489** hours



**311** people

Centre based day care



**32,061** hours



**436** people

Individual support



**30,868** hours



**112** people

Overnight services



**23,690** hours



**263** people

Social support groups



**2,987** hours



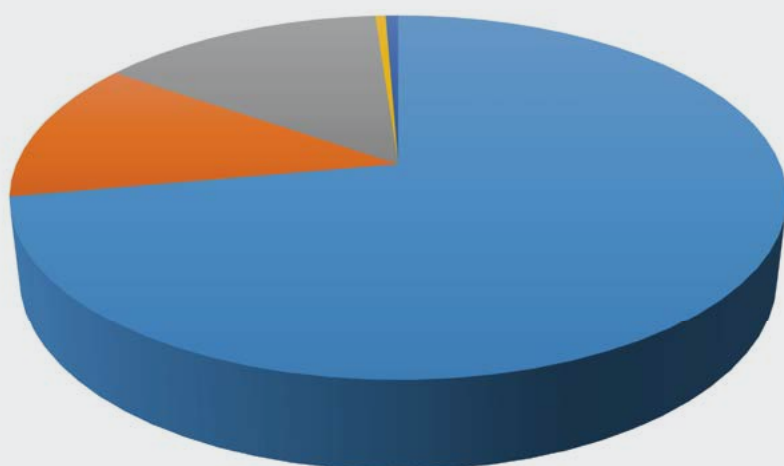
**303** people

Carer support groups



**50+**

People under 65 supported



|                |      |
|----------------|------|
| Metro          | 1146 |
| Mandurah       | 199  |
| Great Southern | 225  |
| Wheatbelt      | 8    |
| Goldfields     | 10   |

**1,482**

Number of clients

# Objective 4:

## Teaching, Learning and Capacity Building

Providing knowledge for those living with dementia, their families, carers, and the health and care sector throughout Western Australia

5<sup>th</sup>

Dementia Partnership Project Symposium

**200** Attendees



**157**

Dementia Change Champions®



**1,172** students

Accredited and non-accredited training



**1,750** people

Information and education sessions

Alzheimer's WA aspires to be by the side of Western Australians living with dementia. We are unable to provide direct services to all people on this journey, and recognise the importance of sharing our dementia expertise and building capacity within organisations that care for people living with dementia and the communities in which they live.

### Leading the way with our Dementia Partnership Project

Alzheimer's WA has partnerships with residential care, hospitals, clinicians, community care and local Governments

and together we build a shared understanding of the lived experience of dementia. Alzheimer's WA has one of the largest dementia services consultancies in Australia.

In the 2018/19 Alzheimer's WA partnered with Avivo, Silver Chain, Shine Community Care, Astley, Echo Community Services, Juniper and Villa Dalmacia. These partnerships focused on changes to staff culture, philosophy and model of care, and changes to the physical environment.





## Dementia Partnership Project Symposium

The fifth Dementia Partnership Project Symposium, held in October 2018, hosted over 200 attendees and brought together inspiring national and international speakers. Keynote speaker Helen Sanderson was joined by Dr Helena Popovic, Dr Bob Zeigler, Meredith Blake, Joy Halleron and Challis Wilson, Nick Maisey, Bev Wheeler and advocates Tom Harmon and Amy Bouckley.

Videos of the presentations are available at [dementiapartnership.com.au](http://dementiapartnership.com.au).

The Dementia Champion of the Year Award was presented to Jeannie Connell from Silver Chain at the Symposium. Dementia Advocates played a pivotal role in determining the deserving winner of this award.



## Acute Change Symposium

In March 2019 Alzheimer's WA hosted its inaugural symposium for almost 100 staff working in acute care. Speakers included Winthrop Professor Fiona Wood, Professor Leon Flicker, Hon Roger Cook MLA, Barry Maguire and Anne Cumming.

Dementia Change Champions® also shared the amazing work they are doing in hospital environments to make them more dementia friendly.

Videos of the presentations are available at [youtube.com/AlzheimersAusWA](https://youtube.com/AlzheimersAusWA).

## Dementia Change Champion®

The Dementia Change Champion® capacity building program offers staff in various organisations the opportunity to gain knowledge, skills, information and materials to support the development of a person-centred approach to dementia support and care.

In 2018/19 Alzheimer's WA ran three Dementia Change Champion® programs: for community care staff, for hospital and acute care staff, and a new program for community care staff working with people living with younger onset dementia.

## Dementia friendly communities

Alzheimer's WA's commitment to creating a dementia inclusive Western Australia continued with further work in developing dementia friendly communities.

Partnerships with the towns of Margaret River and Toodyay saw Alzheimer's WA supporting those towns to find ways to better support local people living with dementia. This included public awareness and understanding sessions, training for service facility staff, local business training and running consultation sessions in the town.

We are very grateful for the generous support of the Lions and Rotary clubs in Margaret River who partnered with us to ensure the program in their town has positive outcomes for those living with dementia and those who care for them.

These outcomes include:

- » Community information sessions
- » Shires integrated dementia initiatives into their Disability Access and Inclusion Plans
- » Shires made or committed to making environmental upgrades to include dementia friendly design principles
- » Local libraries added books on dementia to their collection
- » A Memory Café commenced in Toodyay
- » New resources developed in conjunction with Dementia Advocates.



Toodyay Memory Café

## Education and training

As a nationally accredited Registered Training Organisation, Alzheimer's WA is a leader in providing dementia specific education in Western Australia.

