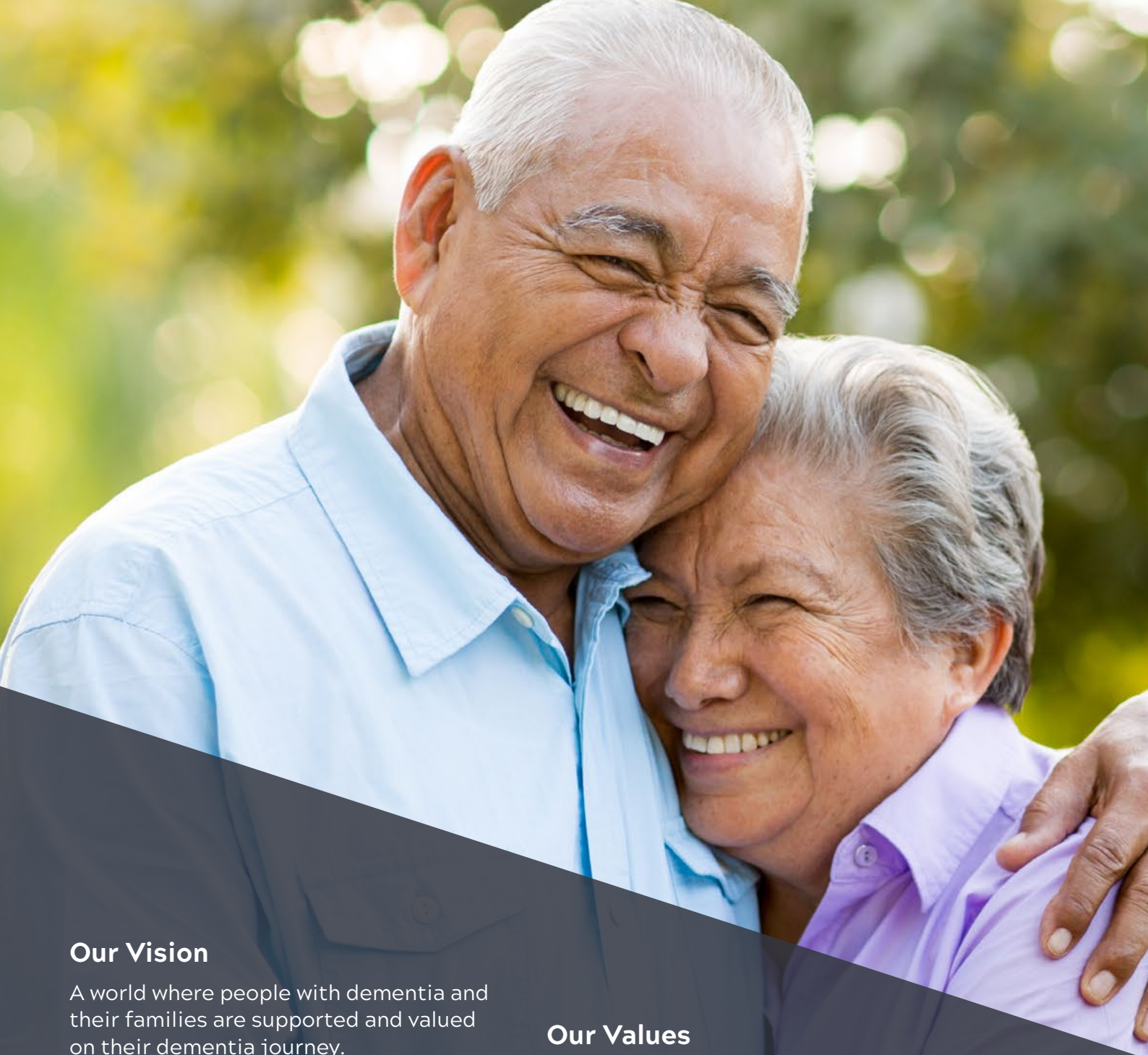




Representation of our Indigenous  
capacity building model in Bidyadanga  
By Deborah Newenham

# Annual Report 2017/18





## Our Vision

A world where people with dementia and their families are supported and valued on their dementia journey.

## Our Philosophy

Dementia is a lived human experience rather than just a biological condition. We therefore embrace and support a holistic, person-centred approach that respects the individuality and the experience of those living with dementia.

## Our Purpose

To improve the lived experience of those on the dementia journey through our advocacy, leadership, innovation, education, partnerships and holistic, person-centred care and support, and to support the pursuit of risk reduction, treatment and cure for dementia.

## Our Values

Our passion to improve the experience of those living with dementia is supported by our values of:

- » Understanding the unique needs of people with dementia
- » Recognising people as our greatest strength
- » Investing in partnerships
- » Treating people with respect and dignity
- » Encouraging innovation and creativity
- » Being transparent, accountable and sustainable

## Our Culture

### We are **ONE**

We are **ONE** with those living with dementia

We work as **ONE** with our partners

We are **ONE** proud and disciplined team





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# Chairman's Report

**This organisation's year in the midst of reform and change has been full of significant challenges, tough obstacles, and inspiring success.**

The success our organisation has seen in the last 12 months leaves me in no doubt we can deliver on our mandate as an organisation and build on our heritage and place in the Western Australian community that we have carved out over the last 36 years.

We have spent much of the past year committing to our goal of refocusing our organisation, and responding with agility and energy to the multiple challenges of the aged and disability care reforms. We have been required to identify, embrace and adapt to changes in our goals, strategies, funding and in the provision of services.

The Board and our leadership group continue to work vigorously to determine and execute our growth strategy as we move forward. Much work has been done in this space.

One of the key programs was a Business Transformation Project. The Project identified and scoped projects to transform the way we worked to position us for growth in the future. It included initiatives across: leadership; culture and structure; strategic positioning and branding; technology, systems and processes; and performance monitoring and reporting.

The technology, systems and processes initiatives saw the implementation of new business systems to improve reporting, oversight, data management, and most

importantly client management. This has been a significant investment and program of work that positions us well for the future.

The Board is now finalising the 2019-2021 strategic plan which will provide the framework to guide our growth and focus for the next three years.

The last year has seen significant changes in our funding, with impacts on some of our services and valued staff. Despite this we have been able to sustain our level of revenue. Credit for this goes to the passionate leaders at the forefront of our organisation, and staff across the breadth of the organisation, whose hard work has ensured the continued success and prosperity of Alzheimer's WA.

The last year has also seen us develop a closer relationship with the Australian Alzheimer's Research Foundation (formerly McCusker Foundation), further improving our ability as an organisation to support and enhance the lives of people living with dementia.

This year marks the end of a period of service for two Directors. I would like to give my personal thanks to Dr Michael Preece, who has stepped down from his position due to other responsibilities. Michael served on the Board for seven years, three of which were as Treasurer.

Bronte Parkin served as a Director for three years, and has not sought re-election due to his caring responsibilities. Bronte was a reliable voice for those with dementia and their carers. I thank them both for their commitment to this organisation, and the countless hours of work they put in to ensure its best possible future.

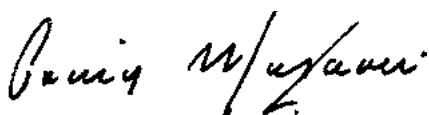
# Board Members

I would like to thank my fellow Directors and all members of the Board who have committed themselves to helping Alzheimer's WA transition through this challenging period, and have overcome countless challenges on the way.

Our CEO Rhonda Parker, our management team, staff and volunteers have all worked tirelessly to assist the organisation in its transition, and without them our success in doing so would not have been the same. I thank them all for their fantastic contributions over the last year.

Thank you also to the Federal and WA State Governments for making funding available for many of the services we deliver. It would not be possible for us to deliver on our mandate without their continued support.

Alzheimer's WA has experienced one of the busiest and most challenging years since its establishment. I am confident that the decisions made and changes embraced over the course of this period will ensure the best possible future for our organisation. I am proud of the focus and effort that has been put in, and the commitment of everyone at Alzheimer's WA to ensure we continue to provide the best possible support for all those living with dementia in Western Australia.



**Craig Masarei**  
Chairman



**Craig Masarei**  
Chairman



**Jenny Rogers**  
Deputy Chair



**Dr Michael Preece**  
Company Secretary



**Ian Wells**  
Treasurer



**Arnold Stoobach**  
Director



**Jenny Watt**  
Director



**Dr Sean Maher**  
Medical Director



**Bronte Parkin**  
Director



**Rhonda Parker**  
Chief Executive Officer

# CEO's Report



**In the middle of change and challenge, it is important to maintain focus on a few key things to ensure you stay true to your mission. There is no doubt the last year has presented change and challenge, often from new sources and in new scale.**

**So what are the things we at Alzheimer's WA have focused on during this time?**

Firstly, we have consistently reminded ourselves of our mandate. While we need to be financially sustainable, our priority driver is mandate not money.

We are a mission-driven, values-based organisation. We were established 36 years ago to support those living with dementia and we will stay true to this mandate.

Given we cannot directly support everyone living with dementia, we are committed to building capacity for better dementia care in other providers. With the reform in aged care, this means we are now improving the quality of care in potential competitors.

We are committed to a best-practice, holistic response to the needs of our clients. We will not, and do not compromise on the quality of care and support in a time of cost pressures.

We are committed to being leaders in the dementia space and will train and resource our team members to be dementia experts at all times.

We are committed to our future sustainability, to being agile and responsive to change to ensure we are future-ready.

First and foremost, we are committed to those living with dementia: the individual, the carer, and the family. We are committed to influencing their experience across the range of their lived experience - with family, friends and neighbours, when they go shopping, visit the GP, experience a stay in hospital or need to access the health and care system that is designed to support them.



These and other principles have provided direction to our team this year as we have responded to the challenge of our times.

We have undertaken a whole of business review to ensure every aspect of our operations is working with the right priority, focus and efficiency.

The Business Transformation Project guided our response to change and challenge. Part of this plan was to implement a new 21st century information technology system that would meet our operational and efficiency requirements.

While the aged and disability sector reform is far from over, neither are our challenges. However, this last year has seen Alzheimer's WA make significant progress in future-proofing our systems and strategies.

The announcement of the Royal Commission into aged care presents a unique opportunity to examine how we care for our elders in Australia. Alzheimer's WA welcomes the Royal Commission and we hope that it will create a new confidence and consistency in the delivery of compassionate care to some of the most valuable and vulnerable members of our society.

This annual report documents our achievements over the year including growth in our work in memory cafés, our work in remote Indigenous communities, in the media, in almost every metropolitan hospital, in research partnerships stretching to London, in aged care services in the Wheatbelt, and in country housing projects, to name a few. Please take the time to read this report for full coverage of our achievements.

None of this work can be achieved without an amazing team of dedicated people. Board members, staff, volunteers, members, donors, fundraisers, clients and their families have worked together to achieve these outcomes. This is the Alzheimer's WA team, and every one of you is valued.

In particular, I wish to thank the Board of Directors for their time and commitment. A special thank you to the executive of Craig Masarei, Jenny Rogers and Ian Wells for their invaluable and unselfish leadership and support.

To all staff, a big thank you. We each have different roles but share the responsibility for the quality of our work, our reputation and our future. It is a privilege to work with such passionate, talented people.

To those living with dementia, thank you for your inspiration and courage and for allowing us to share the journey with you.

We will continue to be an organisation committed to ensuring those on the dementia journey are valued and supported. It is why we get out of bed in the morning. Thank you for sharing this mandate and partnering in this journey with us.



**Rhonda Parker**  
Chief Executive Officer

# Research Report

The last 12 months have seen mixed outcomes regarding research in dementia. While there have been positive study findings there have also been a number of early stage successful trials cancelled as they moved into later phase trials because they showed no beneficial outcomes. A late stage trial of a drug called “Lanabecestat” was halted after results indicated that there was no improvements for early Alzheimer’s disease or mild dementia. This follows the cancellation of research into a drug called “Verubecestat”, again after no positive clinical outcomes were identified in trials.

Both of these trials and a number of others are using drugs called beta secretase cleaving enzyme (BACE) inhibitors. These are being researched as they may be able to target high levels of beta amyloid build up which is thought to be one of the biggest contributors to the development of Alzheimer’s disease. While most trials to date have focused on clearing beta amyloid from the brain after a person has been diagnosed with Alzheimer’s disease, and when marked cognitive impairment is being experienced, there seems a growing recognition that efforts may be best focused on targeting the amyloid build up well before brain cell damage is at a significant level.

The Verubecestat trial has now switched its focus to premonitory (pre symptom) Alzheimer’s disease to ascertain if early usage may prevent unusual amyloid build up and reduce the risk of developing Alzheimer’s dementia.

This refocus of research is also leading to a change in language with the term “Alzheimer’s disease” increasingly being

used to describe the pre symptom stages of pathology change in the brain. The term “Alzheimer’s dementia” is now being used to describe the stage where symptoms of cognitive impairment are apparent and impacting on a person’s abilities and daily activities.

The ability to now accurately measure abnormal amyloid build up prior to obvious cognitive impairment is a considerable breakthrough in looking at risk reduction strategies and identifying people who may be at greater risk of developing Alzheimer’s disease. This early detection of amyloid changes, possibly 10-15 years prior to cognitive impairment being evident, is offering new avenues to find interventions that may prove beneficial in reducing the number of people who develop Alzheimer’s disease in the future.

One trial recently reported at the 2018 Alzheimer’s Disease International Conference offers some hope of a breakthrough. “BAN2401” is a BACE drug designed to target amyloid build up and remove excess build up. A trial of 856 patients with early Alzheimer’s disease reported that after 18 months, those receiving the highest dose had an 81 per cent reduction in amyloid build up as measured by positron emission tomography (PET) scans and a 30 per cent reduction in clinical indicators of early Alzheimer’s dementia. Side effects of the drug did include 10 per cent of patients suffering from inflammation in brain cells. It is expected that the early success of this drug will lead to a much bigger multi-national study in 2019.



The other big research news to come out of this conference was from a study looking at the effect that high blood pressure has on the risk of developing dementia. The Systolic Blood Pressure Intervention Trial (SPRINT) study showed clear risk reduction success in managing hypertension. The lowering of the systolic blood pressure reading to under 120 led to a 19 per cent lower rate of new cases of mild cognitive impairment (MCI) and a 15 per cent reduction in MCI and dementia combined. This is a significant reduction in a high risk population group. With a growing understanding that dementia is likely to be triggered by a number of factors combining, it is likely we will see an increasing research focus on understanding what these risk factors are, how they combine to lead to the triggering of dementia and what we can do to intervene early to reduce this risk.

Studies into possible trigger factors such as: testosterone, stress hormones, genetic factors, lifestyle and impact of modern living, concussion and other brain trauma in younger life, as well as continued research on the role of amyloid and tau are all underway. Over the coming years this research will paint a much clearer picture of why some people develop the different types of dementia. This new strategy gives us hope for early interventions to reduce the prevalence of dementia in the future.

While a great deal of research is focused on Alzheimer's disease, other types of dementia are also being researched. This year saw a breakthrough in our understanding of Lewy Body dementia with a Japanese study identifying two different types of Lewy Body dementia through lumbar punctures. This greater understanding may lead to more individual treatments in the future.

Although many people were disappointed to hear one of the big pharmaceutical companies, Pfizer, was withdrawing funding for Alzheimer's research this year, the news was counter-balanced by Bill Gates announcing a personal investment of \$100 million towards research into innovative solutions in diagnosing and treating Alzheimer's disease.

With growing global collaboration, technological advancement allowing us to understand dementia pathology in ways never understood before, matched with unprecedented investment in dementia research, the hope for breakthrough treatments, risk reduction and one day a cure remains very positive.



**Delivering  
on our objectives**

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# Objective 1:

## Advocacy

**To create a better world for those living with dementia through care, support, research, services and understanding**

Alzheimer's WA continued to advocate for a world where people living with dementia and their families are supported on their dementia journey. Guided by the lived experience of dementia, it is those who are diagnosed with dementia and their families that shape and influence our message, programs and experience.

In 2017/18 Alzheimer's WA sought to lobby and influence Government agendas at local, State and Federal levels on behalf of families living with dementia. On 30 June 2018 Rhonda Parker, CEO, welcomed the Hon Ken Wyatt AM, MP, Minister for Senior Australians and Aged Care and Mr Rick Wilson MP, Member for O'Connor to Hawthorn House in Albany.

Alzheimer's WA provided submissions to:

- » Joint Select Committee on End of Life Choices
- » Aged Care Financing Authority Respite Care Consultation
- » Aged Care Workforce Taskforce
- » Future Reform: An Integrated Care at Home Program to Support Older Australians.

Rhonda Parker, CEO, provided a voice for people living with dementia in the aged care sector and health system as a member of the Aged & Community Services Australia (WA) Board, Sustainable Health Review and the Palliative Care WA Roundtable with the Hon Roger Cook MLA, Deputy Premier and Minister for Health.

As the leading voice for people living with dementia in Western Australia, Alzheimer's WA engaged the media to increase the awareness and understanding of the unique challenges of dementia. This included regular contributions by Rhonda Parker, CEO to *The West Australian* and *Have a Go News*.

### Guided by our Dementia Advocates

Our Dementia Advocates offer a perspective on the lived experience of dementia that can only be provided by those on the dementia journey. It is our Advocates that provide the most influential and powerful voices to enable us to advocate on behalf of all those with dementia.

63 people volunteered as Dementia Advocates for Alzheimer's WA including 10 with a dementia diagnosis. The Advocates collectively contributed on 33 events or occasions.

Advocates told their stories through the media including television, radio, newspaper, education workshops and at fundraising events. Advocates also provided feedback in the development of our services. Externally, Advocates influenced and guided policy with Government departments and social research.





## Supporting the growth of memory cafés

Alzheimer's WA supported the development of a model for communities to host their own memory cafés for people living with dementia. Since the first memory café was established in 2016 in partnership with AMP, City of Melville and Coffea Fine Espresso, Alzheimer's WA has supported a further 10 memory cafés to establish in the metropolitan area.

In 2017/18 Alzheimer's WA published the Memory Café Guidelines to support memory cafés through the establishment process. The guidelines are available to download from our website. Alzheimer's WA offers training for café staff and support to the relevant local government authority. In addition, an Alzheimer's WA staff member usually attends for the first few months until the community feel empowered to manage the memory café themselves.