In 2018/19, Alzheimer's WA commenced offering the *CHC33015 Certificate III Individual Support* in addition to its *10719NAT Certificate IV Leadership and Innovation in Dementia Services* and *CHCSS00095 Dementia Support - Service Delivery Skill Set*. 550 students enrolled in our accredited training courses.

Alzheimer's WA also offers a diverse range of non-accredited training and workshops. In 2018/19, 622 aged care support staff attended one of our workshops. Alzheimer's WA delivered training to culturally and linguistically diverse and Aboriginal and Torres Strait Islander groups including ChungWah, Derbarl Yerrigan, Australian Asian Association and the Tamil Seniors Group.

RTO 4755



NATIONALLY RECOGNISED  
TRAINING

## Family and carer workshops and seminars

Alzheimer's WA offered the one day intensive *Family and Friends Course* to 295 people.

Alzheimer's WA continued partnerships with N.C. Bruining & Associates and HHG Legal Group to provide complimentary financial and legal seminars to more than 200 people living with dementia and their carers.

# Objective 5:

## Research and Innovation

Working for positive change, progress and better futures

As Western Australia's leading dementia specialist care and support organisation we are committed to ensuring strong evidence based practice in our services as well as supporting research that leads to new knowledge, positive outcomes for people living with dementia and hopefully one day a cure.

This year due to very generous donations and bequests we were able to commit to a three year research strategy that supports research projects within Alzheimer's WA, as well as support our research partnerships and collaborations externally.

During 2018/19, we were partners in a number of research studies and supported several early researchers who have chosen different areas of dementia to focus their research on. This includes research into areas such as factors that lead to residential care admission for a person living with dementia, evaluating carer outcomes from attending Memory Cafés and developing co-designed education for support workers.

Our strong partnerships continued with research bodies such as the Australian Alzheimer's Research Foundation, the National Ageing Research Institute, the WA Centre for Health and Ageing at University of Western Australia, the recently announced Curtin Dementia Research Centre and Edith Cowan University.

Research can be found at:  
[alzheimerswa.org.au/about-dementia/research/](http://alzheimerswa.org.au/about-dementia/research/).





# Objective 6:

## Longevity and Financial Sustainability

Being here for people living with dementia for as long as we are needed



**203** Staff



**92** Volunteers

### Financial management

2018/19 saw Alzheimer's WA return a strong financial performance, underpinned by the continuous improvement commitment of the organisation. Financial management continued to improve, with robust and durable financial systems implemented that enable improved financial awareness and focus.

The organisation reported a better than forecast financial result, due to many factors including strong financial management, diligent human resource management and ongoing development of managers.

2018/19 saw the organisation prepare for the introduction of Accounting Standard AASB 15 - Revenue from Contracts with Customers. These new standards replace existing accounting guidance and introduce a comprehensive revenue recognition model aimed at enhancing

comparability of revenue recognition practices. The financial management and framework required to meet these standards saw an overhaul of organisational budgeting, reporting and accountability.

### Our people

Alzheimer's WA is a diverse and professional organisation employing staff in locations throughout metropolitan and regional areas. In 2018/19, Alzheimer's WA employed 203 staff and engaged the support of 92 volunteers.

Alzheimer's WA values the contribution of all volunteers. We continued our commitment to supporting volunteers by offering complimentary dementia training and through the creation of a new monthly volunteer newsletter.



In 2018/19 we secured funding to support implementation of a learning management system for our staff. While the system will be used predominantly to support upskilling of our direct care workforce, it will benefit all staff through enabling them access to a vast array of online training modules. The online training will complement classroom based and on-the-job training currently provided to all staff members and forms part of our support worker competency framework, introduced in the previous financial year.

## Information and technology

Alzheimer's WA's new client management system, Procura, went 'live' on 1 July 2018. This system enabled a full end-to-end software solution, with a single client record across all points of care in the organisation, to replace previous multiple data platforms. Throughout the year, the organisation worked to embed and understand the system, ensuring a thorough understanding, thus optimal use.

## Funding update

In line with the Health, Aged Care and Disability Services reforms, which include greater consumer empowerment and individual choice, changes to Government funding models and new governance

structures, the majority of funding previously received from Home and Community Care ceased at the end of 2017/18. This funding moved across to the Commonwealth Home Support Program.

June 2018 saw the end to funding for the Southern Inland Health Initiative grant and the Younger Onset Dementia Key Worker contract.

In 2017/18 Alzheimer's WA commenced a whole-of-town dementia friendly community project in the Western Australian towns of Manjimup and York. In 2018/19 this most successful initiative received funding from a number of sources which allowed us to roll out to the towns of Margaret River and Toodyay. The communities in both towns have embraced the project wholeheartedly.

## Brand and presence

Following the adoption of a new trading name, brand and colour palette in 2017/18, Alzheimer's WA continued to build on its brand and presence in the market and the community. This process has seen Alzheimer's WA presence grow, backed by a strong, professional brand and messaging.

# Philanthropy



**900 people**  
Walk to Remember



**125 people**  
gave up chocolate



**148**  
Community fundraisers

Alzheimer's WA is proud to have a community of passionate supporters that donate, fundraise and participate in our events. The generosity of our supporters allows Alzheimer's WA to deliver above and beyond what Government funding can provide.

## Signature Events

900 people walked in our 2018 Walk to Remember events across Mandurah, Albany and Perth. These passionate walkers raised over \$71,500 for Western Australians living with dementia.

125 people gave up chocolate in March 2019 and raised over \$29,500 in our Chocolate Block Challenge. Thank you to ambassadors Jessica Bratich Johnson, Pippa McManus and Ros Thomas who helped to raise awareness of the Challenge.