## Financial and legal seminars

Alzheimer's WA and N.C. Bruining & Associates continued a partnership to provide free financial seminars designed specifically for carers and families of people living with dementia. Seminars are delivered by experienced financial planners and cover topics including: tax, superannuation, pensions, Centrelink and insurance.

Alzheimer's WA also formed a new partnership with HHG Legal Group to provide free legal seminars to families of people living with dementia. The seminars are designed to provide information that is current, relevant and beneficial. Topics include: getting your affairs in order, wills and estate planning, power of attorney and elder abuse.

Seminars are run regularly throughout the year and are often booked out well in advance of each seminar date. We are grateful to Nick Bruining and his team, and to HHG Legal Group, for their generous support in delivering such a highly valued service.

# Objective 2:

## Awareness and Understanding

Increasing knowledge and reducing stigma

There are more than 41,100 Western Australians living with dementia and this figure is expected to more than double to 84,000 in the next two decades. Seven in 10 people are personally affected by dementia through either their own diagnosis or that of a family member or close friend. Despite these statistics, one of the biggest challenges for Alzheimer's WA is increasing knowledge and reducing the stigma surrounding dementia.

### Alzheimer's WA in the media

To raise awareness and understanding, in 2017/18 Alzheimer's WA made a concerted effort to increase media engagement. As part of this strategy, Alzheimer's WA worked with *The West Australian* to contribute a fortnightly column in their retirement and seniors focused *Your Money* liftout. These articles were a vital platform to reach the large readership base of *The West Australian*. Articles addressed important topics including:

- » How to have the difficult conversation
- » Planning for the future including enduring power of guardianship, wills and advance health directives
- » Elder abuse
- » Aging safely at home
- » Loneliness
- » How to tell people about your diagnosis.



Articles published in *The West Australian*

In addition, Alzheimer's WA contributed to a monthly column in *Have a Go News*. As the leading voice of people with dementia in Western Australia, Alzheimer's WA also frequently contributed to a number of print, radio and television stories on topics including the rise of dementia prevalence, voluntary euthanasia and safeguards, assistive technologies and GPS tracking devices, as well as our dementia friendly community work in Manjimup, York and Bidiyadanga.

Articles published in *The West Australian* and *Have a Go News*, as well as television reports, are available to read and view on our website.



## Dementia Awareness Month

Dementia Awareness Month is in September each year and includes World Alzheimer's Day on 21 September. Dementia Awareness Month is an opportunity to engage the wider community about dementia and the challenges it presents. This year's theme was *Together we can ensure no one faces dementia alone*.

Alzheimer's WA undertook a comprehensive advertising campaign during September that included radio advertising on 94.5fm, 1080 6iX and Sonshine FM, newspaper advertising in *The West Australian* (including all regional newspapers), *Community Newspapers*, *Have a Go News* and *The Senior*. Alzheimer's WA also organised a homepage takeover advertising campaign on both [thewest.com.au](http://thewest.com.au) and [perthnow.com.au](http://perthnow.com.au) on World Alzheimer's Day. In addition, Alzheimer's WA contributed articles in both the Dementia Awareness Month and World Alzheimer's Day liftouts in *The West Australian*.

During the month of September Alzheimer's WA hosted Open Days at Mary Chester House and Hawthorn House, and handed out flowers and provided information at an awareness stand in the Murray Street Mall in Perth CBD. In partnership with PwC, Alzheimer's WA hosted a cocktail party for 150 people on the eve of World Alzheimer's Day raising awareness and funds from the Perth business community.



Awareness stand in the Murray Street Mall, Perth CBD on World Alzheimer's Day.

## Engaging the community

In 2017/18, Alzheimer's WA sponsored Lovefest Perth - a celebration of human connection and dementia. Alzheimer's WA also exhibited at a number of community events both regionally and in the metropolitan area. These included Wagin Woolarama, Care and Ageing Expo, and the Leading Age Services Australia Roadshow.

Alzheimer's WA's strong membership base is over 3,400. Membership is complimentary and entitles the member to receive monthly newsletters including *Member Connect*, *Dementia Aware* and the bi-annual *Milestones* magazine.

The Library and Resource Centre in Shenton Park offers books about dementia for loan as well as useful information about available assistive technologies.

## Engaging the medical profession

Alzheimer's WA recognises that the medical profession, in particular General Practitioners (GPs), are an important segment to engage to ensure they are aware of the benefits of early diagnosis and the support services available to people living with dementia. In 2017/18, Alzheimer's WA engaged the medical profession through advertisements and articles in the Australian Medical Association's *Medicus* journal and the Royal Australian College of General Practitioner's state newsletter.

Alzheimer's WA appointed an organisation to ensure brochures were available in GP practices and undertook a direct mail campaign to GPs. Alzheimer's WA also attended a number of GP training days and conferences to ensure GPs are aware of the services and support available to their patients.

Alzheimer's WA also participated in the Cognitive Masterclass at Royal Perth Hospital to advocate for improved practices in medical professionals for diagnosis and post diagnostic support of people living with dementia.



# Objective 3:

## Exemplar Care and Support Services

Leading the way in person-centred care

Alzheimer's WA believes dementia is a lived human experience rather than just a biological condition. We embrace and support a holistic, person-centred approach that respects the individuality and the experience of those living with dementia.

Alzheimer's WA is committed to working with people with dementia and their families to offer the exemplar care and support services they require. Our services include home and community respite, carer support, education and social support activities, a volunteering program, friendship clubs, Men's Shed, and a choir.

As funding continued to transition to a consumer directed care model and demand and eligibility for services changed, Alzheimer's WA adapted to ensure our clients received the high quality and valuable services they have come to expect. During this year, our services continued to expand in scale and consolidate the focus on leading edge, best practice dementia support.

In this time of economic pressure and the shift in aged care to a competitive marketplace, we remain committed to best practice dementia support with each and every client interaction.

### Introducing short stay breaks in Perth

In 2017, Alzheimer's WA was successful in securing cottage respite funding for Mary Chester House through a Commonwealth Home Support Program growth funding round. Renovations, funded by donations, occurred between July and September to create three bedrooms and upgrade the bathrooms.



**One of the renovated bedrooms at Mary Chester House which provides overnight respite.**

In the first three months of overnight respite at Mary Chester House 14 clients stayed an average of four nights. Six months later these figures have more than doubled to 34 clients in June and July 2018. Clients stayed an average of seven nights.

Overnight respite has been very successful with clients booking up to six months in advance. Unfortunately, we have been unable to accommodate all requests for subsidised respite. Demand has exceeded our expectations and original funding. Alzheimer's WA expects to continue to grow this important service through future growth funding rounds and opportunities through client Home Care or National Disability Insurance Scheme packages. We also offered privately funded respite.

Clients and carers who accessed this support provided excellent feedback. Breaks are incredibly important for carers, and accessing support from a centre such as Mary Chester or Hawthorn House, with their small-scale home environment and dementia specialist care, provides peace of mind as well as high quality dementia care.

### Continuing the Eden Alternative® Philosophy

Our Enabling Household® model, based on the Eden Alternative® philosophy, underpins how we support people living with dementia. Re-registration for the Eden Alternative® is required every two years and includes an audit of our practise against each of the 10 Eden principles.

In November 2017, we had the re-registration of Hawthorn House in Albany and Mary Chester House in Shenton Park, who first achieved their Ten Eden Principles in 2008 and 2010 respectively. Ella's House, established in Mandurah in 2015, was successful in registering for their first two Eden principles. This is an exciting milestone in our Eden journey.



#### Rae-Ellen and Barry

"The staff at Mary Chester House are exceptional. During his recent stay Barry was happy, affectionate and a lot more alert and able to initiate and carry on conversation in context. When compared to his usual state, the improvement was incredible. We can only put this down to the social stimulation and numerous group outings and opportunities provided at Mary Chester House.

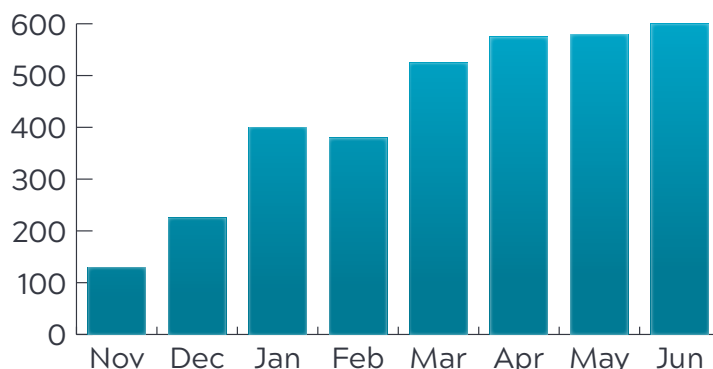
I am so grateful for the continued support, care and compassion provided by the amazing staff at Mary Chester House. As you know, being a full-time carer is a very tough, tiring and sometimes heartbreaking job, and I couldn't do this without knowing help is always at hand. I look forward to Barry being part of the Mary Chester family for many years to come."

## Advice and support for people concerned about dementia

Alzheimer's WA provide information and access to support for those living with dementia and their family and friends through our customer support team that includes a dedicated phone number 1300 66 77 88 and email [support@alzheimerwa.org.au](mailto:support@alzheimerwa.org.au).

The phone line received an average of 550-600 calls a month as well as enquiries through email and the website. As a result, staffing of the customer support team doubled in the past 12 months to keep up with demand.