## Community Fundraisers

Sincere thanks to our dedicated community fundraisers. The effort, creativity and passion these supporters put into fundraising on our behalf is truly inspiring. 148 community fundraisers raised almost \$100,000.

Special acknowledgement must be given to Maryanne Phillips and the Wine and Horses team who held their annual Wine and Horses Charity Ride raising over \$27,000. This event has raised over \$139,000 since it began.

Olivia Holtmeulen and her family again hosted the Alzheimer's Charity Golf Day and raised close to \$14,000. Olivia has raised over \$72,000 since she hosted the first Golf Day four years ago when she was just 10.

A special thank you to Matthew Budge and PwC for hosting our inaugural World Alzheimer's Day Cocktail Party on 20 September 2018. The event raised \$3,500 for Alzheimer's WA.



## Gifts in Wills

We are thankful to all who have been inspired to leave a legacy in their wills. Such gestures are very much appreciated and we acknowledge with gratitude those who bequeathed part of their Estate to Alzheimer's WA.

We would like to acknowledge a bequest from the late Metta Thick which allowed Alzheimer's WA to develop a scholarship program to sponsor a staff member in residential aged care to become a Dementia Change Champion® and undertake the *Certificate IV in Leadership and Innovation in Dementia Services*. A second scholarship will be offered to an Alzheimer's WA staff member to attend a conference or training in best practice dementia care.

## Sponsors

Thank you to corporate partners N.C. Bruining & Associates and HHG Legal Group who deliver complimentary financial planning and legal seminars for people living with dementia and their carers.

## Advocates

We are grateful to clients, members and Dementia Advocates who allowed us to share their stories to raise awareness of dementia. In particular, we thank Dorothy, Claire and Patrick, Laurie and Derene, Rae-Ellen and Barry, Marie and Alfie, and Jackie and Andy for opening their hearts and sharing their personal journeys as part of our Christmas and Tax appeals.

With your ongoing support we are able to plan ahead to continue our work.



### Laurie and Derene

Laurie and Derene live in Manjimup and are grateful for the changes brought about by the Dementia Friendly Communities project in their town. Laurie was diagnosed with Frontotemporal dementia five years ago and says the program has given him a new lease on life.

“People are coming to me, giving me support that I didn't know was there before. It's a disease that you've got and you just become a recluse, but not anymore.”

Laurie has been invited to join the volunteering program at the local community centre.

“Volunteering has helped Laurie to feel like he's worthwhile,” said Laurie's wife, Derene.

Moving back to Perth had been a consideration after Laurie's diagnosis but now Derene says Manjimup is where they will stay.

“I'm being well supported now. I can't believe the difference that small changes have made for Laurie's independence. I know this is where Laurie gets the best care and support and I think the future looks really good. The program is going to help a lot of other families as well.”

Laurie no longer spends his days at home. He is able to volunteer within his community, giving him a sense of pride and purpose.





Larry Carter



Memory Café Innaloo



Wine and Horses



Royal Commission into Aged Care Quality and Safety



Client Services Morning Tea



Memory Café Garden City



Walk to Remember





**HBF Grant Cheque**



**Carers Expo**



**2018 World Alzheimer's Day**



**Charity Golf Day**



**Acute Care Symposium**



**Chocolate Block Challenge Ambassadors**



**Sarah Blunt**



**PwC Cocktail Party**



**Dementia Partnership Project Symposium**





Royal Commission Mary Chester House



Wine and Horses



Peter and Liz Brown from Atwell



Dementia Friendly Community Toodyay



Dementia Partnership Project Symposium







Alice Gerrans



Glenn Monaghan



Mary Chester House Open Day



Hawthorn House Fete



Acute Care Symposium



Mary Chester House Dinner



Chocolate Block Challenge

# Our generous sponsors, funders, donors, supporters and contributors



**Australian Government**  
**Department of Health**



**GOVERNMENT OF  
WESTERN AUSTRALIA**



Government of **Western Australia**  
**WA Country Health Service**



Department of **Local Government,  
Sport and Cultural Industries**  
Office of **Multicultural Interests**



Government of **Western Australia**  
Department of **Communities**



Department of  
**Primary Industries and  
Regional Development**



Aussie Natural Spring Water  
Captain Cook Cruises  
Carers WA  
City of Albany  
City of Mandurah  
Coastal Tennis  
Coles

COTA WA  
Cycling Without Age  
Entertainment Book  
Pullmans Bunker Bay  
San Churros  
Sorrento Quality Resorts  
Subway Floreat

Super Bowl Warwick  
The Lockwood Foundation  
Town of Cambridge  
Volunteering WA  
Wembley Golf Course



# Volunteers

## We couldn't do what we do without you

Volunteers are fundamental to helping us care for and support people living with dementia. Whether they volunteer in our houses, at our events or in our head office we are incredibly humbled and thankful for their commitment. Thank you for being part of our team.

We also thank all the special carers who have donated endless time and care this year.

|                    |                        |                          |
|--------------------|------------------------|--------------------------|
| Julie Andrews      | Jane Heath             | Pamela Tapper            |
| Allan Briscoe      | Jenny Lloyd            | Patricia Simpson         |
| Allen Daniels      | Jenny Redman           | Paula Mclellan           |
| Anita Jay          | Jim Coutts             | Pauline Marwick          |
| Ann Zubrick        | Jimmy Concepcion       | Peter Elphick            |
| Ann Pirrie         | John Blaney-Murphy     | Phil Smith               |
| Annette Sanders    | John Miller            | Pippa Williams           |
| Bhavni Khimasia    | Julie Dickinson        | Ray Whittington          |
| Brian Wisewould    | Kayley Harris          | Robyn Miller             |
| Charmaine Wong     | Kelly Murray           | Rudi Otte                |
| Chloe Boulos       | Lara Glanz             | Sacha Downing            |
| Chris Collings     | Laura Gabriel          | Sangavi Sivagnanasundram |
| Colin Taylor       | Leis Davey             | Scott Larking            |
| Crislyn Baron      | Lesley Brecevic        | Scott Plunkett           |
| Danielle Ariti     | Leslie Wilson          | Shannon McCabe           |
| Dawn Milliken      | Liesl Haasbroek        | Sharmayne Patterson      |
| Denise Maslin      | Linda Horner           | Sharon Ford              |
| Desmond Madden     | Lisa Galatis           | Stephen Gannaway         |
| Dina Shah          | Liz West               | Susan Frost              |
| Fiona Green        | Louise Ong             | Tania Nelson             |
| George Burdon      | Margaret Blaney-Murphy | Taylor Sofield           |
| Grace Chow         | Margaret Parsons       | Tearyn Badger            |
| Graham Leembruggen | Marilyn Sedgwick       | Terri Strong             |
| Graham Wilson      | Melanie Witte          | Terry Byrne              |
| Gregory Harris     | Michael King           | Tiana Caccetta           |
| Heather Mernick    | Mike Taylor            | Trish Bell               |
| Heather Power      | Mimma Ialacci          | Val Thomas               |
| Heather Nelson     | Mitchell Beeck         | Val George               |
| Helen Polette      | Molly Smith            | Wilma Depiazzi-Nieland   |
| Jake Johns         | Neil Edmunds           | Yanchun (Cecilia) Chen   |
| Jan Healey         | Neve Dickinson         |                          |
| Jan Perry          | Noel George            |                          |

# Directors' Report

For the year ended 30 June 2019

Your Directors present this report to the members of Alzheimer's Australia WA Ltd for the year ended 30 June 2019.

| Directors           | Date Appointed | Board |    | Executive |   |
|---------------------|----------------|-------|----|-----------|---|
|                     |                | A     | B  | A         | B |
| Mr Craig Masarei    | Nov 02         | 9     | 10 | 7         | 7 |
| Mrs Jenny Rogers    | Nov 04         | 10    | 10 | 6         | 7 |
| Dr Sean Maher       | Sept 10        | 8     | 10 |           |   |
| Mrs Jenny Watt      | Nov 05         | 5     | 6  |           |   |
| Mr Arnold Stroobach | Nov 12         | 8     | 10 |           |   |
| Mr Ian Wells        | Mar 14         | 5     | 10 | 3         | 7 |
| Mr Bronte Parkin    | Nov 14         | 1     | 2  |           |   |
| Mr Warren Harding   | Dec 18         | 6     | 6  |           |   |
| Mr Matt Budge       | Nov 18         | 6     | 7  | 3         | 3 |
| Ms Rhonda Parker    | Sept 12        | 10    | 10 | 6         | 7 |

**A** Number of meetings attended

**B** Number of meetings held during the time the Director held office during the year (including AGM)

Details of Directors' qualifications, experience and special responsibilities are contained in the table below.

| Directors        | Qualifications  | Experience  | Special Responsibilities   |
|------------------|---|---|--|
| Mr Craig Masarei | Bachelor of Jurisprudence; Bachelor of Laws (Hon)   | Legal and economic  | Chair; Finance and Audit Committee; Building Committee; Governance Committee |
| Mrs Jenny Rogers |   | Financial Advisor/Equities; Superannuation; Managed Funds | Deputy Chair; Finance and Audit Committee;                                   |
| Dr Sean Maher    | Bachelor of Medicine; Bachelor of Surgery; Fellow of the Royal Australasian College of Physicians |   | Honorary Medical   |
| Mrs Jenny Watt   | General Nursing and Midwifery Certificates  | Carer   |  |

| Directors                        | Qualifications   | Experience  | Special Responsibilities  |
|----------------------------------|--|---|---|
| Mr Arnold Stroobach              | Masters in Business Administration (MBA); Masters in Medical Informatics (M.Sc)  | Management  | Building Committee<br>Finance, Audit and Risk Management Committee  |
| Mr Ian Wells                     | Bachelor of Business (Accounting); Fellow of CPA Australia; and Certified Finance and Treasury Professional              | Finance and Business Management   | Finance Director<br>Finance, Audit and Risk Management Committee Building Committee                             |
| Mr Bronte Parkin                 | BAppSc (Physics) (Curtin); BEd (UWA); MACE (Life Member)   | Carer; Education administration; Public Sector corporate governance and strategic resource management | Governance Committee  |
| Adjunct Professor Warren Harding | B.Sc Science (1st Hons); Grad. Dip. Media; Brit Council Scholar (LSE)  | Strategy, Government, Organisational Performance/ Culture/Skills                                      | Nominations Committee   |
| Mr Matthew Budge                 | Bachelor of Commerce; Masters of Taxation; Member of the Institute of Chartered Accountants in Australia and New Zealand | Finance, accounting and taxation  | Finance, Audit and Risk Management Committee  |
| Ms Rhonda Parker                 | Diploma of Teaching  | Aged care standards and accreditation; Strategic planning and policy development                      | Chief Executive Officer<br>Company Secretary<br>Finance, Audit and Risk Management Committee Building Committee |

### Company Secretary

Ms Rhonda Parker has held the position of Company Secretary from May 2018 to October 2018. Mr Matthew Budge held the position from November 2018 to June 2019.