## Calls to 1300 66 77 88



## Supporting people under 65 through NDIS

Alzheimer's WA provided services to people under 65 through both the Federal and State National Disability Insurance Scheme (NDIS) trial sites in 2017/18. In December 2017, the WA State Government made the decision to join the Federal NDIS.

There was significant growth in our NDIS service provision from supporting nine clients, to more than 50 by the end of the reporting period. The majority of clients accessed our respite services, however we also had growth in demand for support coordination, allied health and therapy services.

Alzheimer's WA employed a NDIS Consultant who provided pre-planning support to clients living with dementia to assist them to access and benefit from the NDIS.

## Introducing Adjusting to Change program

Alzheimer's WA introduced a new Adjusting to Change program to provide relevant information, emotional support and practical assistance for people in the early stage of dementia, and their support person. Evidence suggests that accessing early intervention and support

is crucial to maintaining the wellbeing of a person living with dementia, especially in the early stages after a diagnosis.

## Transitioning services to Commonwealth funding

In 2017/18 Alzheimer's WA worked closely with the Department of Health to map and transition services previously delivered under Home and Community Care funding to Commonwealth Home and Support Program funding.

The change in funding required all clients to access services through My Aged Care. Clients were referred to a Regional Assessment Service or an Aged Care Assessment Team based on their telephone-screening questionnaire. Alzheimer's WA continued to support clients to access support in a timely manner and encouraged anyone worried about the changes to call us for advice and support.

The change of funding enabled additional services and benefits to clients including access to new programs such as the Dementia Advisory Service, as part of the newly formed Allied Health team, which supported people with dementia, their carers and families to come to terms with their diagnosis and put supports in place to maintain independence.



## Choir

When used as therapy, music and singing are proven to improve the wellbeing of people living with dementia. Music is a valuable tool in caring for people with dementia, as it can be used to prompt special memories of people, places and events.

Singing in particular can have many benefits for people with mild to moderate dementia including improving general cognition and executive function<sup>1</sup>. Music-induced memories are often preserved even in more advanced stages of dementia<sup>2</sup>.

The Alzheimer's WA Friends in Harmony Choir is a social choir for people with dementia and their carers. The choir provided an opportunity for people with dementia to interact socially while participating in an enjoyable and beneficial activity.

1. Särkämö, 2017
2. Cuddy, Sikka & Vanstone, 2015

## Alzheimer's WA provided



Centre Based Day Respite  
**42,530 hours**



Social Support Groups  
**31,216 hours**

Social Support  
Individual  
**32,226  
hours**

Overnight  
Respite  
**17,784  
hours**

Transport  
**9,932  
trips**



Carer Support  
**7,957 hours**



Choir  
**36 sessions**

# Objective 4:

## Teaching, Learning and Capacity Building

**Providing knowledge for those living with dementia, their families, carers, and the health and care sector throughout Western Australia**

To have a true impact on the lived experience of dementia it is vital that as the dementia experts we share our knowledge and experience to build capacity in both organisations that care for people living with dementia and the communities in which they live.

Our partnerships with residential care, hospitals, clinicians, community care and local Governments built a shared understanding about the lived experience of dementia. Through changes to staff culture, how they care, philosophy and models of care as well as changes to the physical environment, the lives of people with dementia are significantly improved. Alzheimer's WA has one of the largest dementia services consultancies in Australia.

### **Leading the way with our Dementia Partnership Project**

The Dementia Partnership Project continued to work in the community supporting organisations to build capacity for dementia support. The Project focused on enabling community care providers and health professionals to respond better to the needs of people living with dementia in the community, and partnered with 22 organisations in both metropolitan and regional Western Australia.

Alzheimer's WA worked collaboratively with our partners and assisted them

with culture change strategies including practice and environmental design changes in community, residential and hospital environments. Our ultimate aim was to make them more enabling and dementia friendly and to enhance the wellbeing of people living with dementia and their carers and families.

Alzheimer's WA partnered with ValleyView Residence in Collie to help them realise their dream of creating a welcoming and enabling environment for their residents living with dementia. The project was made possible through funding from the WA Country Health Service - Southern Inland Health Initiative, and shows how small changes can make a significant difference to the quality of life of a person living with dementia in residential care.

Specific changes included a staff culture change program with increased emphasis on resident wellbeing and creating a sense of home. Changes to the physical environment included personalised doors to each resident's room. Staff uniforms have been replaced with regular, bright coloured clothing. Residents are now encouraged to get up, wash and eat meals in their own time while still being assisted by staff.

## Dementia Partnership Project Symposium

The annual Dementia Partnership Project Symposium on 10 October 2017 featured keynote speaker Dr Allen Power, an international dementia expert. Dr Power delivered an inspiring speech to the 165 strong audience. The Symposium also hosted a number of local, national and international speakers.

Videos of the presentations are available at [dementiapartnership.com.au](http://dementiapartnership.com.au).

The Dementia Champion of the Year Award was presented at the Symposium. Mandy Homshaw and Sue Keeble from Silver Chain were joint winners of the Award in 2017. Alzheimer's WA Advocates played a pivotal role in determining the outstanding Champion who epitomises what a Dementia Change Champion® can achieve.

## Dementia Change Champion®

Alzheimer's WA's Dementia Change Champion® capacity building program offers staff in a range of organisations the opportunity to gain knowledge, skills, information and materials to support the development of a person-centred approach.

The Dementia Change Champion® program continued to grow with 133 community Dementia Change Champions participating in the program since its inception. A wide variety of organisations supported their staff to take part in the program, share their knowledge and skills and build capacity within their own organisations.

In 2017/18, the Dementia Change Champion® program was also offered to disability-funded organisations to provide a greater focus on younger people living with a disability such as Younger Onset Dementia. 10 Champions received training and support to become change agents in their own organisation.

The Dementia Change Champion® program in hospitals is designed for staff working in the specialised field of dementia care. Having staff trained as Dementia Champions in hospitals facilitates a new paradigm shift in caring for people with cognitive impairment by providing and sustaining best practice dementia care and ensuring optimal outcomes for these patients. 39 participants completed the course in 2017/18.

## Dementia friendly communities

Dementia friendly communities have been an integral part of Alzheimer's WA consultancy and education work since 2014, made possible with funding from WA Country Health Service. In 2017/18, the Dementia Friendly Communities project visited and delivered community talks to 32 towns across the Wheatbelt, Great Southern and South West regions of Western Australia. Each of the talks attracted a number of attendees from the local community and received positive feedback.

Alzheimer's WA also conducted a workshop with Ravensthorpe School where all students aged 12-15 years participated in a *Dementia in your Community* session. The workshop highlighted both the difficulty in recognising signs and symptoms of dementia and why it is important to reduce stigma around dementia.

In 2017/18 the Dementia Friendly Communities project expanded to incorporate a whole of town approach. The dementia friendly town concept is explained in further detail on page 21 of this Annual Report.



## Supporting the dementia response in remote Indigenous communities

Access to aged care services, in particular dementia-specific support, in remote Indigenous communities is limited or even non-existent. There is a pressing need for improved services, greater awareness and understanding of dementia among Indigenous Australians.

Data suggests dementia prevalence in Indigenous communities is three to five times higher than the rest of the population, diagnosis is common in people as young as 45, and understanding of dementia is poor.

As part of the Dementia Partnership Project, Alzheimer's WA, with support of the Health Department of Western Australia, partnered with the Bidyadanga Community Council and Kimberley Aged Care Services to pilot a program to build capacity within the Bidyadanga community and local care providers to care for elders with dementia in the community for as long as possible.

The community leaders, staff and Kimberley Aged Care clients embraced learnings from the program and implemented sustainable strategies. The collaboration has seen the community grow in confidence and knowledge, utilising the individually developed tools aimed at supporting elderly clients and those living with dementia to stay connected to country.

The pilot project in Bidyadanga finished in July 2018 with positive outcomes for the community. In particular Broome Hospital added a cultural resource tab to store information in client files and the tool kit that was developed as part of the project is being utilised on the ward.

Following on from the success of the program a partnership was formed with Warnum Community in East Kimberley to expand the program into their community.

## Education and training

As a nationally accredited Registered Training Organisation, Alzheimer's WA is a leader in dementia specific education



**Danny Ford, Guest Lecturer, Kambarang Services**

in Western Australia. Alzheimer's WA's education services offer a broad suite of educational seminars and workshops for all levels, from foundation level to the Certificate IV in Leadership and Innovation in Dementia Services.

In response to requests from aged care providers for more accredited training, Alzheimer's WA introduced two new accredited dementia specific qualifications. The Dementia Skill Set develops the education and knowledge of staff already working with people living with dementia. The course explores communicating with a person living with dementia, recognising an unmet need, enhancing a person-centred approach and identifying potential conflict and complex situations.

Alzheimer's WA introduced the 10719NAT Certificate IV Leadership and Innovation in Dementia Services. This accredited qualification in dementia care for health and aged care professionals working with people living with dementia consists of 16 units. The new course covers leadership and culture change, communication and relationship valuing, creating enabling environments, developing strategies to reduce stigma and providing support to people living with younger onset dementia.

Our Dementia Learning Pathway was introduced to assist aged and health care staff in determining which course is right for their learning needs and career aspirations.

Alzheimer's WA partnered with Curtin University, resulting in two Social Work Masters students undertaking a research project as well as Marketing Masters students pitching consulting and education strategies for Alzheimer's WA.



Bidyadanga Aboriginal Community

## Education and Training delivered



**269**

Family carers educated



**898** Professional  
workers trained



**244**

Medical students



**64** Acute training  
in hospitals



**40** Dementia Change  
Champions in hospitals



**49** Volunteers

# Objective 5:

## Research and Innovation

**Working for positive change, progress and better futures**

As the leaders in dementia practice and education Alzheimer's WA keeps abreast of current research and disseminates any vital information to our clients and members. We work collaboratively with research partners and where possible, link our clients and dementia advocates into research projects to participate or inform their planning.

Innovation in the way we deliver services, and supporting and building capacity in assisting others, drives change and improvements in the dementia response. Programs such as a whole-of-town approach to Dementia Friendly Communities, Enabling Environments, Dementia Partnership Project, and our Enabling Household® are great examples of innovation led by Alzheimer's WA.

### Manjimup and York become dementia friendly towns

In 2017/18 with funding from Royalties for Regions administered through WA Country Health Service's Southern Inland Health Initiative, Alzheimer's WA delivered an innovative pilot program in a whole of town approach to create dementia friendly towns. Manjimup and York were selected as the pilot sites.

As part of the project, businesses, aged care providers, community members, schools and local government received training and participated in workshops designed to increase understanding of what dementia is and how they could support people living with dementia in their communities.

Derene and Laurie McGregor live in Manjimup and are grateful for the changes brought about by the Dementia Friendly Communities project in their town. Laurie was diagnosed with frontotemporal dementia five years ago and says the program has given him a new lease on life.

"People are coming to me, giving me support that I didn't know was there before. It's a disease that you've got and you just become a recluse, but not anymore," said Laurie.

Laurie has also been invited to join the volunteering program at the local community centre.

"Volunteering has helped Laurie to feel like he's worthwhile, someone has seen him as being able to offer something," said Laurie's wife, Derene.

Moving back to Perth had been a consideration after Laurie's diagnosis but now Derene says Manjimup is where they will stay.

"I feel I'm being well supported now. I just can't believe the difference that small changes have made for Laurie's independence.

"I know this is where Laurie gets the best care and support and I think the future looks really good. The dementia friendly town project is going to help a lot of other families as well."



Alzheimer's WA awarded 10 Certificates of Commitment and 52 Certificates of Achievement to businesses in the Shire of Manjimup as well as seven Certificates of Commitment and 20 Certificates of Achievement in the Shire of York.

The project saw a positive impact for both people living with dementia and the community. Highlights include:

- » Training members of the Manjimup Men's Shed so they can better support members with dementia, such as their Treasurer
- » Training York District High School students and staff who now regularly visit residents living at Balladong Lodge
- » Consultations with Coles Manjimup to introduce a "quiet hour" once a week in store.

This project created simple but profound impacts in the lives of people living with dementia. A documentary of the dementia friendly town project is available on our website.

## Research partnerships

Alzheimer's WA has a strategic goal to inform, advocate for and support research in dementia. This includes supporting clinical research as well as research into dementia care and best practice. We do this through partnerships with research organisations and universities in Western Australia, across Australia, and internationally.

In 2017/18 Alzheimer's WA partnered with the University of Sydney in collaboration with the University of Exeter and the University College London, UK, to develop an initiative to encourage participation in dementia research. *StepUp for Dementia Research* is a research participation and engagement service that connects individuals - both with and without dementia - with researchers conducting studies into dementia prevention,

diagnosis, treatment and care. Alzheimer's WA was pleased to support this project and be at the forefront of recruiting volunteers in Western Australia.

Alzheimer's WA provided support and dementia training expertise to the *Promoting Independence Through Quality Dementia Care at Home* project led by Professor Briony Dow of the National Ageing Research Institute based in Melbourne. The project is developing a co-designed training course for home care workers working with people with dementia.

Alzheimer's WA supported the development of the training course and will pilot the course, with our dementia specialist community staff, to ensure the training is reflective of the needs of support workers who work with people living with dementia at home.

Throughout the year Alzheimer's WA supported a number of other research studies and students undertaking research through providing expert advice and assisting with recruitment. We are very grateful to our Dementia Advocates, members and clients who joined with us in supporting researchers to undertake important study into the lived experience of dementia and also further our understanding of the disease process and possible treatments.

During this year Alzheimer's WA and the Australian Alzheimer's Research Foundation formed a closer relationship to work more collaboratively together into the future. This important relationship will allow our organisation to further support and enhance the lives of people living with dementia.

Alzheimer's WA received a generous bequest from the estate of the late Dorothy Joy Jones. The bequest will be used to fund research into best practice and leading edge care.



#### HammondCare Conference 2018

Rhonda Parker, CEO, Alzheimer's WA; the Hon Ken Wyatt AM, MP, Minister for Senior Australians and Aged Care; and Faye Dean, Bidyadanga Community Care Centre.

## Delivering thought leadership

As the dementia experts, Alzheimer's WA shared our experience, innovative programs and thought leadership at a number of national and international conferences.

These included:

- » Alzheimer's Disease International Conference, Chicago
- » IFA 14th Global Conference on Ageing, Toronto
- » International Dementia Conference, Sydney
- » Dementia Australia National Conference, Melbourne
- » Planning Institute Australia National Congress, Perth
- » Australian Society for Medical Research Scientific Symposium, Perth
- » ADEB Health and Aged Care Symposium, Perth
- » Innovation Solutions for an Ageing Population, Perth.

# Objective 6:

## Longevity and Financial Sustainability

**Being here for people living with dementia for as long as we are needed**

In July 2017, following the decision not to join the unification process with the Alzheimer's Australia federation (known as Dementia Australia), Alzheimer's WA commenced the new financial year with a new name, brand, presence and focus.

In this reporting period, Alzheimer's WA undertook a Business Transformation Project to ensure our sustainability and longevity into the future. This Project delivered key strategies across areas of: leadership and governance, organisational culture and performance, business growth and sustainability, strategic positioning and branding, workforce strategy, and technology and systems.

Key achievements included the planning and implementation of new technology systems including a client management system. The financial and reporting models were also redesigned to improve efficiencies and adapt to new reporting standards.

### Financial management

2017/18 saw Alzheimer's WA maintain the strong financial performance of previous years. The forecast negative net result was not realised due to strong financial and human resource management.

Alzheimer's WA was subcontracted to deliver the National Dementia Support Program and the Younger Onset Dementia Key Worker program, both of which came to an end last year when Dementia Australia decided not to continue the contractual arrangements. However, fee for service revenue continued to grow beyond our expectations with significant growth through the National Disability Insurance Scheme and delivery of services via client Home Care Packages.

Diligent financial management processes and firm spending controls reflected our commitment to delivering high value services to Western Australians in a sustainable manner.

### Our people

At the end of the 2017/18 financial year, Alzheimer's WA employed 197 staff. Over 35 per cent of staff have worked for Alzheimer's WA for five or more years showing the high level of commitment we have as an organisation to our mission and clients.

Alzheimer's WA volunteers numbered 100, with 41 per cent having volunteered for three years or more. Volunteers aged





over 50 was high at 76 per cent, with an impressive 35 per cent aged 70 years or more.

During 2017/18, Alzheimer's WA undertook the development of a support worker competency framework and training program. The framework identifies the key skills, knowledge and personal attributes required of our support workers to ensure dementia expertise in our workforce. It also identified training and additional support where a deficit exists, as there is an expectation that all support workers meet the competencies of the framework.

## Information and technology

Further activity scoped, selected and implemented a new client management system, Procura, to support the organisation into the future. Following a successful implementation project, Procura went live on 1 July 2018.

Procura brought together multiple data platforms into one system that provided better efficiencies and reporting of our services to clients.

## Self-funded services

Alzheimer's WA continued to adapt to the changes brought about by the aged care reform by consolidating its future with new revenue streams.

Increased delivery of self-funded services was realised, along with an increase in clients requesting brokerage services on their move across to Home Care Packages.

Alzheimer's WA also developed a strategy to provide increased fee for service education in response to the aged care reform and requests from aged care providers.

## Funding update

Funding remained steady and overall reflected the revenue of the previous year.

However, a number of our clients services were impacted by significant changes in eligibility so, while the funding was not withdrawn, our clients couldn't access the services because of the eligibility restrictions set by the Federal Government.

Further, the funding from Royalties for Regions came to an end.

The outlook for increased revenue growth and sustainability remain optimistic.

# Philanthropy

Alzheimer's WA is grateful for the generous support of our donors, community fundraisers and sponsors. We are humbled by the generosity of our supporters. Those who give of their time, talent or finances are valued members of the Alzheimer's WA team.

The support of donors, community fundraisers and sponsors ensures we are able to deliver support above and beyond what Government funding provides, allowing us to respond to gaps in support, such as the Dementia Friendly Communities initiatives. We are also able to develop best practice care models for people living with dementia.

This last year was significant and outstanding in its philanthropy. Incredibly, we received two bequests of \$1 million. The late Don Brandenburg left a portion of his estate to Alzheimer's WA for the purpose of developing an overnight respite facility in Albany. We have completed a feasibility study into building a second respite house to complement our Hawthorn House in Albany. This project will start in earnest next year. This donation will be a game changer for those living with dementia in the Great Southern.