### Resignation

Mr Bronte Parkin's term ended at the 2018 AGM and he did not seek re-election. Mrs Jenny Watt resigned from the Board in March 2019 and Mr Ian Wells resigned in June 2019.

### Principal activities

The company's principal activities during the year were;

- » To provide representation and support while advancing the interest of individuals with dementia and their carer's at a personal, community and political level.

There were no significant changes in the nature of the company's activities during the year.



## Operating result and review of operations

The operating result for the year was a profit of **\$941,635 (2018: Profit \$313,260 restated)**. The company is exempt from income tax.

A detailed review of operations can be found in the annual report, which accompanies this financial report.

## Dividends

The company's constitution precludes the payment of dividends.

## Significant changes in state of affairs

In the opinion of the directors, there were no significant changes in the state of affairs of the company that occurred during the financial year under review not otherwise disclosed in this report.

## After balance date events

There has not arisen in the interval between the end of the financial year and the date of the report any item, transaction or event of a material and unusual nature that in the opinion of the directors is likely to substantially affect the operations of the company, the results of those operations, or the company's state of affairs in future financial years.

## Future developments

The company will continue to carry on the principal activities noted above. There are no likely developments in the activities in future years, which will affect the results and therefore require disclosure.

## Auditor's independence

A copy of the Auditor's Independence Declaration as required under s.60-40 of the *Australian Charities and Not for Profits Commission Act 2012* is included on page 38 of this financial report and forms part of the Directors' Report for the year ended 30 June 2019.

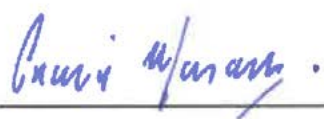
## Indemnification and insurance of officers and auditors

Since the end of the previous financial year, the company has paid insurance premiums in respect of directors' and officers' liability and legal expenses' insurance contracts for current and former directors and officers, including senior executives of the company. The insurance premiums relate to:

- » Costs and expenses incurred by the relevant officers in defending proceedings whether civil or criminal and whatever the outcome
- » Other liabilities that may arise from their position, with the exception of conduct involving wilful breach of duty or improper use of information or position to gain a personal advantage.

The company has not otherwise indemnified or agreed to indemnify an officer or auditor of the company against a liability incurred as such an officer or auditor.

Signed in accordance with a resolution of the directors.

A handwritten signature in blue ink, appearing to read "Chris Murray", is written over a horizontal line.

**DIRECTOR**

A handwritten signature in blue ink, appearing to read "Mark Budge", is written over a horizontal line.

**DIRECTOR**

**PERTH**

**DATED 24<sup>TH</sup> DAY OF OCTOBER 2019**

# Auditor's Independence Declaration

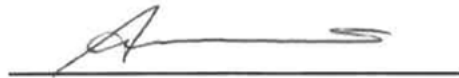
## To the Directors of Alzheimer's WA Ltd

In accordance with the requirements of section 60-40 of the *Australian Charities and Not for Profits Commission Act 2012*, as lead auditor for the audit of Alzheimer's Australia WA Ltd for the year ended 30 June 2019, I declare that, to the best of my knowledge and belief, there have been:

- (i) no contraventions of the auditor independence requirements of the Australian Charities and Not for Profits Commission Act 2012 in relation to the audit; and
- (ii) no contraventions of any applicable code of professional conduct in relation to the audit.



**MACRI PARTNERS**  
**CERTIFIED PRACTISING ACCOUNTANTS**  
**SUITE 2, 137 BURSWOOD ROAD**  
**BURSWOOD WA 6100**



**A MACRI**  
**PARTNER**

**PERTH**  
**DATED 25<sup>TH</sup> DAY OF OCTOBER 2019**



# Discussion and Analysis of the Financial Statements

## Information on the company's concise financial report for the year ended 30th June 2019

The financial statements and disclosures in the Concise Financial Report have been derived from the 2019 Financial Report of Alzheimer's Australia WA Ltd and is an extract from the full financial report. A copy of the full financial report and auditor's report will be sent to any member, free of charge, upon request.

The information about the concise financial report is provided to assist members in understanding this report and is based on the company's consolidated financial statement and has been derived from the full 2019 Financial Report of Alzheimer's Australia WA Ltd.

### Statement of Comprehensive Income

The profit for the year is \$941,635 mainly derived from large donations and bequests. Net change in fair value of financial assets is \$133,112 for the year. Compared to prior financial year, total income has reduced by \$587,136 (4.38%) due to reduced grant and capital funding in 2018/19, whilst expenditure has reduced by \$1,215,511 (9.28%).

### Statement of Financial Position

The total Assets of the company increased to \$24,846,875. This increase is attributable to the following:

- » An increase in Cash and cash equivalents at the end of the year (Timing of grants receipts and large specific purpose grants)
- » An increase in the value of Financial Assets managed by Macquarie Private Wealth.

Total liabilities increased by \$557,348 (6.98%) attributed by the increase in unexpended contract income and specified purpose grants.

### Statement of Cash Flows

Cash flows from operating activities have seen a reduction from last financial year \$1,313,780 (14.78%) due to reduction in payment of contracts and specified purpose grants in 2018/19 income.

There has been a total increase in cash and cash equivalents for the year of \$1,486,457.

### Statement of Changes in Equity

The equity of Alzheimer's WA has increased by \$976,047. This is due largely to the reduction in Employee benefits and Expenses in general.

# Statement of Profit or Loss and Other Comprehensive Income

For the year ended 30 June 2019

|   | Note      | 2019<br>\$       | 2018<br>Restated<br>\$ |
|---|-----------|------------------|------------------------|
| Income  | 2 (a),(b) | 12,825,363       | 13,412,499             |
| Employee benefits expense   |           | (9,977,458)      | (9,453,050)            |
| Depreciation and amortisation expense   | 2 (c)     | (163,484)        | (187,663)              |
| Finance costs   | 2 (c)     | (22,805)         | (24,542)               |
| Other expenses  | 2 (c)     | (1,719,981)      | (3,433,984)            |
|   |           | (11,883,728)     | (13,099,239)           |
| <b>Net surplus (deficit) for the year</b>   |           | <b>941,635</b>   | <b>313,260</b>         |
| <b>Other Comprehensive Income:</b>  |           |                  |                        |
| <b>Items that will be reclassified subsequently to profit or loss when specific conditions are met:</b> |           |                  |                        |
| Net change in fair value of financial assets  |           | 133,112          | 106,285                |
| Total other comprehensive income for the year   |           | 133,112          | 106,285                |
| <b>Total comprehensive income for the year</b>  |           | <b>1,074,747</b> | <b>419,545</b>         |
| <b>Total comprehensive income attributable to members of the company</b>                                |           | <b>1,074,747</b> | <b>419,545</b>         |

The accompanying notes form part of these concise financial statements.

# Statement of Financial Position

As at 30 June 2019

|                                      |      | 2019              | 2018              | 2017              |
|--------------------------------------|------|-------------------|-------------------|-------------------|
|                                      | Note | \$                | Restated<br>\$    | \$                |
| <b>Assets</b>                        |      |                   |                   |                   |
| <b>Current Assets</b>                |      |                   |                   |                   |
| Cash and cash equivalents            | 3    | 9,175,863         | 7,689,406         | 4,594,145         |
| Trade and other receivables          | 4    | 323,765           | 291,416           | 167,116           |
| Inventories                          | 5    | 8,316             | 9,326             | 11,855            |
| Prepayments                          |      | 52,039            | 36,750            | 53,629            |
| <b>Total Current Assets</b>          |      | <b>9,559,983</b>  | <b>8,026,898</b>  | <b>4,826,745</b>  |
| <b>Non Current Assets</b>            |      |                   |                   |                   |
| Financial Assets                     | 6    | 1,727,319         | 1,573,174         | 1,563,690         |
| Property, Plant and Equipment        | 7    | 13,537,531        | 13,682,033        | 13,736,346        |
| Intangible Assets                    | 8    | 22,042            | 31,375            | 31,135            |
| <b>Total Non Current Assets</b>      |      | <b>15,286,892</b> | <b>15,286,582</b> | <b>15,331,171</b> |
| <b>TOTAL ASSETS</b>                  |      | <b>24,846,875</b> | <b>23,313,480</b> | <b>20,157,916</b> |
| <b>Liabilities</b>                   |      |                   |                   |                   |
| <b>Current Liabilities</b>           |      |                   |                   |                   |
| Trade and other payables             | 9    | 5,420,186         | 5,030,016         | 2,187,832         |
| Borrowings                           | 10   | 400,000           | -                 | 46,919            |
| Provisions                           | 11   | 715,500           | 641,263           | 685,368           |
| <b>Total Current Liabilities</b>     |      | <b>6,535,686</b>  | <b>5,671,279</b>  | <b>2,920,119</b>  |
| <b>Non Current Liabilities</b>       |      |                   |                   |                   |
| Borrowings                           | 10   | 1,600,000         | 2,000,000         | 2,000,000         |
| Provisions                           | 11   | 411,642           | 318,701           | 333,842           |
| <b>Total Non Current Liabilities</b> |      | <b>2,011,642</b>  | <b>2,318,701</b>  | <b>2,333,842</b>  |
| <b>TOTAL LIABILITIES</b>             |      | <b>8,547,328</b>  | <b>7,989,980</b>  | <b>5,253,961</b>  |
| <b>NET ASSETS</b>                    |      | <b>16,299,547</b> | <b>15,323,500</b> | <b>14,903,955</b> |
| <b>Members' Funds</b>                |      |                   |                   |                   |
| Revaluation Surplus                  | 12   | 9,285,610         | 9,285,610         | 9,285,610         |
| Financial Assets Reserve             |      | 471,373           | 338,261           | 231,976           |
| Retained Earnings                    |      | 6,542,564         | 5,699,629         | 5,386,369         |
| <b>TOTAL MEMBERS' FUNDS</b>          |      | <b>16,299,547</b> | <b>15,323,500</b> | <b>14,903,955</b> |

The accompanying notes form part of these concise financial statements.