Alzheimer's WA also received \$1 million from the estate of the late Dorothy Joy Jones. The bequest is to be used to fund research into best practice and leading edge dementia care. A research strategy scoping how this generous bequest will be utilised is underway. This donation is a pivotal moment in our commitment to research.

We are thankful to all who have been inspired to leave a legacy in their wills.

Such gestures are very much appreciated and we acknowledge with gratitude those who bequeathed part of their Estate to Alzheimer's WA.

Thank you to our corporate partner N.C. Bruining & Associates who deliver complimentary financial planning seminars and appointments for people living with dementia and their carers. In 2017/18 Alzheimer's WA welcomed new partner HHG Legal Group who present complimentary wills and estate planning seminars and are sponsors of the 2018 Walk to Remember.

In October 2017, we opened the new dementia friendly garden at Ella's House, made possible by generous donations from H & N Perry Real Estate and Florida Beach Estate. The garden project was also supported by donations and services from Joanna and David Waddell, Village Manager Settlements, Ingenia Communities, the City of Mandurah and local community members.

We would like to extend a special thanks to our community fundraisers. The effort, creativity and passion these supporters put into fundraising on our behalf is truly inspiring. We raised over \$86,000 from 108 community fundraisers.

A special acknowledgement for Maryanne Phillips and the Wine and Horses team who held their annual Wine and Horses Charity Ride raising over \$37,000. This event has raised over \$112,000 since it began.

Olivia Holtmeulen and her family again hosted the Alzheimer's Charity Golf Day and raised over \$15,000. Olivia has raised over \$56,000 since she hosted the first Golf Day four years ago when she was just 10.



A special thank you to Matthew Budge and PwC for hosting our inaugural World Alzheimer's Day Cocktail Party on 20 September 2018. The event raised \$3,500 for Alzheimer's WA.

Thank you to all who participated in our Chocolate Block Challenge. More than 150 participants raised over \$40,000 with one participant raising a staggering \$9,000. Thank you also to our ambassadors Tim Gossage, John Burgess, Jessica Bratich Johnson, Pippa McManus and Mark Gibson who helped to raise awareness of the Challenge.



### **This is the story of Bonnie and Norm**

Going the extra mile is at the heart and soul of who we are and for people like Norm Thompson and his wife Bonnie, nothing less will do.

"When you are the carer for your loved one you start to think all those good times you had together are gone forever," said Norm.

For Bonnie and Norm, it is the extra mile Alzheimer's WA goes to that helps support them through their journey. It is the best practice enabling environment of Mary Chester House, the training of staff and volunteers in delivering care that is truly person-centred, and events such as our Valentine's Dinner Dance.

"For the first time in three years I was able to get my wife up for a dance," said Norm. In so many ways, the simple pleasure of this moment is what drives all of us at Alzheimer's WA.

600 people joined us across three Walk to Remember events in Perth, Mandurah and Albany and raised \$54,000.

We are grateful to clients, members and advocates who have allowed us to share their stories with others to help raise awareness of dementia. In particular, we thank Advocate Diann Bates and clients Bonnie and Norm Thompson for opening their hearts and sharing their personal journeys as part of our Christmas and Tax Appeals.

With your continued support we are able to plan ahead to do the work that we do.



### **Making a difference day to day**

Four years ago, at the age of 47, Diann Bates was diagnosed with Younger Onset Alzheimer's.

Before her diagnosis Diann ran her own marketing business, however she had to sell the business in 2016. Things as simple as cooking a favourite meal and watering plants are now a daily challenge for Diann.

"Alzheimer's affects my day to day life in a myriad of ways," Diann said. "Because of my creative background I've been able to create workarounds to make my life easier."

Diann shares her "tips and tricks for survival" with other people diagnosed with dementia through the Alzheimer's WA Advocates Program. As part of the Program, Diann regularly speaks at events on behalf of Alzheimer's WA.

"If I can give back in any way, shape or form, or help somebody in their life... why wouldn't you?"





Walk to Remember



Wine and Horses



Mary Chester House Open Day



Ella's House Garden



Charity Golf Day



Brandenburg Estate cheque presentation





Hon Ken Wyatt AM, MP at Hawthorn House



HHG Legal Seminar



2018 World Alzheimer's Day awareness stand in Murray St Mall, Perth



Mary Chester House Valentine's Dinner Dance



World Alzheimer's Day cocktail event with PwC



Chocolate Block Challenge

# Our generous sponsors, funders, donors, supporters and contributors



**Australian Government**

**Department of Health**



**GOVERNMENT OF  
WESTERN AUSTRALIA**



Government of **Western Australia**  
WA Country Health Service



Department of **Local Government,  
Sport and Cultural Industries**  
Office of **Multicultural Interests**



Government of **Western Australia**  
Department of **Communities**



Department of  
**Primary Industries and  
Regional Development**



Aussie Natural  
Spring Water  
Ingenia Communities  
John and Bella Perry

Terry White Chemmart  
The Richardson Family  
Town of Cambridge

City of Mandurah  
City of Albany  
Village Manager Settlers



# Volunteers

## Our amazing and wonderful volunteers

The foundation of our dementia philosophy is a community of person-centred care. Volunteers are essential and intrinsic to this service delivery model in our centres, our events, and our services. Volunteers are fundamental to who we are and we thank and acknowledge them as members of our team.

We also thank all the special carers who have donated endless time and care this year.

Andrews, Julie	Galatis, Lisa	Nelson, Heather
Ariti, Danielle	George, Noel	Nelson, Tania
Baker, Sarah	George, Val	Odgers, Amber
Barailee, Jitendra	Goodwin, Pamela	Ong, Louise
Barclay, Nissa	Gudz, Irene	Parsons, Margaret
Bell, Trish	Haasbroek, Liesl	Payne, John
Bennett, Jeryl	Harris, Kayley	Pearmine, Margaret
Blaney-Murphy, John	Healey, Jan	Plunkett, Scott
Blaney-Murphy, Margaret	Heath, Jane	Polette, Helen
Brecevic, Lesley	Hill, Brad	Power, Heather
Briscoe, Allan	Horsley, Jenny	Power, Steve-Mish
Burdon, George	Hovland, Bjorn	Redman, Jenny
Burnett, Maureen	Howe, Cristine	Rueda-Saez, Silvana
Byrne, Terry	Huisman, Janet	Sanders, Annette
Casey, Elena	Jacoby, Dianne	Shah, Dina
Chow, Grace	Jay, Anita	Shah, Hari
Clark, Mollie	Johns, Jake	Sivagnanasundram, Sangavi
Cook, Diane	Kelly, Maria	Skinner, Mary
Coutts, Jim	Kerr, Rory	Slater, Susanne
Daniels, Allen	Khimasia, Bhavni	Smith, Molly
Davey, Leis	King, Michael	Strong, Terri
Davey, Trevor	Lane, Geoff	Tapper, Pamela
De Bruno Austin, Nicky	Leembruggen, Graham	Taylor, Mike
De Rossi, Margaret	Madden, Dianne	Vaz, Sarah
Depiazzi-Nieland, Wilma	Marwick, Pauline	Ward, John
Dickinson, Julie	Masson, Tracey	West, Liz
Dornan, Joan	McCabe, Shannon	Whittington, Ray
Drayton, Judy	McGinty, Kaitlyn	Williams, Chantelle
Eades, Annie	Mernick, Heather	Wilson, Graham
Edmunds, Neil	Milne, Iran	Winters, Graeme
Flower, Jessie	Moir, Jeanette	Wisey, Brian
Foreman, Sam	Murray, Kelly	Witte, Melanie
Gabriel, Laura	Myomaung, Ye	Zubrick, Ann

# Directors' Report

For the year ended 30 June 2018

Your Directors present this report to the members of Alzheimer's WA Ltd for the year ended 30 June 2018.

Directors	Date Appointed	Board		Executive	
		A	B	A	B
Mr Craig Masarei	Nov 2002	11	12	7	8
Mrs Jenny Rogers	Nov 2004	7	12	7	8
Dr Sean Maher	Sept 2010	11	12		
Mrs Jenny Watt	Nov 2005	11	12		
Mr Arnold Stroobach	Nov 2012	9	12		
Dr Michael Preece	Nov 2012	9	12	8	8
Mr Ian Wells	Mar 2014	10	12	7	8
Mr Bronte Parkin	Nov 2014	9	12		
Ms Rhonda Parker	Sept 2012	12	12	8	8

**A** Number of meetings attended

**B** Number of meetings held during the time the Director held office during the year [including AGM]

Details of Directors' qualifications, experience and special responsibilities are contained in the table below.