# Statement of Changes in Equity

For the year ended 30 June 2019

|   | Retained<br>Earnings | Revaluation<br>Surplus | Financial<br>Assets<br>Reserve | Total             |
|---|----------------------|------------------------|--------------------------------|-------------------|
|   | \$                   | \$                     | \$                             | \$                |
| <b>Balance at 1 July 2017</b>                                   | 5,386,369            | 9,285,610              | 231,976                        | 14,903,955        |
| Net Surplus attributable to operating activities of the company | 333,741              | -                      | -                              | 333,741           |
| Other Comprehensive Income                                      | -                    | -                      | 85,804                         | 85,804            |
| <b>Balance at 30 June 2018</b>                                  | <b>5,720,110</b>     | <b>9,285,610</b>       | <b>317,780</b>                 | <b>15,323,500</b> |
| Transfer of realised profit                                     | 7,001                | -                      | (7,001)                        | -                 |
| Adjustment AASB 9   | (27,482)             | -                      | 27,482                         | -                 |
| <b>Restated Balance at 30 June 2018</b>                         | <b>5,699,629</b>     | <b>9,285,610</b>       | <b>338,261</b>                 | <b>15,323,500</b> |
| Net Surplus for the year  | 941,635              | -                      | -                              | 941,635           |
| Other Comprehensive Income                                      | -                    | -                      | -                              | 34,412            |
| Transfer of realised loss - AASB 9                              | (98,700)             | -                      | 34,412                         | -                 |
| <b>Balance at 30 June 2019</b>                                  | <b>6,542,564</b>     | <b>9,285,610</b>       | <b>471,373</b>                 | <b>16,299,547</b> |

The accompanying notes form part of these concise financial statements.

# Statement of Cash Flows

For the year ended 30 June 2019

|   | 2019<br>\$       | 2018<br>\$       |
|---|------------------|------------------|
| <b>CASH FLOWS FROM OPERATING ACTIVITIES</b>                       |                  |                  |
| Receipts from:  |                  |                  |
| - Donations and gifts   | 535,016          | 606,204          |
| - Government grants   | 9,957,994        | 13,101,651       |
| - Interest received   | 55,567           | 40,863           |
| - Dividends received  | 207,840          | 96,803           |
| - Fees and Charges  | 2,740,296        | 1,014,322        |
| - Other Receipts  | 512,128          | 276,927          |
| GST Paid  | (895,719)        | (866,954)        |
| Payments to suppliers and employees                               | (11,472,150)     | (11,313,327)     |
| Borrowing Costs   | (22,805)         | (24,542)         |
| <b>NET CASH FLOWS FROM OPERATING ACTIVITIES</b>                   | <b>1,618,167</b> | <b>2,931,947</b> |
| <b>CASH FLOWS FROM INVESTING ACTIVITIES</b>                       |                  |                  |
| Proceeds from sale of property, plant and equipment               | -                | 92,918           |
| Purchase of property, plant and equipment                         | (11,977)         | (225,313)        |
| Proceeds from sale of financial assets                            | 69,552           | 13,968           |
| Purchase of financial assets                                      | (189,285)        | (4,876)          |
| <b>NET CASH FLOWS USED IN INVESTING ACTIVITIES</b>                | <b>(131,710)</b> | <b>(123,303)</b> |
| <b>CASH FLOWS FROM FINANCING ACTIVITIES</b>                       |                  |                  |
| Finance lease payments  | -                | (46,919)         |
| <b>NET CASH FLOWS USED IN FINANCING ACTIVITIES</b>                | <b>-</b>         | <b>(46,919)</b>  |
| Net increase/(decrease) in cash and cash equivalents              | 1,486,457        | 2,761,725        |
| Cash and cash equivalents at the beginning of the financial year  | 7,689,406        | 4,927,681        |
| <b>CASH AND CASH EQUIVALENTS AT THE END OF THE FINANCIAL YEAR</b> | <b>9,175,863</b> | <b>7,689,406</b> |

The accompanying notes form part of these concise financial statements.

# Notes to the Concise Financial Report

For the year ended 30 June 2019

## Note 1: Basis of Preparation of the Concise Financial Report

The concise financial report is an extract of the full financial report for the year ended 30 June 2019. The concise financial report has been prepared in accordance with Australian Accounting Standard AASB 1039: Concise Financial Reports and the *Australian Charities and Not for Profits Commission Act 2012*.

The financial statements, specific disclosures and other information included in the concise financial report are derived from, and are consistent with, the full financial report of Alzheimer's WA Ltd. The concise financial report cannot be expected to provide as detailed an understanding of the financial performance, financial position and financing and investing activities of Alzheimer's Australia WA Ltd as the full financial report. A copy of the full financial report and auditor's report will be sent to any member, free of charge, upon request.

A Statement of Compliance with the International Financial Reporting Standards ('IFRS') as issued by the International Accounting Standards Board ('IASB') cannot be made due to the company applying Not-for-Profit specific requirements contained in the Australian Accounting Standards. The presentation currency used in this concise financial report is Australian dollars.

|   | 2019<br>\$ | 2018<br>\$ |
|---|------------|------------|
| <b>Note 2: Revenue, Other Income and Expenses</b> |            |            |
| <b>(a) Revenue</b>                                |            |            |
| Sale of goods                                     | 2,753      | 2,145      |
| Rendering of services                             | 2,479,725  | 1,158,685  |
| Government grants                                 | 8,753,869  | 11,252,303 |
| Donations and gifts                               | 535,016    | 606,204    |
| Volunteer - in-kind                               | 251,843    | -          |
| <b>(b) Other income</b>                           |            |            |
| Investment income                                 |            |            |
| - Interest  | 62,600     | 40,863     |
| - Dividends                                       | 230,182    | 96,803     |
| <b>(c) Expenses</b>                               |            |            |
| Finance costs                                     | 22,805     | 24,542     |
| Depreciation                                      | 163,626    | 187,663    |
| Operating lease payments                          | 34,911     | 66,195     |
| Auditors' remuneration                            | 34,000     | 34,000     |



**Note 3: Segment Reporting**

The company operates predominately in one business and geographical segment being provision of community services in Western Australia.