Directors	Qualifications	Experience	Special Responsibilities
Mr Craig Masarei	Bachelor of Jurisprudence; Bachelor of Laws (Hon)	Legal and economic	Chairman; Finance and Audit Committee; Building Committee; Governance Committee
Mrs Jenny Rogers		Financial Advisor/Equities; Superannuation; Managed Funds	Deputy Chair; Finance and Audit Committee; Fundraising Committee
Dr Sean Maher	Bachelor of Medicine; Bachelor of Surgery; Fellow of the Royal Australasian College of Physicians		Honorary Medical
Mrs Jenny Watt	General Nursing and Midwifery Certificates	Carer	
Mr Arnold Stroobach	Masters in Business Administration (MBA); Masters in Medical Informatics (M.Sc)	Management	Building Committee; Fundraising Committee

Directors	Qualifications	Experience	Special Responsibilities
Dr Michael Preece	Advance Certificate of Aircraft Maintenance Engineering; Diploma of Nursing; Bachelor of Nursing; Post Graduate Diploma of Health Science (Risk Management); Graduate Diploma of Business (Human Resource Management); Master of Business Management Administration; Doctor of Business Management Administration	Health Care and Management	Company Secretary (from November 2015); Finance and Audit Committee; Building Committee
Mr Ian Wells	Bachelor of Business (Accounting); Fellow of CPA Australia; and Certified Finance and Treasury Professional	Finance and Business Management	Treasurer; Finance and Audit Committee; Building Committee
Mr Bronte Parkin	BAppSc (Physics) (Curtin); BEd (UWA); MACE (Life Member)	Carer; Education administration; Public Sector corporate governance and strategic resource management	Governance Committee
Ms Rhonda Parker	Diploma of Teaching	Aged care standards and accreditation; Strategic planning and policy development	Chief Executive Officer; Company Secretary (July - November 2015); Finance and Audit Committee; Building Committee

### Company Secretary

Ms Rhonda Parker has held the position of Company Secretary since May 2018.

### Resignation

Dr Michael Preece resigned from the Board and from his role as Company Secretary on 19 March 2018.

### Principal activities

The company's principal activities during the year were;

- » To provide representation and support while advancing the interest of individuals with dementia and their carer's at a personal, community and political level.

There were no significant changes in the nature of the company's activities during the year.

### Operating result and review of operations

The operating result for the year was a profit of **\$333,741 (2017: Profit \$474,361)**. The company is exempt from income tax.

A detailed review of operations can be found in the annual report, which accompanies this financial report.

### Dividends

The company's constitution precludes the payment of dividends.



### Significant changes in state of affairs

In the opinion of the Directors, there were no significant changes in the state of affairs of the company that occurred during the financial year under review not otherwise disclosed in this report.

### After balance date events

There has not arisen in the interval between the end of the financial year and the date of the report any item, transaction or event of a material and unusual nature that in the opinion of the Directors is likely to substantially affect the operations of the company, the results of those operations, or the company's state of affairs in future financial years.

### Future developments

The company will continue to carry on the principal activities noted above. There are no likely developments in the activities in future years, which will affect the results and therefore require disclosure.

### Auditor's independence

The auditor's declaration of independence appears on Page 35 and forms part of the Directors' report for the year ended 30 June 2018.

### Indemnification and insurance of officers and auditors

Since the end of the previous financial year, the company has paid insurance premiums of \$1,190 in respect of Directors' and Officers' liability and legal expenses' insurance contracts for current and former Directors and Officers, including Senior Executives of the company. The insurance premiums relate to:

- » Costs and expenses incurred by the relevant officers in defending proceedings whether civil or criminal and whatever the outcome
- » Other liabilities that may arise from their position, with the exception of conduct involving wilful breach of duty or improper use of information or position to gain a personal advantage.

The company has not otherwise indemnified or agreed to indemnify an officer or auditor of the company against a liability incurred as such an officer or auditor.

Signed in accordance with a resolution of the Directors made pursuant to s.298(2) of the *Corporations Act 2001*.

On behalf of the Directors:



DIRECTOR



DIRECTOR

PERTH

DATED 25 DAY OF OCTOBER 2018

# Auditor's Independence Declaration

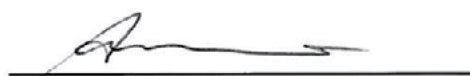
To the Directors of Alzheimer's WA Ltd

In accordance with the requirements of section 60-40 of the *Australian Charities and Not for Profits Commission Act 2012*, as lead auditor for the audit of Alzheimer's WA Ltd for the year ended 30 June 2018, I declare that, to the best of my knowledge and belief, there have been:

- (i) no contraventions of the auditor independence requirements of the *Australian Charities and Not for Profits Commission Act 2012* in relation to the audit; and
- (ii) no contraventions of any applicable code of professional conduct in relation to the audit.



**MACRI PARTNERS**  
**CERTIFIED PRACTISING ACCOUNTANTS**  
**SUITE 2, 137 BURSWOOD ROAD**  
**BURSWOOD WA 6100**



**A MACRI**  
**PARTNER**

**PERTH**  
**DATED 26<sup>TH</sup> DAY OF OCTOBER 2018**

# Discussion and Analysis of the Financial Statements

## Information on the company's concise financial report for the year ended 30 June 2018

The financial statements and disclosures in the Concise Financial Report have been derived from the 2018 Financial Report of Alzheimer's WA Ltd and is an extract from the full financial report. A copy of the full financial report and auditor's report will be sent to any member, free of charge, upon request.

The information about the concise financial report is provided to assist members in understanding this report and is based on the company's consolidated financial statement and has been derived from the full 2018 Financial Report of Alzheimer's WA Ltd.

### Statement of Comprehensive Income

The profit for the year is \$333,741 mainly derived from large donations and bequests. Gains from the investment portfolio is \$85,804 for the year. Compared to prior financial year, total income has increased by \$1,424,478 (11.86%) due to growth and capital funding in 2017/18, whilst expenditure has increased by \$1,565,098 (13.57%).

### Statement of Financial Position

The total Assets of the company increased to \$23,313,480. This increase is attributable to the following:

- » An increase in Cash and cash equivalents at the end of the year (Timing of grants receipts).
- » An increase in the value of Financial Assets managed by Macquarie Investment Portfolio.

Total liabilities increased by \$2,736,019 (52.08%) attributed by the increase in unexpended contract income and specified purpose grants.

### Statement of Cash Flows

Cash flows from operating activities have seen a significant increase from last financial year \$1,541,458 due to payment of contracts and specified purpose grants in advance for 2018/19 income.

There has been a total increase in cash and cash equivalents for the year of \$2,795,879.

### Statement of Changes in Equity

The equity of Alzheimer's WA Ltd has increased by \$419,545. This is due largely to the increased grants and reduction in Employee benefits.



# Statement of Profit or Loss and Other Comprehensive Income

For the year ended 30 June 2018

	2018 \$	2017 \$
Income	13,432,980	12,008,502
Employee benefits expense	(9,453,050)	(8,813,777)
Depreciation and amortisation expense	(187,663)	(214,524)
Finance costs	(24,542)	(27,803)
Other expenses	(3,433,984)	(2,478,037)
	<u>(13,099,239)</u>	<u>(11,534,141)</u>
<b>Net surplus (deficit) for the year</b>	<b><u>333,741</u></b>	<b><u>474,361</u></b>
<b>Other Comprehensive Income:</b>		
<b>Items that will not be reclassified subsequently to profit or loss:</b>		
Revaluation of land	-	-
<b>Items that will be reclassified subsequently to profit or loss when specific conditions are met:</b>		
Net change in fair value of financial assets	85,804	125,715
Total other comprehensive income for the year	85,804	125,715
<b>Total comprehensive income for the year</b>	<b><u>419,545</u></b>	<b><u>600,076</u></b>
<b>Total comprehensive income attributable to members of the company</b>	<b><u>419,545</u></b>	<b><u>600,076</u></b>

The accompanying notes form part of these concise financial statements.

# Statement of Financial Position

As at 30 June 2018

	2018 \$	2017 \$
<b>Assets</b>		
<b>Current Assets</b>		
Cash and cash equivalents	7,390,024	4,594,145
Trade and other receivables	291,416	167,116
Inventories	9,326	11,855
Prepayments	36,750	53,629
<b>Total Current Assets</b>	<b>7,727,516</b>	<b>4,826,745</b>
<b>Non Current Assets</b>		
Financial Assets	1,872,556	1,563,690
Property, Plant and Equipment	13,682,033	13,736,346
Intangible Assets	31,375	31,135
<b>Total Non Current Assets</b>	<b>15,585,964</b>	<b>15,331,171</b>
<b>TOTAL ASSETS</b>	<b>23,313,480</b>	<b>20,157,916</b>
<b>Liabilities</b>		
<b>Current Liabilities</b>		
Trade and other payables	5,030,016	2,187,832
Borrowings	-	46,919
Provisions	641,263	685,368
<b>Total Current Liabilities</b>	<b>5,671,279</b>	<b>2,920,119</b>
<b>Non Current Liabilities</b>		
Borrowings	2,000,000	2,000,000
Provisions	318,701	333,842
<b>Total Non Current Liabilities</b>	<b>2,318,701</b>	<b>2,333,842</b>
<b>TOTAL LIABILITIES</b>	<b>7,989,980</b>	<b>5,253,961</b>
<b>NET ASSETS</b>	<b>15,323,500</b>	<b>14,903,955</b>
<b>Members' Funds</b>		
Revaluation Surplus	9,285,610	9,285,610
Financial Assets Reserve	317,780	231,976
Retained Earnings	5,720,110	5,386,369
<b>TOTAL MEMBERS' FUNDS</b>	<b>15,323,500</b>	<b>14,903,955</b>

The accompanying notes form part of these concise financial statements.