**Note 4: Events after the Reporting Period**

There are no matters or circumstances that have arisen since the end of the financial year that have significantly affected or may significantly affect the operations of the company, the results of those operations or the state of affairs of the company except for the information disclosed in the Directors' report.

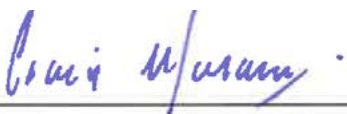
---

# Directors' Declaration

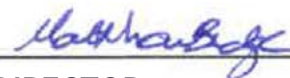
The Directors of the Alzheimer's Australia WA Ltd declare that the accompanying concise financial report of Alzheimer's Australia WA Ltd for the financial year ended 30 June 2019:

- a. complies with Accounting Standard AASB 1039: *Concise Financial Reports*; and
- b. is an extract from the full financial report for the year ended 30 June 2019 and has been derived from and is consistent with the full financial report of Alzheimer's Australia WA Ltd.

This declaration is made in accordance with a resolution of the Board of Directors.



DIRECTOR



DIRECTOR

PERTH

DATED 24<sup>TH</sup> DAY OF OCTOBER 2019

# Independent Auditor's Report

## To the Members of Alzheimer's WA Ltd

### Report on the Financial Report

The accompanying concise financial report of Alzheimer's Australia WA Ltd comprises the Statement of Financial Position as at 30 June 2019, the Statement of Comprehensive Income, Statement of Changes in Equity and Statement of Cash Flows for the year then ended and related notes, derived from the audited financial report of Alzheimer's Australia WA Ltd for the year ended 30 June 2019, as well as the discussion and analysis. The concise financial report does not contain all the disclosures required by Australian Accounting Standards.

### Directors' Responsibility for the Financial Report

The directors are responsible for the preparation and fair presentation of the concise financial report in accordance with Accounting Standard AASB 1039: *Concise Financial Reports* (including Australian Accounting Interpretations), statutory and other requirements. This responsibility includes establishing and maintaining internal controls relevant to the preparation of the concise financial report; selecting and applying appropriate accounting policies; and making accounting estimates that are reasonable in the circumstances.

### Auditor's Responsibility

Our responsibility is to express an opinion on the concise financial report based on our audit procedures. We have conducted an independent audit, in accordance with Australian Auditing Standards, of the full financial report of Alzheimer's Australia WA Ltd for the year ended 30 June 2019. Our auditor's report on the financial report for the year was signed on 25<sup>th</sup> October 2019 and was unmodified. Australian Auditing Standards require that we comply with the relevant ethical requirements relating to audit engagements and plan and perform the audit to obtain reasonable assurance whether the financial report for the year is free from material misstatement.

Our procedures in respect of the concise financial report included testing that the information in the concise financial report is derived from, and is consistent with the financial report for the year, and examination on a test basis, of evidence supporting the amounts, discussion, and analysis, and other disclosures which were not directly derived from the financial report for the year. These procedures have been undertaken to form an opinion whether, in all material respects, the concise financial report complies with Accounting Standard AASB 1039: *Concise Financial Reports* and whether the discussion and analysis complies with the requirements laid down in AASB 1039.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our audit opinion.

## Independence

In conducting our audit, we have complied with the independence requirements of the *Australian Charities and Not for Profits Commission Act 2012* and the Accounting Professional and Ethical Standards Board.

## Auditor's Opinion

In our opinion, the concise financial report, including the discussion and analysis of Alzheimer's Australia WA Ltd for the year ended 30 June 2019 complies with Accounting Standard AASB 1039: *Concise Financial Reports*.

## Emphasis of Matter in the Auditor's Report on the Financial Report for the Year

The following paragraph is copied from our report on the financial report for the year. The emphasis of matter in that report does not apply to our opinion on the Concise Financial Report for the reason stated above in our Auditor's Opinion.

We draw attention to the fact that cash donations and gifts are a source of revenue for Alzheimer's Australia WA Ltd. Alzheimer's Australia WA Ltd has determined that it is impracticable to establish control over cash donations and gifts prior to entry into its financial records. Accordingly, as the evidence available to us regarding revenue from this source was limited, our audit procedures with respect to cash donations and gifts have to be restricted to the amounts recorded in the financial records. Our opinion is unmodified in respect of this matter.



**MACRI PARTNERS**  
**CERTIFIED PRACTISING ACCOUNTANTS**  
**SUITE 2, 137 BURSWOOD RD**  
**BURSWOOD WA 6100**



**A MACRI**  
**PARTNER**

**PERTH**  
**DATED 25<sup>TH</sup> DAY OF OCTOBER 2019**





## HEAD OFFICE

55 Walters Drive, Osborne Park WA 6017

Telephone: 1300 66 77 88

Facsimile: (08) 9388 2739

PO Box 1509, Subiaco WA 6904

[support@alzheimerswa.org.au](mailto:support@alzheimerswa.org.au)

## REGIONAL OFFICES

Albany: (08) 9841 3755

Mandurah: (08) 9535 8772

For services provided from  
Kalgoorlie and York, please  
contact us on 1300 66 77 88.



[facebook.com/alzheimerswa](https://facebook.com/alzheimerswa)



[twitter.com/alzheimerswa](https://twitter.com/alzheimerswa)



[instagram.com/alzheimers\\_wa](https://instagram.com/alzheimers_wa)



[linkedin.com/company/alzheimers-wa](https://linkedin.com/company/alzheimers-wa)



[youtube.com/alzheimersauswa](https://youtube.com/alzheimersauswa)

**[alzheimerswa.org.au](https://alzheimerswa.org.au)**