# Statement of Changes in Equity

For the year ended 30 June 2018

	Retained Earnings	Revaluation Surplus	Financial Assets Reserve	Total
	\$	\$	\$	\$
<b>Balance at 1 July 2016</b>	4,912,008	9,285,610	106,261	14,303,879
Profit attributable to operating activities of the company	474,361	-	-	474,361
Other Comprehensive Income	-	-	125,715	125,715
<b>Balance at 30 June 2017</b>	<b>5,386,369</b>	<b>9,285,610</b>	<b>231,976</b>	<b>14,903,955</b>
Profit attributable to operating activities of the company	333,741	-	-	333,741
Other Comprehensive Income	-	-	85,804	85,804
<b>Balance at 30 June 2018</b>	<b>5,720,110</b>	<b>9,285,610</b>	<b>317,780</b>	<b>15,323,500</b>

The accompanying notes form part of these concise financial statements.



# Statement of Cash Flows

For the year ended 30 June 2018

	2018 \$	2017 \$
<b>CASH FLOWS FROM OPERATING ACTIVITIES</b>		
Receipts from:		
- Donations and gifts	606,202	543,215
- Government grants	13,918,593	12,110,973
- Interest received	21,164	34,241
- Dividends received	75,319	71,142
- Fees and Charges	1,088,197	996,454
- Other Receipts	229,409	267,911
GST Paid	(797,450)	(956,103)
Payments to suppliers and employees	(12,139,601)	(11,594,544)
Borrowing Costs	(14,890)	(27,803)
<b>NET CASH FLOWS FROM OPERATING ACTIVITIES</b>	<b>2,986,943</b>	<b>1,445,485</b>
<b>CASH FLOWS FROM INVESTING ACTIVITIES</b>		
Proceeds from sale of property, plant and equipment	92,918	454,196
Purchase of property, plant and equipment	(222,682)	(33,855)
Proceeds from sale of financial assets	13,968	86,340
Purchase of financial assets	(4,876)	(141,313)
<b>NET CASH FLOWS USED IN INVESTING ACTIVITIES</b>	<b>(120,672)</b>	<b>365,368</b>
<b>CASH FLOWS FROM FINANCING ACTIVITIES</b>		
Finance lease payments	(70,392)	(474,732)
<b>NET CASH FLOWS USED IN FINANCING ACTIVITIES</b>	<b>(70,392)</b>	<b>(474,732)</b>
Net increase/(decrease) in cash and cash equivalents	2,795,879	1,336,120
Cash and cash equivalents at the beginning of the financial year	4,594,145	3,258,025
<b>CASH AND CASH EQUIVALENTS AT THE END OF THE FINANCIAL YEAR</b>	<b>7,390,024</b>	<b>4,594,145</b>

The accompanying notes form part of these concise financial statements.

# Notes to the Concise Financial Report

For the year ended 30 June 2018

## Note 1: Basis of Preparation of the Concise Financial Report

The concise financial report is an extract of the full financial report for the year ended 30 June 2018. The concise financial report has been prepared in accordance with Australian Accounting Standard AASB 1039: Concise Financial Reports and the *Australian Charities and Not for Profits Commission Act 2012*.

The financial statements, specific disclosures and other information included in the concise financial report are derived from, and are consistent with, the full financial report of Alzheimer's WA Ltd. The concise financial report cannot be expected to provide as detailed an understanding of the financial performance, financial position and financing and investing activities of Alzheimer's WA Ltd as the full financial report. A copy of the full financial report and auditor's report will be sent to any member, free of charge, upon request.

A Statement of Compliance with the International Financial Reporting Standards ('IFRS') as issued by the International Accounting Standards Board ('IASB') cannot be made due to the company applying Not-for-Profit specific requirements contained in the Australian Accounting Standards. The presentation currency used in this concise financial report is Australian dollars.

	2018 \$	2017 \$
<b>Note 2: Revenue, Other Income and Expenses</b>		
<b>(a) Revenue</b>		
Sale of goods	2,145	5,206
Rendering of services	1,158,685	876,901
Government grants	11,252,303	10,127,102
Donations and gifts	606,204	549,251
<b>(b) Other income</b>		
Profit on sale of Investments	7,001	9,985
Investment income		
- Interest	40,863	49,059
- Dividends	96,803	84,857
Net change in fair value of financial assets	85,804	125,715
<b>(c) Expenses</b>		
Finance costs	24,542	27,803
Depreciation	187,663	214,524
Operating lease payments	66,195	3,092
Auditors' remuneration	34,000	43,750

### Note 3: Segment Reporting

The company operates predominately in one business and geographical segment being provision of community services in Western Australia.

### Note 4: Events after the Reporting Period

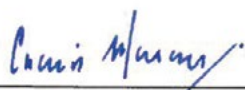
There are no matters or circumstances that have arisen since the end of the financial year that have significantly affected or may significantly affect the operations of the company, the results of those operations or the state of affairs of the company except for the information disclosed in the Directors' report.

## Directors' Declaration

The Directors of the Alzheimer's WA Ltd declare that the accompanying concise financial report of Alzheimer's WA Ltd for the financial year ended 30 June 2018:

- a. complies with Accounting Standard AASB 1039: *Concise Financial Reports*; and
- b. is an extract from the full financial report for the year ended 30 June 2018 and has been derived from and is consistent with the full financial report of Alzheimer's WA Ltd.

This declaration is made in accordance with a resolution of the Board of Directors.



DIRECTOR



DIRECTOR

PERTH

DATED 25 DAY OF OCTOBER 2018



# Independent Auditor's Report

To: The Members of Alzheimer's WA Ltd

## Report on the Concise Financial Report

The accompanying concise financial report of Alzheimer's WA Ltd comprises the Statement of Financial Position as at 30 June 2018, the Statement of Comprehensive Income, Statement of Changes in Equity and Statement of Cash Flows for the year then ended and related notes, derived from the audited financial report of Alzheimer's WA Ltd for the year ended 30 June 2018, as well as the discussion and analysis. The concise financial report does not contain all the disclosures required by Australian Accounting Standards.

## Directors' Responsibility for the Concise Financial Report

The Directors are responsible for the preparation and fair presentation of the concise financial report in accordance with Accounting Standard AASB 1039: *Concise Financial Reports* (including Australian Accounting Interpretations), statutory and other requirements. This responsibility includes establishing and maintaining internal controls relevant to the preparation of the concise financial report; selecting and applying appropriate accounting policies; and making accounting estimates that are reasonable in the circumstances.

## Auditor's Responsibility

Our responsibility is to express an opinion on the concise financial report based on our audit procedures. We have conducted an independent audit, in accordance with Australian Auditing Standards, of the full financial report of Alzheimer's WA Ltd for the year ended 30 June 2018. Our auditor's report on the financial report for the year was signed on 25 October 2018 and was unmodified. Australian Auditing Standards require that we comply with the relevant ethical requirements relating to audit engagements and plan and perform the audit to obtain reasonable assurance whether the financial report for the year is free from material misstatement.

Our procedures in respect of the concise financial report included testing that the information in the concise financial report is derived from, and is consistent with the financial report for the year, and examination on a test basis, of evidence supporting the amounts, discussion, and analysis, and other disclosures which were not directly derived from the financial report for the year. These procedures have been undertaken to form an opinion whether, in all material respects, the concise financial report complies with Accounting Standard AASB 1039: *Concise Financial Reports* and whether the discussion and analysis complies with the requirements laid down in AASB 1039.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our audit opinion.

## Independence

In conducting our audit, we have complied with the independence requirements of the *Australian Charities and Not for Profits Commission Act 2012* and the Accounting Professional and Ethical Standards Board.


### **Auditor's Opinion**

In our opinion, the concise financial report, including the discussion and analysis of Alzheimer's WA Ltd for the year ended 30 June 2018 complies with Accounting Standard AASB 1039: *Concise Financial Reports*.

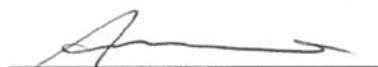
### **Emphasis of Matter in the Auditor's Report on the Financial Report for the Year**

The following paragraph is copied from our report on the financial report for the year. The emphasis of matter in that report does not apply to our opinion on the *Concise Financial Report* for the reason stated above in our Auditor's Opinion.

We draw attention to the fact that cash donations and gifts are a source of revenue for Alzheimer's WA Ltd. Alzheimer's WA Ltd has determined that it is impracticable to establish control over cash donations and gifts prior to entry into its financial records. Accordingly, as the evidence available to us regarding revenue from this source was limited, our audit procedures with respect to cash donations and gifts have to be restricted to the amounts recorded in the financial records. Our opinion is unmodified in respect of this matter.



**MACRI PARTNERS  
CERTIFIED PRACTISING ACCOUNTANTS  
SUITE 2, 137 BURSWOOD RD  
BURSWOOD WA 6100**



**A MACRI  
PARTNER**

**PERTH  
DATED 26<sup>TH</sup> DAY OF OCTOBER 2018**





## HEAD OFFICE

55 Walters Drive, Osborne Park WA 6017

Telephone: 1300 66 77 88

Facsimile: (08) 9388 2739

PO Box 1509, Subiaco WA 6904

[support@alzheimerswa.org.au](mailto:support@alzheimerswa.org.au)






## REGIONAL OFFICES

Albany: (08) 9841 3755

Mandurah: (08) 9535 8772

For services provided from  
Kalgoorlie and York, please  
contact us on 1300 66 77 88.

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